



FAMILY MEDICINE
interest group

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

Week in the Life of a Family Medicine Attending & Health Policy Fellow: Dr. Kyle Leggott

Hello everyone! My name is Kyle Leggott, I am a recent Family Medicine graduate from the UCFMR program and I am currently pursuing an academic development fellowship with a concentration in Health Politics & Policy. My typical week is a balance between clinical practice, resident education, and trying to fix the healthcare system.

I'll share with you an example of a recent week in the life of a health politics fellow.

On Sunday, I came off a week of inpatient attending on our Resident led family medicine service at University Hospital. I get to teach residents and keep my inpatient medicine skills. On Monday, I had two conference calls with the **GME Initiative**, a grass roots advocacy organization dedicated to reforming the Graduate Medical Education system. After the conference calls I worked with another policy fellow to identify some research projects we could work relating to medical education financing. On Tuesday, I was downtown at the State Capitol, attending hearings as bills are introduced to the legislative committees on Public Healthcare & Human Services, and Health & Insurance. On Wednesday, I spent the morning back at the State Capitol building, in committee meetings and stakeholder meetings. Wednesday afternoon, I taught a resident didactic session on comparing the Presidential Candidate's healthcare plans and then provided a legislative update to the Eugene S. Farley Health Policy Center. On Thursday, I spent the day seeing my patients in clinic at Lonetree Primary Care. On Friday, I spent the morning back at the State Capitol and the afternoon doing a deep dive into analyzing upcoming bills for next week. Saturday and Sunday, I took off to take the dogs to the park, go to the gym, and watch the Superbowl.



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NEWSLETTER

UPCOMING EVENTS

February Events:

- February 5th: Dinner w/ a Doc - Dr. Kyle Leggott

Upcoming Events:

- May 15th: 28th Annual Rocky Mountain Research Forum

Dinner With a Doc:

Dr. Kyle Leggott

Wednesday February 5th, 2020

Dr. Leggott is an Instructor-Fellow in Health Politics & Policy in the Department of Family Medicine. His fellowship focuses on the intersection between politics, health policy, and advocacy. This includes partnering with health policy centers, professional medical organizations, and interfacing with state and national legislative groups. In doing so, Dr. Leggott seeks progressive and innovative approaches to address health inequities by promoting systems based and policy level interventions. He also works as a primary care provider at an outpatient family medicine clinic in Lone Tree Colorado, and is an outpatient and inpatient attending for CU's Family Medicine Residency (UCFMR). Dr. Leggott serves as a board member for the Colorado Academy of Family Physicians (CAFP) and is a physician blogger for the AAFP's Fresh Perspective blog.



Come join us for dinner at Dr. Leggott's home to hear about his work and his fellowship experience. This is a great opportunity to learn more about opportunities in primary care to pursue your passion!

RSVP [HERE](#)

28th Annual Rocky Mountain Research Forum

Friday May 15th, 2020

8:00AM - 4:00PM

Location:

Sheraton Denver West Hotel

360 Union Blvd

Lakewood, CO 80228

The Rocky Mountain Research Forum is a forum for residents, faculty, and staff from Colorado's Family Medicine residencies to present scholarly activities and learn about innovation in primary care and conducting research and Quality Improvement projects. Scholarly activities suitable for presentation include original research

projects, QI projects, curriculum development projects, case reports, and literature reviews.

There will be a medical student reception on **Thursday, May 14, 2020**.

Residents and faculty from the ten family medicine residency programs and four rural training tracks will be at the reception to answer questions about their programs. I will send additional information on the reception and the registration link in March.

Register [HERE](#)

Interested in an FMIG T-Shirt?

Get a free t-shirt when you sign up for the FMIG Newsletter and become a student member of the American Academy of Family Physicians (membership is free).

Sign up to get a Free FMIG T-shirt [HERE](#)

NETWORKING

Family Medicine Resident Mentoring Program

For students interested in resident and/or faculty mentors, this is an informal program with the hope of being mutually beneficial to all parties involved. The goal is to help med students have a better understanding of family physicians and to help students succeed whether they decide family medicine is the right specialty for them or not.

We ask that mentors and mentees meet at least once a semester. Please fill out the quick form below so that we can best pair you with a good fit. **If you are interested, sign up here.**

For more information, questions, or concerns, please contact **Cleveland Piggott, MD**.



Interested in Sports Medicine?

The CU Family Medicine Department provides care at various sporting events throughout the year. We would love to have medical students and residents help cover the events and learn about Sports Medicine and Family Medicine. Check

back regularly as the list of events gets updated.

Click [HERE](#) for more information, including dates/times/locations and sign up!

Interested in Family Medicine and Global Health?



Watch Lauren Bull, M.D., recent UCHFMR Grad(!!) discuss how she integrates family medicine & global health!

ARTICLE OF THE MONTH



It's Not Only OK to Be Vulnerable, It's Necessary

At the start of medical school, students come to some tough realizations. Looking to your left and right on orientation day, you're surrounded by others who were tops in their undergraduate classes. These are students who participated in various...

Read more
www.aafp.org

As always, feel free to check out our website with information from this newsletter and more at: <https://fmigcu.wordpress.com/>
