



FAMILY MEDICINE  
interest group

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

## UPCOMING EVENTS

### [Colorado Family Medicine Virtual Residency Fair](#)

### Hosted by the Colorado Family Medicine Residencies

Medical students are invited to spend the evening networking with residents and faculty from the ten Colorado Family Medicine Residency programs and four rural training track programs.

Medical students will have the opportunity to chat with faculty and residents in individual Zoom meeting rooms. This is a great opportunity for all students to become more familiar with these programs, but it is especially encouraged for rising 4th-year students.

**When:** Thursday, September 9, 2021

**Time:** 6:30-8:30pm (MT)

Click [here](#) to register

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### [A Powerful Story From Our Very Own Dr. Cleveland Piggott](#)

In case you missed it at National Conference, this is the story told by Cleveland Piggott, MD, PMH as he finds his way in Academic

Medicine. He talks about his love of superheroes and discusses his battles with imposter syndrome and racism. Listen [here!](#)

To learn more about the Justice League and the Diversity and Health Equity Program, click [here](#)

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## GET INVOLVED

### Want To See An Event Happen? [Let us know!](#)

Send us your suggestions of events and topics you would like to see as part of FMIG!  
Send us your ideas [HERE](#)

### Join CAFP [Projects, Committees and Networking](#)

Colorado Academy of Family Physicians is looking to have more medical students join them and take part in various committees. Attached to this email ([here](#)) is a document outlining the various ways students can be involved. The highlights are joining the board of directors, taking part in public health projects, serving on the education committee, and attending summits, conferences and networking events. The details are attached, but please feel free to respond to this email with any questions.

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## Highlight

### Follow us on Instagram! [#Humansoffamilymedicine](#)



"As a Navy physician in the sports medicine community, taking care of folks that have

autoimmune or rheumatological conditions can be life-altering. For instance, I had a gentleman, he's an active-duty person, who was just diagnosed with an autoimmune condition that disqualifies a lot of people from active duty if they're on a certain medication that they can't deploy with.

So, there is a mental health aspect to that, there is a family aspect to that. You know, if they can't be active duty anymore, what are the ramifications? What can they do in the future? Being able to sit down and have that talk, see how they're feeling, and be their family doc even though I was there doing a musculoskeletal thing just shows the breadth of things we can offer as family physicians when we're thinking about that holistic approach. We're not focused on their rheumatologic problem and nothing else; we're not focused on their mental health and nothing else; we're looking at the big picture.

If I didn't have the training in family medicine that I do, I don't know if I would be able to approach patients in the same light or in the same way I would if I were to become super-specialized. I'm able to look at their sleep and what their social connectedness is. Do they surround themselves with positive people? Do they have a purpose? Being able to look at all of these things and putting all of the pieces together as a family doctor is really important in getting all of their medical conditions under control." –Dr. Bernstein

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## NETWORKING

### Family Medicine Resident Mentoring

For students interested in resident and/or faculty mentors, this is an informal program with the hope of being mutually beneficial to all parties involved. The goal is to help med students have a better understanding of family physicians and to help students succeed whether they decide family medicine is the right specialty for them or not. Mentorship can range from help with personal statements, application preparation, and more!

We ask that mentors and mentees meet at least once a semester. Please fill out the quick form below so that we can best pair you with a good fit. **If you are interested, sign up here.**

For more information, questions, or concerns, please contact **Cleveland Piggott, MD.**

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### Looking for an MSA or Scholarly Project in Family Medicine?

Go to the Department of Family Medicine MSA Program webpage to fill out an

interest form to schedule a meeting to get connected with potential mentors, or to find information for applying to the DFM Summer MSA Program.

[DFM MSA Website](#)

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## OTHER HELPFUL LINKS

### Interested in an FMIG T-Shirt?

Get a free t-shirt when you sign up for the FMIG Newsletter and become a student member of the American Academy of Family Physicians (membership is free).

Sign up to get a Free FMIG T-shirt [HERE](#)

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As always, feel free to check out our website with information from this newsletter and more at: <https://fmigcu.wordpress.com/>

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