



FAMILY MEDICINE interest group

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

Words from an MS4...

Robin Harland

"Comprehensive. Holistic. Longitudinal. What word best describes family medicine as a field? Over the course of my third year of medical school, I decided my feelings for family medicine could be summarized by the word *stories*. My patient coming in for COPD management was also grieving from a husband dying from lung cancer. My patient asking for contraception was also dealing with the stress of a recent move and relational transitions. With its unique ability to connect all background data points into a story, family medicine has been the most satisfying and meaningful field I have experienced. As I started further investigating family medicine, I realized the implications of a big-picture perspective: the social determinants of health could not be ignored. I was thrilled at my family medicine clinic to unite among similarly-enthusiastic workers who sought to practice medicine as a form of social justice. What ultimately affirmed my desire to pursue a career in family medicine was my longitudinal experience in the Colorado Springs Branch curriculum during my third year. It was in this unique longitudinal clerkship that I was able to experience the care of many patients across multiple settings and over a longer period than that allowed by traditional clerkships. Many encounters I had moved me to the power of the provider-patient relationship over time. I saw this in a personal way during my third year when my sister was diagnosed with a chronic illness. Her best physicians not only prescribed her medications but took the time to develop rapport with her and our whole family over the course of the year; I believe the power of relationship revolutionized her care and treatment success. Whether it is the holistic approach, opportunities to advocate for social justice, or my foundation in relationship-centered care, family medicine is a field to which I plan on dedicating the rest of my life. I'm very excited to continue my training at St. Joseph Family Med Residency in Denver starting in June!"



Congratulations, Robin!



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UPCOMING EVENTS

April Events:

- Thursday, April 18: Top Gold Chief Resident Event
- Thursday, April 22: Dinner with a Doc: Dr. Lucy Loomis
- Saturday, April 27: Living Water Church Community Health Fair

Future events

- May 16: Project C.U.R.E. Sip and Sort
- May 17: 27th Annual Rocky Mountain Research Forum
- May 2-5: Annual CAFP Summit
- July 25-27: AAFP National Conference - [Scholarships Available Below!](#)

Come Meet the Chiefs

Come meet the chief residents from the various family medicine residencies around Colorado and test your golfing skills!

Venue location:

Top Golf

10601 E Easter Ave
Centennial, CO 80112

Date: Thursday, April 18, 2019

Time: 6:30-9:30pm

Dinner and beverages

3 hrs. of unlimited Top golf

Questions? Contact & RSVP to Julie Herzog



Dinner with a Doc:

Dr. Lucy Loomis

Monday April 22nd, 2019 8:00pm

Dr. Loomis has worked with underserved populations her entire career, and is currently the director of Family Medicine at Denver Health, where she is on the management team for Denver Community Health Services. She has long had an interest in training residents to work in underserved settings,

and was founding director of the Denver Health track of the University of Colorado Residency. In addition, she has been involved in implementing a variety of programs to improve access to care, or provide enhanced services for needy populations. These include Title X Family Planning services, a refugee clinic, and the Nurse Family Partnership home visitation program. In the past year, she has been involved in two initiatives to develop the medical home: The Commonwealth fund's Safety Net Medical Home Initiative, and the Colorado Health Foundation's initiative to develop the Colorado Family Medicine residencies as Medical Homes.

Dr. Loomis will be hosting dinner for 8-10 students at her home on Monday, April 22. Spots are limited! However, please only RSVP if you are sure you can attend.

RSVP [HERE](#)

Volunteers needed for local health fair!

Please join Dr. Adetola Obiwole and the School of Pharmacy for a local health fair. This is a great opportunity to make an impact in the Aurora community and discuss disease prevention and screening with local residents. We are looking for students from all health professional schools!

When: Saturday, April 27th

1st shift: 9 a.m. to Noon

2nd Shift: Noon to 3 p.m.

Where: Living Water Church, 12963 E 6th Pl, Aurora, CO 80011

For more information please contact hannah.schara@ucdenver.edu



2019 CAFP Annual Summit Conference

Attend this cool conference with opportunities to present your work, get CME, and network with family docs and students! The **2019 CAFP Annual Summit in Fort Collins** also has special educational programming designed for students and residents, a financial workshop, procedural workshop, social gatherings and more. Plus, apply for a **scholarship** to cover your conference related expenses.

When: May 2nd-5th, 2019

Where: The Hilton Fort Collins

Questions: Contact **Erin Watwood**, Director of Education, Events and Meetings 303-696-6655 x114

Project C.U.R.E. Sip and Sort

Thursday May 16, 2019 6:00-8:00 p.m.

Donated medical products will be sorted, processed and



prepared for international distribution to assist children, families, individuals and communities to over 130 countries.

Background: Since 1987, Project C.U.R.E. has been delivering life-saving medical supplies and equipment to hospitals and clinics throughout the developing world. Today, Project C.U.R.E. is the world's largest distributor of donated medical relief, touching the lives of

patients, families and children in more than 130 countries.

Invitation:

Please join us for our Sort & Sip event on Thursday, May 16th and help us sort, pack and prepare medical supplies for shipment to hospitals and clinics in need. Your involvement will have a direct impact in helping empower doctors and nurses with the tools they need to treat disease, deliver vaccines, perform life-changing surgeries and ensure safe childbirth. After the sorting is done there will be time to relax with residents and enjoy a sip of beer or wine or a variety of non-alcoholic beverages.

Questions? Contact [Julie Herzog](#)

27th Annual Rocky Mountain Research Forum

Friday, May 17, 2019 8:00 am – 4:00 pm

The Rocky Mountain Research Forum is a forum for residents, faculty, and staff from Colorado's Family Medicine residencies to present scholarly activities and learn about innovation in primary care and conducting research and Quality Improvement projects. Scholarly activities suitable for presentation include original research projects, QI projects, curriculum development projects, case reports, and literature reviews. Medical students are invited to attend!

Meeting location

Sheraton Denver West Hotel
360 Union Blvd, Lakewood, Colorado 80228

Find out more [HERE](#) or Register [HERE](#)



AMERICAN ACADEMY OF
FAMILY PHYSICIANS
STRONG MEDICINE FOR AMERICA

Scholarships available for the AAFP National Conference: Sign Up Today!

Family Medicine Leads (FML) Scholarships to National Conference are provided by the American Academy of Family Physicians Foundation. **Family Medicine Leads** (www.aafpfoundation.org) focuses on filling the workforce pipeline with the best and the brightest, as well as supporting the development

of future family medicine leaders. All scholarships are made possible by the donations of family physicians across the country. In 2019, 250 scholarships will be awarded to attend the National Conference of Family Medicine Residents and Medical Students, **July 25-27, in Kansas City, MO.**

Scholarships are available through AAFP and CU Department of Family Medicine!

In order to receive funding from the DFM, you are required to apply for the national conference funding. Both applications are simple and available for all phases!

1) Check out the AAFP Scholarship Applications [here](#). Due May 1st
Notification of awards will be by May 31st.

2) Fill out the internal DFM scholarship application. Due by end-of-the-day **Monday, June 3rd** to Kasie Holcomb (kasie.holcomb@ucdenver.edu). This is intentionally placed after the AAFP scholarship acceptances so that you can note any AAFP funding you have received on your DFM scholarship application.

CLINICAL OPPORTUNITIES

Lowry Clinic Shadowing

This is an opportunity for students to get additional exposure to seeing family medicine in an underserved primary care clinic with a unique population. No set time commitment, you are welcome to come for just a session to see what it's like or come more regularly. **The Lowry Family Health Center is a Denver Health clinic with a population of >50% immigrants and refugees from all over the world.** Please contact [Alec Kerins](#) if you are interested in spending time with a provider at the clinic!



Sports Medicine Clinic

Check out this [link](#) for a calendar sign-up with upcoming sports events being covered by Primary Care Sports Doctors. We would love to have medical students and residents help cover the events and learn about Sports Medicine and Family Medicine! After you have signed up, please contact the Attending who is covering the game to get additional details.

NETWORKING

Family Medicine Resident Mentoring Program

For students interested in resident and/or faculty mentors, this is an informal program with the hope of being mutually beneficial to all parties involved. The

goal is to help med students have a better understanding of family physicians and to help students succeed whether they decide family medicine is the right specialty for them or not.

We ask that mentors and mentees meet at least once a semester. Please fill out the quick form below so that we can best pair you with a good fit. **If you are interested, sign up here.**

For more information, questions, or concerns, please contact **Cleveland Piggott, MD.**

ARTICLE OF THE MONTH



Examining the Intersection of Privilege & Racism in Medicine

Two powerful articles published in the Annals of Family Medicine examined the issue of white privilege within the medical community. In the first piece, 1 author Max J.

Read more
www.medicalbag.com

As always, feel free to check out our website with information from this newsletter and more at: <https://fmigcu.wordpress.com/>
