**Mentees**: Please complete this form every year and return to your mentor **before** your year-end meeting. Please attach an updated version of your CV.

Mentors: Please review this form and the mentee's CV before the year-end meeting.

Date:

Mentee Name:

Mentor Name:

## Time Allocation as Estimated by Mentee:

- \_\_\_% Teaching/Training/Providing Mentoring
- \_\_\_ % Research
- \_\_\_ % Patient Care
- \_\_\_\_ % Administration/Other Services

### How (if at all) would you like to change this time distribution? Consider these things:

- 1. Things you're doing now that you want to stop doing.
- 2. Things you've just been asked to do that you may not want to take on.
- 3. Things that you are doing that you wish to continue doing.
- 4. Things you are not doing that you would like to begin doing.
- 5. A strategy for improving the balance with in the above categories.

### **Academic Appointment**

Do you understand the series to which you are appointed and the expectations for advancement in this series? Are you on track to meet these requirements?

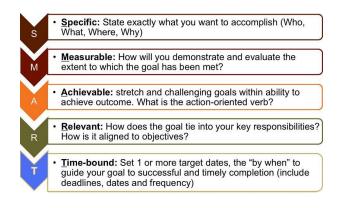
## **Current Professional Responsibilities**

List all of your major professional responsibilities and if you anticipate significant changes in the coming year:

- 1.
- 1. 2.
- 2. 3.
- כ. ⊿
- 4.
- 5.

# <u>Goals</u>

It is important to set specific, measurable goals to keep you on the right path toward developing your career. Outline 1-2 short-term goals and one longerterm goal that you want to work on.



# Short-Term(1 year) <u>Goal 1:</u>

How will this positively affect your career path?

Action steps

- Start/Increase:
- Stop/Decrease:

Measures

Who Could Help

**Future Considerations** 

<u>Goal 2:</u> How will this positively affect your career path?

Action steps

- Start/Increase:
- Stop/Decrease:

Measures

Who Could Help

**Future Considerations** 

#### Longer -term

Goal:

How will this positively affect your career path?

Action steps

- Start/Increase:
- Stop/Decrease:

Measures

Who Could Help

**Future Considerations**