

# SJ "Book" Club Anniversary Celebration!

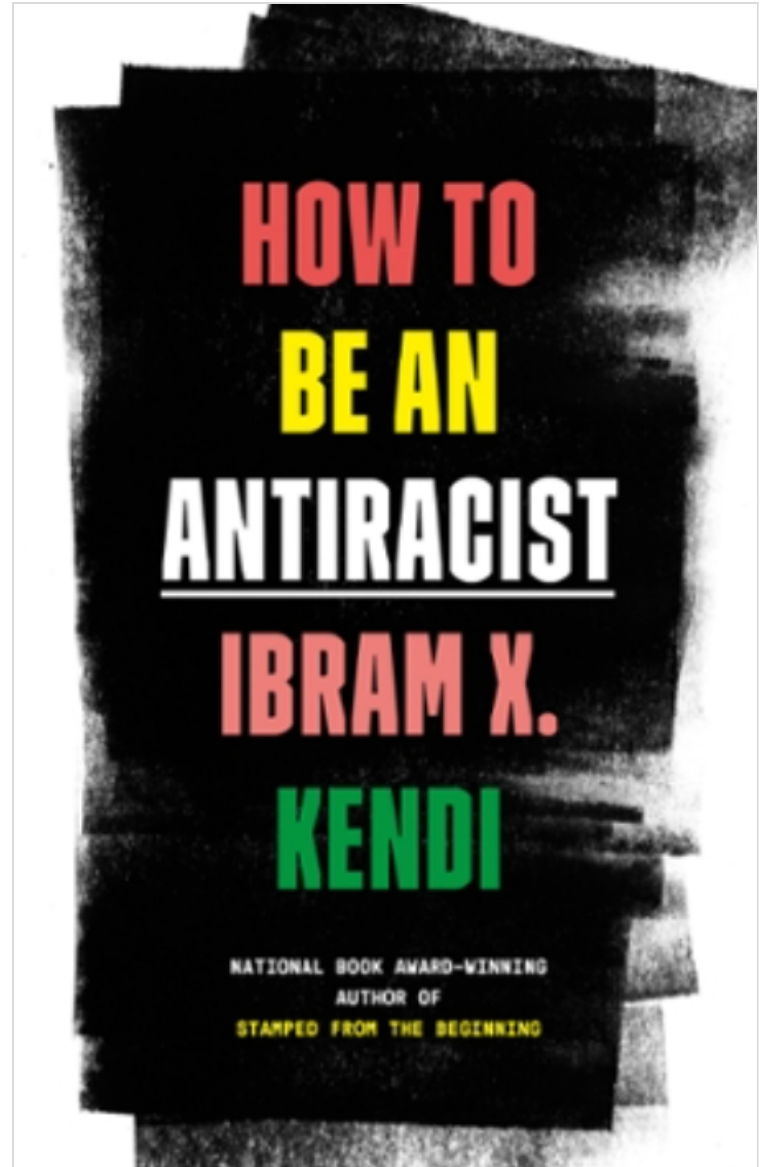
Reading our way to a better world! (j/k j/k j/k...it's not that easy)

HEATHER BLEACHER SEP 02, 2021 03:34PM

## Write your answers to these questions in the comments of the the picture of the media:

- Which piece taught you something that challenged a belief you had?
- Which piece inspired you to learn more about the topic?
- Which piece taught you something that can help you increase equity in your personal or professional life?

*As a newcomer, I haven't had a chance to read/watch/listen to these pieces yet. A piece that I have read that closely relates to 13th is the New Jim Crow, by Michelle Alexander. The inherent bias in our legal system was not apparent to me until I read that book. It really led to a deeper examination into my beliefs and biases about "law and order" and how our society is systematically and structurally oppressive. — ANONYMOUS*



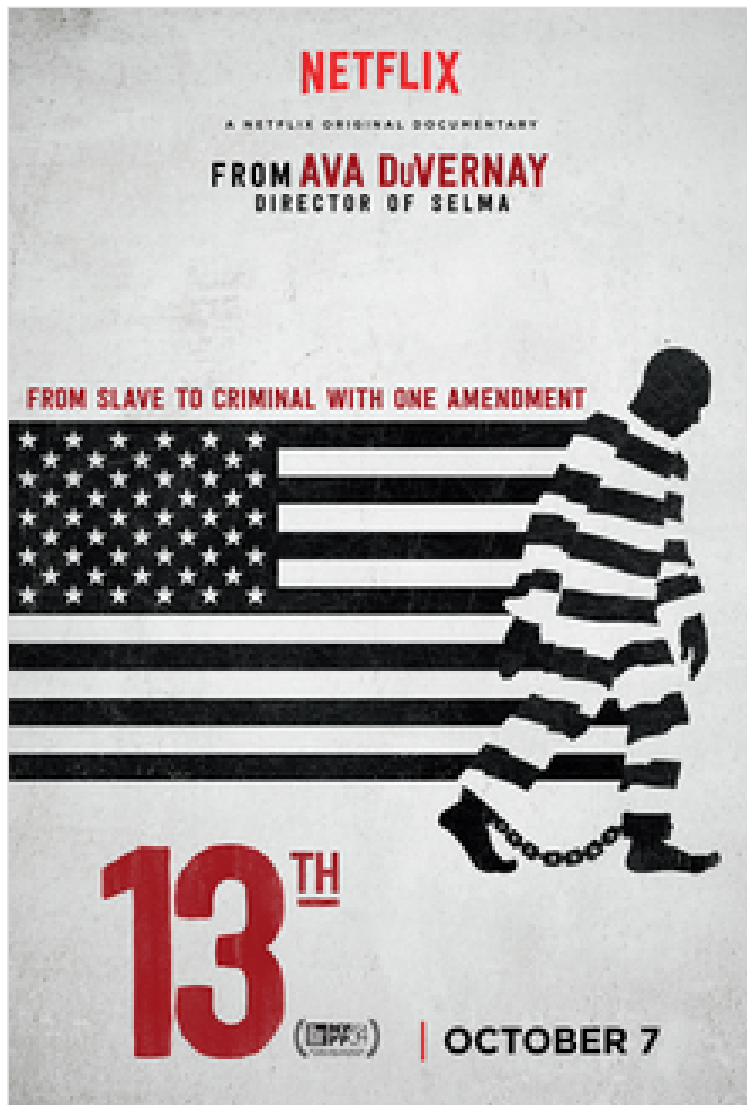
*I remember having my mind blown with this one — ANONYMOUS*

*This book emphasized that in order to eliminate structural racism, you have to make structural changes. Getting things into policy is essential! — ANONYMOUS*

*rethinking my use of the phrase "white trash" — ANONYMOUS*

*Learning this vocabulary of "antiracism" was pivotal. — ANONYMOUS*

*This was the second book that I read that really opened my eyes and in such a good way. Before I would hear people say, for example, "I don't see color") and I would have thought that was ok. Now, I know. — ANONYMOUS*



*I was shocked and appalled while realizing that slavery never ended, it transformed into mass incarceration.* — ANONYMOUS

*I'm now an Angela Davis stan* — ANONYMOUS

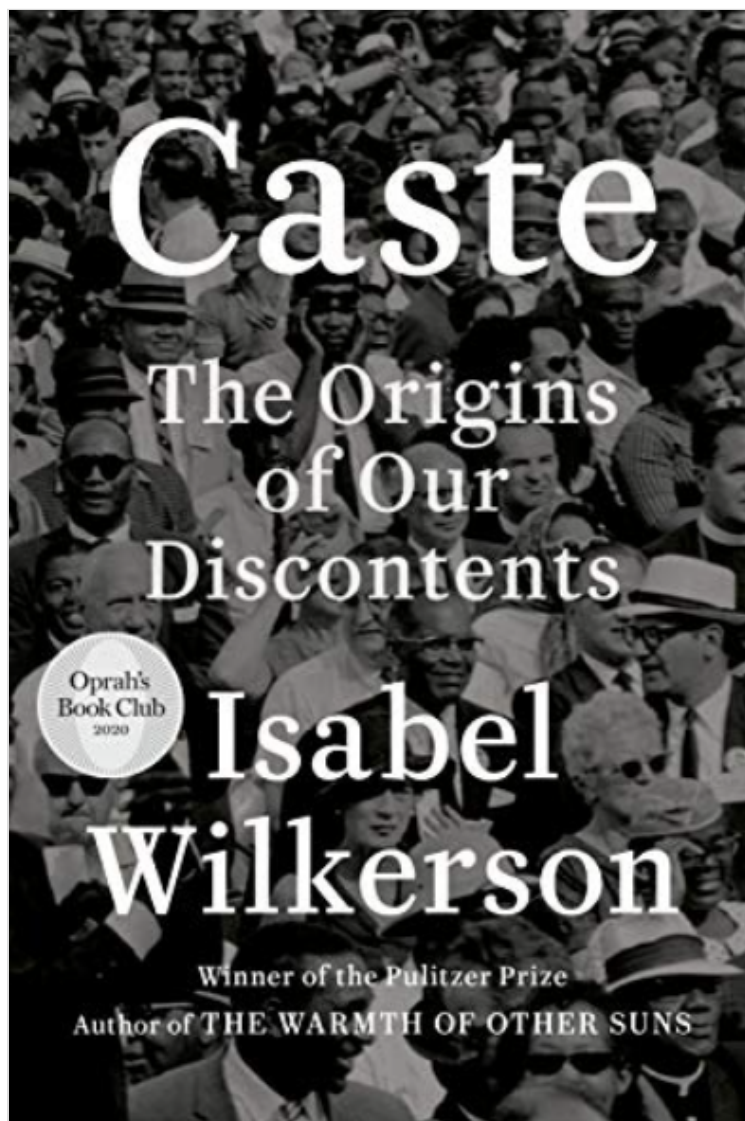


*As a white person this podcast helped me to see how white people focus and draw away from the issues people of color face*  
— ANONYMOUS

*this was very wel done, I appreciated all the different perspectives that were shared. Probably most inspiring.* — ANONYMOUS

*This was good for having conversation with my very white wife about this. Like, she's the whitest person I know* — ANONYMOUS

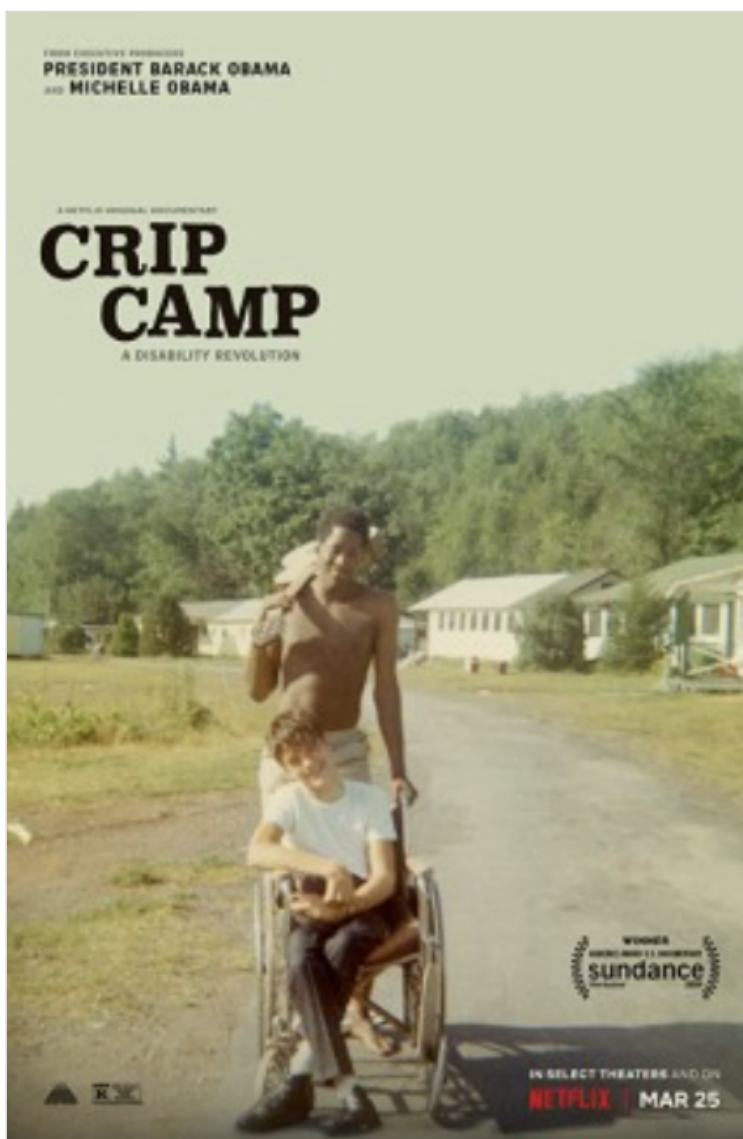
*I only knew about 10% of the information in this podcast and completely opened my eyes to the inescapable nature of white supremacy.* — ANONYMOUS



*Thinking about racism as a caste system was mindbowning for me and challenged my perspective* — ANONYMOUS

*This book completely reframed my understanding of the founding and development of our country.* — ANONYMOUS

*This book really helped me to see these issues in a totally new light - it was sad and also refreshing* — ANONYMOUS



*This documentary taught me that the ADA was passed shockingly recently, and also made me acutely aware of some of my own intrinsic bias related to people with disabilities-- particularly cerebral palsy.* — ANONYMOUS

*Realizing that all people can have great lives if they have the ability to be independent* — ANONYMOUS

*This one made me want to learn more about my own ableist biases.* — ANONYMOUS



*Made me want to learn more about disability in medicine and medical education and find ways to elevate that perspective* — ANONYMOUS

*Gave some practical tips for problem solving and not assuming what was is capable of* — ANONYMOUS

**Any other media that you came across in the last year?**



*The remake of Candyman was amazing.* — ANONYMOUS

*The Devil You Know by Charles M. Blow* — ANONYMOUS

*Emergent Strategy - Adrienne maree brown* — ANONYMOUS

**What should we be trying to achieve with this book club?**





Education about different perspectives of people, and how we can take action on the inequity we see in the world. – ANONYMOUS

accountability to continue discussing hard topics – ANONYMOUS

“Do the best you can until you know better. Then when you know better, do better.” – Maya Angelou – So I think the point is to learn and know better so each of us in our own way(s) we can do better. – ANONYMOUS

Changing and challenging culture in the DFM. – ANONYMOUS

Space and accountability to keep me doing this work. – ANONYMOUS

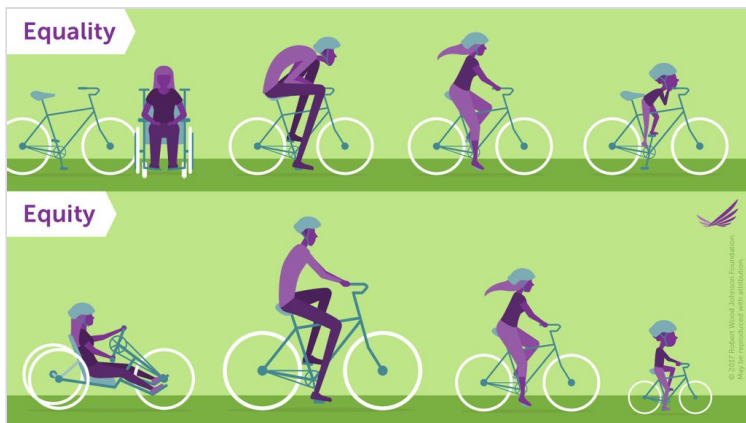
I'd love to dive deeper into topics. It can be hard to do so in one off trainings. I want to be able to learn more about a particular topic and consider ways to take action in my personal and professional life – ANONYMOUS

I would be curious to trial and error various action items with this group- whether that is writing to representatives, or having a booth at a festival, or starting a white coat march on campus – ANONYMOUS

In addition to continuing to educate, learn more, so we can do more. Each piece chosen has been excellent! – ANONYMOUS

What Maya said doing it in a coordinated way. It would be great is the SJBC aligned in topics and efforts happening in the DFM to help reinforce the no wrong door approach to doing good – ANONYMOUS

**What change would you like to see that would move your professional or personal world closer to equity?**



More involvement by community members and patients in all mission areas of the DFM. – ANONYMOUS

clear support at DFM to be bold – ANONYMOUS

I feel like I need more boldness so I can start physically moving the needle. – ANONYMOUS

Guidance on how to do this. – ANONYMOUS

Universal Health care or a DEI program manager – ANONYMOUS

Continuing to interact with all different kinds of people. – ANONYMOUS

I am not sure. I am open to ideas and trying new things – ANONYMOUS

more diversity in the department. – ANONYMOUS

a new word for diversity. – ANONYMOUS

more under represented folks in the residency program – ANONYMOUS

I want to see people "walking the walk." DEI can often be a buzzword with little bite. I want to see people being accountable and actual culturally changes that dismantle oppressive systems. – ANONYMOUS

**What can you commit to doing differently to improve equity in your professional or personal world?**

Jot ideas on your handy notepad, but share in the comments the one SUPER IMPORTANT thing you can commit to changing.

➡ MAKE IT HAPPEN! ➡

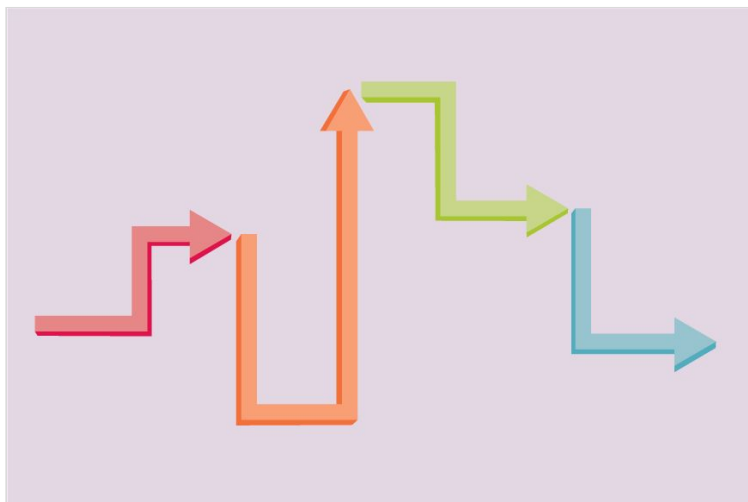
SUPER IMPORTANT

THEN, DO THIS

CHILL, THIS CAN WAIT

Keep learning and growing and seeing the world in new ways. When your lens changes, you are then different and can be different. Approach each person from where they are and what they need.  
— ANONYMOUS

I've been buying these books for family members and then engaging in discussions with them to challenge some of the things they say/way they think. — ANONYMOUS



What is this? — ANONYMOUS

a pretty picture to make sure all of the boxes stay lined up correctly.  
— ANONYMOUS

## Is there any new information we need before planning the coming year's book club activities?



I'm pregnant! ...jk — ANONYMOUS

I'm not sure. I think the zoom meetings in small groups worked well. It was easy to participate. Having evening and daytime options helped a lot. — ANONYMOUS

Who is showing up and why. Why those that sign up not showing up (probably time but folks are choosing to do other things). Who are untapped folks (new hires?) — ANONYMOUS

## How can we make the "book" club accessible to more people?



Can we all be advocates for how supportive and safe these groups are? The best advertisement is person to person endorsement.  
— ANONYMOUS

make books the minority, make the majority of media podcasts or youtube clips or movies or essays or artwork — ANONYMOUS

## How should we select the media and topics we cover?



I'll text Heather when I hear a great story on NPR that talks about a relevant book/podcast/etc. — ANONYMOUS

Can we do more about pronouns and gender identity diversity issues? I really want to be and do better in this area, but am not sure how to. — ANONYMOUS

I would love to learn more about Native American history and discrimination. — ANONYMOUS

Ideas: Do a short list of topics and survey folks, those that answer are the ones most likely to be involved. — ANONYMOUS

Consider doing a racial caucus session and have some pre-reading/listening — ANONYMOUS

**What should we start, stop, or continue doing?**



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