

Providing Outstanding Care to Patients Creating New Knowledge Training the Primary Care Workforce Connecting with Our Communities

April 26, 2024

Happy Spring Fling Day to all who will be celebrating! We look forward to seeing you this evening.

In addition, we are approaching May which is a month for honoring the rich cultural heritage of Asian American and Pacific Islander (AAPI) communities. In addition, it is Mental Health Awareness month. Let us come together to educate ourselves about the culture and contributions of AAPI individuals, <u>particularly within health and science</u>, and prioritize <u>mental health awareness and support for all</u>.

NEWS AND PUBLICATIONS





CU DFM Contributions to the American Academy of Family Physicians (AAFP) Climate Change and Environmental Health Position Paper

In celebration of Earth Week (April 22-27) the AAFP's new <u>position paper on Climate</u> <u>Change and Environmental Health</u> was posted. CU Contributors included DFM's Bhargavi Chekuri, MBBS, MD, MS, as lead author; DFM resident Logan Harper, PGY3, as a contributing author; and Anne Getzin, MD, CU Climate and Health fellow (based in Wisconsin), as a contributing author.

Led by the AAFP Climate Change and Environmental Health Interest Group, as well as the Society of Teachers of Family Medicine (STFM) Planetary Health Collaborative (which Dr. Chekuri co-chairs), this updated position paper took over 3 years to get across the finish line in time for 2024 Earth Week. The AAFP's updated position paper reflects a timely and evidence-based understanding of the climate crisis's immense impact on families, communities, and the family medicine workforce. Family medicine providers and teams around the country can look to this position paper as an authoritative resource when grappling with increasingly tangible effects of environmental and climate injustice.

Read the position paper



CU Faculty Awarded Funds to Study the Science of Engagement in Health Research

Bethany Kwan, PhD, MSPH, associate professor in the Department of Emergency Medicine and an ACCORDS investigator, and Matthew DeCamp, MD, associate professor in the Division of General Internal Medicine and the Center for Bioethics and Humanities, received a \$2.1 million funding award from the Patient-Centered Outcomes Research Institute (PCORI). Their new research study, 'Characterizing Engagement and Equity in Research' (CHEER), aims to find the best engagement methods for diverse research topics and communities... The CHEER project has evolved from research that began in 2015, while Kwan and Matthew Wynia, MD, MPH/MSPH, professor in the Division of General Internal Medicine and director of the Center for Bioethics and Humanities, were working on Data Science to Patient Value (D2V), a transformational research funding initiative.

This award will allow the team to improve engagement and equity in research. Sarah Brewer, PhD, MPA, assistant professor in the Department of Family Medicine and ACCORDS Education Program Director, joined Kwan, DeCamp, and Wynia to help spearhead the PCORI application.

Read the full announcement

Have news to share?

Email DFM Communications Program Manager Liz Campbell (elizabeth.3.campbell@cuanschutz.edu).

Patients are saying some nice things about our DFM clinicians:

My Giang, MD

"Dr. Giang was a breath of fresh air! I lost my previous PCP after 20+ years. I finally have found someone I can trust. She is attentive, listened to my concerns, explained so I could understand and took the time to answer my daughter's questions as well. She is just awesome!!"

Location: Lone Tree Primary Care - Lone Tree

Faculty Bio



Anna Kerege, PA-C

"Anna Kerege PA is the best experience I have had with any of the PA's. She actually listened to what the problem was and listened to her intuition. knowledge and wisdom of what it might be. She ordered me tests that very day and I got an answer that very day. Something I do need surgery for. I am so thankful to her as I had mentioned this before to someone else, and it went in one ear and out the other. She's really good."



Location: CU Family Medicine - Park Meadows

Faculty Bio



Listed by date:

La Placita - "Contrapower and Resiliency in a Time of Siege:" Monday, April 29, from 12:00-1:30 p.m. - Bushnell Auditorium, 8th Floor of Fitzsimons

Join the Hispanic Serving Institution Committee for the first La Placita with speaker Nelia Viveiros. La Placita is a gathering place for exchange of ideas, information and experiences. Learn more and register today.

<u>May DFM Monthly Meeting:</u> Wednesday, May 8, from 11:45 a.m.-1:00 p.m. - P12-2010/2011 Donald M. Elliman Conference Center, Second Floor of the Health Sciences Building OR Zoom

For this meeting, we will hear about professional development opportunities from CU Anschutz Human Resources Assistant Vice Chancellor for Learning and Development Debbie Lamers, MBA. <u>Register to attend in-person</u> by no later than Thursday, 5/2. Or, <u>save the day-of Zoom link</u>. As a reminder, details can be found on your Outlook calendar and <u>on the DFM intranet</u>.

SAVE THE DATE – Levitt Lecture: Wednesday, June 19, 11:45 a.m.-1:30 p.m.

This will be a hybrid-style event taking place during an event series on June 19 and 20. Details to follow. Note: due to the timing of this event, the June DFM monthly meeting will be canceled.

We need your help and participation!

Newly Diagnosed Type 2 Diabetes Lifestyle Intervention Study

The <u>University of Colorado - Primary Care Diabetes Lab</u> is seeking adults, 30-80 years of age, who have been diagnosed with type 2 diabetes within the past 12 months to participate in a clinical research study. Dexcom Continuous Glucose Monitors (CGM) and Fitbit activity trackers will be provided to you to use during the study.

The purpose of this study is to find out if people who are newly diagnosed with type 2 diabetes respond better to regular routine care with a primary care provider or routine care paired with a study lifestyle intervention called "Glucose Everyday Matters" (GEM). GEM focuses on using a continuous glucose monitor to learn how blood glucose changes after eating and after physical activity. CGM technology reduces the need for finger sticks measurements of blood glucose.

Study duration is approximately 13 ½ months (up to 8 visits total). Three visits require you to come to CU for a physical examination, blood tests, and questionnaires.

Dexcom Continuous Glucose Monitors and a Fitbit will be provided at no cost to you at different times in the study. Compensation up to \$300.

For more information, please contact: Britney Prince by email (Britney.Prince@cuanschutz.edu) or phone (303)724-8968

Or join our Research Registry https://redcap.link/PCDL

Campus and Workplace Culture Pulse Survey

The Campus and Workplace Culture (CWC) Pulse Survey is live through April 30, and the CU Anschutz CWC Survey Team wants to hear from you!

Take the survey today for a chance to win a \$10 or \$25 gift card.

It's quick, confidential and secure, and your link is unique to you. Check your inbox for your survey invitation from <u>cwcsurvey@cuanschutz.edu</u>.

Learn more at <u>cuanschutz.edu/cwcsurvey</u>, or contact the Survey Team with questions at <u>cwcsurvey@cuanschutz.edu</u>. Thank you!



Human Resources

Have a question for Human Resources? Email DFMHRQuestions@cuanschutz.edu and a team member will get back to you as soon as possible.

The Strategic Plan

The CU Department of Family Medicine has just completed our first strategic plan, and we are in the process of champion identification and implementation. This plan will serve as a departmental guide over the next 3-5 years as we innovate, focus on well-being, and expand our reach. Learn more about the plan and our next steps and offer feedback on our intranet page. In addition, we have a new public-facing page which you may share with cross-campus colleagues.

DFM Intranet Resources

Did you know our intranet has a wealth of information compiled just for you? Check out resources regarding:

- Well-being
- Updating faculty profiles
- Web accessibility
- Department photos
- And more!

Think Tank Mondays

Ever have an idea on how to make clinic operations or system operations better, but don't know where to start or how feasible it is? We'd like to propose a solution. Think Tank Mondays are virtual consultations with department leaders to help you figure out next steps on your idea.

Learn more and submit your idea today.

ELearning for Alzheimer's Disease and Related Dementias

Are you interested in helping your practice improve care for your patients with Alzheimer's Disease and related dementias (ADRD)? The DFM along with the Colorado Department of Public Health and Environment











collaborated to develop an eLearning module that is informational and interactive and is designed for primary care teams to increase their knowledge and skills related to ADRD. This module is free for all learners and completers will receive 2 AAFP CME credits.

To access the module, scan the QR code to the right or go to: <u>https://cuelearning.org/</u>. Click the Register link to create an account. For Registration Code, please enter: ADRD (not case sensitive).



SCAN HERE

SUPPORTING THE DFM



Interested in understanding how to promote the department to those who have expressed an interest in providing financial support? Or looking for options for payroll deduction, a one-time gift, or planned giving? Learning about ways to show support for the DFM could not be easier and, more importantly, philanthropic participation helps ensure we can continue to do the good work that we do! Check out <u>our newly invigorated giving page</u> and feel free to share if anyone asks for more information.

Learn more about giving to the DFM

Look back at past editions of the DFM Monthly Newsletter:

DFM Newsletter Archive



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* This email is sent on the last Friday of the month, with exceptions made for holidays and other prioritized mass emails. Questions or something to contribute? <u>Email</u> <u>FMNews@cuanschutz.edu</u>.

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