



February 23, 2024

Where has the time gone? March begins next week, and with it, we begin to celebrate Women's History Month. Take a moment to celebrate the women in your life, as well as the [accomplishments and contributions of women in medicine](#).

NEWS AND PUBLICATIONS



DFM in the Colorado Family Physician Magazine

The DFM and our Rural Program are featured prominently in the most recent edition of the [Colorado Academy of Family Physicians magazine](#). **Cleveland Piggott, MD, MPH,** and **Bhargavi Chekuri, MBBS, MD, MS** are pictured on page 12 as Bhargavi receives the 2023 Healthier Colorado Climate Health Champion Award—and as Piggott appeared as a representative for Colorado at the AAFP Congress of Delegates. **Roberto Silva, MD,** has a featured article on pages 14 and 15 about his experience with being a preceptor. On the cover and pages 18 and 19 find stories and photos about **Lindsey Paulsen** (preceptor in Wray CO), **Kaily Baer** (Rural Program grad, now preceptor in Wray), Rural Program graduates: **Christine Krentz, Sean Wickers, Ryan Imber,** and Rural Program student **Ashlyn Richie**. Page 22 features a thoughtful SNOCAP update from **Mary Fisher, MPH, Allison Sands,** and the rest of the SNOCAP team. Thanks, all, for the great work that you do!



Have news to share? Email DFM Communications Program Manager Liz Campbell (elizabeth.3.campbell@cuanschutz.edu).

Read the latest Colorado FP Magazine

CLINICAL CALLOUTS



Patients are saying some nice things about our DFM clinicians:

Julianne Garrison, MD

"Dr. Garrison is a one-of-a-kind physician! She's been amazing from the day I started working with her, which just happened by chance - I was seeing a PA practicing under Dr. Garrison and needed a procedure that can't be performed by a PA. I had a complication and Dr. Garrison asked me to come in. Not only did she provide me with care related to the procedure, but she also took a look at my overall health started asking about medications I was prescribed by a separate physician at another practice. She found that the medications prescribed to me weren't in my best interest, and that most of them were unnecessary if a different medication had been prescribed to address my primary need. She offered to work with me as long as I was willing to work with her. I was nervous, but she promised to take care of me and she's never let me down. I'm now taking just 3 prescription medications, down from probably 7-10 daily medications, and I'm feeling so much better now that I'm not dealing with side effects of so many unnecessary medicines. Dr. Garrison loves her patients and she always takes the time she needs to make sure you don't walk away until she's addressed the issues you bring to the table."



Location: CU Family Medicine - Park Meadows

[Faculty Bio](#)

Meagan Maher, PA-C

"Meagan Maher is fabulous. She's very professional -- knows her stuff. She's also very personable -- she listens carefully and is easy to talk with. I'm an old guy and have been treated by many doctors over the years. Maher is one of the very best medical professionals I've had the good fortune to work with during my lifetime. I can't recommend her highly enough."



Location: UC Health Family Medicine - Central Park

[Faculty Bio](#)



Time is running out! Take advantage of your chance to nominate your colleagues for a DFM award. Follow the link below to the website to learn more about each award and follow the "Nominate" links to register your nominations.

Please note the one BIG consideration and be sure to

confirm that the person that you're nominating has not won the award in the past five years. Please also remember to submit your name, and a narrative about the person you are nominating.

Honorees will be recognized at the 2024 DFM Spring Fling event.

[NOMINATE](#) a member of the DFM by Friday, March 1!



Submit Your Nominations Today

EVENTS AND MEETINGS



Listed by date:

DFM Community Engagement Program Monthly Meeting - Youth Healthcare Alliance: *RECORDING*

[View the recording.](#)

YHA Contact info: Aubrey Hill: hill@youthhealthcarealliance.org Mariana Ledezma Amorosi: ledezma@youthhealthcarealliance.org
Questions: dfm.communityengagement@cuanschutz.edu

And save the date for upcoming Community Engagement Program Meetings:

- **March 19:** Syphilis Health Education and Community Outreach
- **April 16:** Pipelining Family Medicine in Rural Communities
- **May 21:** Community Engagement Program Presentation and Discussion - DFM's Strategic Plan for Community

Women's Health Symposium: *Saturday, February 24, from 8:30 a.m.-1:30 p.m. - Anschutz Health Sciences Building, with some virtual access*

The Ludeman Family Center for Women's Health Research at CU Anschutz is proud to host the 22nd Annual Women's Health Symposium on February 24, 2024, 8:30 a.m.-1:30 p.m. This free event designed to meet the educational needs of healthcare professionals can be attended in-person or online and offers 4.25 CME and MOC credits. There will be six talks discussing important primary care/family medicine topics and promoting women's health. Learn more and register.

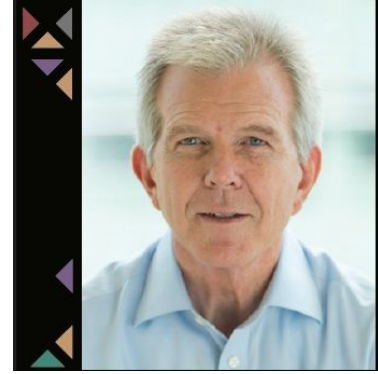
Celebration for Distinguished Professor Frank

deGruy: *Tuesday, March 12, from 6:00-8:00 p.m. - P12-2010/2011 Donald M. Elliman Conference Center, Health Sciences Building*

Join us in-person to celebrate Dr. Frank deGruy who was

recently named as a CU Distinguished Professor. The title recognizes outstanding contributions in research, education, and service. We are honored to recognize Dr. deGruy for his accomplishments and steadfast commitment to the DFM. [Register to attend today.](#)

And don't forget to [complete a Tribute video](#) in honor of Frank and this great accomplishment. Submissions are due by 3/1.



March DFM Monthly Meeting–Strategic Planning Update: *Wednesday, March 13, from 11:45 a.m.-1:00 p.m. - AO1 L15-7000, 7th Floor, Chester Ridgway Board Room*

Departmental reminders and a Strategic Planning Update with DFM Chair Myra Muramoto and DFM Director of Finance and Administration Michael Cahill. Lunch will be served for in-person attendees beginning at 11:45 a.m. The meeting will begin, and will be broadcast on Zoom, beginning at 12:00 p.m. [Register to attend in-person by 3/7](#), so we may plan for lunch. Or, [save the day-of Zoom link](#). As a reminder, details are reflected on [the DFM intranet](#) and your Outlook calendars.



Annual DFM Spring Fling: *Friday, April 26, from 5:30-10:00 p.m. - Balistreri Vineyards, 1946 E 66th Ave., Denver, CO*

[Register today](#) to enjoy time with your DFM friends and colleagues and celebrate our 2024 award winner. The event will include live music and a wine tasting*. Details are reflected [on the DFM intranet](#) and your Outlook calendars.

**Drink tickets should be purchased in advance, though extras will be available on-site during the event. Two drink tickets can be purchased for \$25 via Venmo (@Mollie-Bailey-3 - last four digits 1102). These can be used for the wine tasting and for the provided beer.*

RESOURCES



DFM Well-being Intranet Repository

Well-being is an important aspect of our departmental culture. On the DFM intranet you will find a list of informational links to help celebrate colleagues, find mental health and crisis resources, clarify or free-up your administrative pursuits and more!

[Check it out.](#)



Think Tank Mondays

Ever have an idea on how to make clinic operations or system operations better, but don't know where to start or how feasible it is? We'd like to propose a solution. Think Tank Mondays are virtual consultations with department leaders to help you figure out next steps on your idea.

[Learn more and submit your idea today.](#)



ELearning for Alzheimer's Disease and Related Dementias

Are you interested in helping your practice improve care for your patients with Alzheimer's Disease and related dementias (ADRD)? The DFM along with the Colorado Department of Public Health and Environment collaborated to develop an eLearning module that is informational and interactive and is designed for primary care teams to increase their knowledge and skills related to ADRD. This module is free for all learners and completers will receive 2 AAFP CME credits.

To access the module, scan the QR code to the right or go to: <https://cuelearning.org/>. Click the Register link to create an account. For Registration Code, please enter: ADRD (not case sensitive).



SCAN HERE

SUPPORTING THE DFM



Payroll deduction, a one-time gift, planned giving... Showing your support for DFM is easy. More importantly, it helps ensure we can continue to do the good work that we do!

[Learn More and Make a Contribution](#)

Look back at past editions of the DFM Monthly Newsletter:

[DFM Newsletter Archive](#)



[View Email in Browser](#)

** This email is sent on the last Friday of the month, with exceptions made for holidays and other prioritized mass emails. Questions or something to contribute? [Email FMNews@cuanschutz.edu](mailto:FMNews@cuanschutz.edu).*

CU School of Medicine/Dept. of Family Medicine | 12631 E 17th Avenue, Box F496, Aurora, CO 80045

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