



March 30, 2023

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## Diversity, Inclusion, Health Equity and Anti-Racism

Department of Family Medicine

### **Award Winning**

Congratulations to US!

The Department of Family Medicine has won the President's Diversity, Equity, and Inclusion Award.

This annual award honors individuals and units who have demonstrated outstanding commitment and made significant contributions to advancing diversity, equity and inclusion within the University of Colorado community. This award is open to persons and units who have demonstrated exceptional dedication and achievement in advancing DEI goals and objectives across the university.

This is a testament to the work our department has put in over the past four-and-a-half years to make DEIA a foundational part of our organization.

The actual award is set to be presented next month at an awards reception in downtown Denver.

Click the button below to read the CU Connections story on this great honor.

[Read The Story](#)

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**The Clock Is Ticking to RSVP For The Round-Up!**

# DFM SPRING FLING 2023

SHINE UP YOUR BOOTS AND DUST OFF YOUR HATS  
IT'S TIME TO CELEBRATE, WESTERN-STYLE!

**WHEN:** Friday evening, April 21, 2023

**WHERE:** Ironworks Denver, 25 Larimer St, Denver, CO 80204

**WHAT TO WEAR:** Gussy-up in whatever western wear you've got!  
Or wear what you like. Just be comfortable.

**DOORS SWING OPEN** – 5:00 pm

**HOWDY COCKTAIL TIME** – 5:00 - 6:30 pm

**DINNER** – 6:30 pm

**AWARDS PROGRAM** – 7:00 pm

Let your Wild West spirit come alive at the 2023 DFM Spring Fling - the department's annual social event for you and a date!

This year's event is set for Friday, April 21st, in a beautiful vintage space in the heart of downtown Denver.

Time is running out! Round up your best western wear and your plus-one and RSVP by clicking on the button below.

[RSVP NOW](#)



## Let's Talk About New Legislation!

Join us for the lowdown on controversial pending legislation before Colorado lawmakers that could have dramatic effects on health care in Colorado and on the financial futures of both the CU Anschutz Campus and the Department of Family Medicine.

### Event Details:

**DFM Monthly Meeting** (Hybrid Event)  
Wednesday, April 12, 2023  
12 noon to 1:30 pm  
*(lunch served at noon, program begins at 12:30 pm)*

**Physical Location:**  
Elliman Conference Center,  
Anschutz Health Sciences Building  
**\*\*Find the ZOOM link in your Outlook calendar\*\***



**Lauren Hughes**  
MD, MPH, MsC, FAAFP  
State Policy Director  
Eugene S. Farley, Jr.  
Health Policy Center

## RSVP For The April DFM Monthly Meeting

This is a hybrid event.

Coming in-person? Please click on the button below to RSVP today!

RSVP Today



## High Plains Research Network News

DFM's High Plains Research Network (HPRN) is part of an exciting national trial.

Click on the button below to read the entire story and to read their latest publication.

[Read The Story](#)



## New Video!

Remember Lisa Raville from Denver's Harm Reduction Action Center?

She gave an electric presentation at the March DFM Monthly Meeting.

The video of her presentation is complete and ready to view.

[Watch The Video](#)



# UPDATES

## AND OPPORTUNITIES

### Clinical Call-Outs!

Patients are saying some nice things about our DFM clinicians.

Dr. David Bubis -

***"Dr Bubis listens to my concerns, and gives me a diagnosis and good treatment options. He always allows me to give my input and answers my questions. He arrives in the exam room prepared, and reviews the nurses notes before seeing me. He enters the post appointment notes immediately after my appointment. He always asks what more he can do for me and asks me to follow up with him on my recovery etc."***

Dr. Juanita Melau -

***"My doctor is the BEST of the BEST!!! She genuinely cares about her patients. She listens and hears every word I say. She treats me with absolute respect and I trust her 100%."***



Dr. David Bubis



Dr. Juanita Melau

### Research & Innovation

Announcing newly funded projects:

Collaboration of Four Communities for Health Equity  
Contact: FHPC/CCR - [Frank deGruy](#) (PI) or [Allyson Gottsman](#)  
Sponsor: CDPHE

Midlife Mortality in the U.S.: Places, Trends, Models, and Policies  
Contact: FHPC – Lauren Hughes (PI)  
Sponsor: University of Colorado Boulder/NIA

***To learn more about these projects or how to get involved, be sure to reach out to the contacts listed.***



## **DEPARTMENT OF FAMILY MEDICINE IS HIRING!**

### **We are seeking:**

- Family Physician, Depot Hill
- Family Physician, Landmark
- Faculty Physician, Rural LIC
- Residency Coordinator
- Clinical Affairs Coordinator
- CONQUEST APP, Part-Time
- Research Services Professional, San Luis Valley, Part-Time

## **Come join us and be part of a great team!**



**SCAN QR CODE TO GO  
TO CAREER PAGE,  
ENTER JOB TITLE  
UNDER KEYWORD FIELD**



## **Human Resources - Resources**

### **CU's Perks and Benefits aka CU Advantage**

The University of Colorado delivers many benefits, resources, perks and discounts as part of its commitment to CU faculty and staff.

The problem? Finding all these perks used require extensive searching and ample patience. The solution: [CU Advantage](#), a new website that brings together perks large and small in a quick, searchable format.

Whether you're looking for discounts on airport parking, child care and fitness centers or want information on traditional benefits such as health plans and retirement, CU Advantage puts it all at your fingertips.

"The CU Advantage is designed to make CU's benefits and perks easier to discover, understand and use," said RyAnne Scott, director of communications and outreach for Employee Services. "In creating the site, we aimed to empower faculty and staff to take advantage of all the resources available to them."

### **Get ready for Open Enrollment**

Save the date for our annual Open Enrollment period for CU health plans.

Eligible employees may enroll, update, or change their healthcare plans for the 2023-24 plan year beginning April 17 and continuing through May 5.

Need a text reminder to enroll? [SIGN UP](#) to receive Open Enrollment texts via RAVE Alerts, and you'll get three brief text messages reminding you to take action before it's too late.

### **DFM Admin Monthly Tip: Need to book a flight?**

All domestic and international travel must be approved prior to booking a trip. All international travel must be approved using [Concur Request](#) and you will need to enter your Request ID to finalize your international reservation. It is recommended that domestic travel be approved using [Concur Request](#), however, the department can elect to use an internal travel pre-approval process. Please defer to DFM Admin to determine what domestic pre-approval process is appropriate for you.

Need to change or cancel an airline ticket booked in Concur? You can modify or cancel your flight directly in Concur.

Please see the "how to" links below for instructions on booking travel, assigning a delegate, etc.

[Acting as a Delegate or Travel Arranger](#)

[Booking Travel in Concur \(Domestic\)](#)

[Requesting Travel Pre-Approval](#)

[Approving Travel Requests](#)

[Booking International Airfare in Concur](#)

[Logging International University Travel in iSOS](#)

[Booking Non-Employee Trips](#)

[Requesting Cash Advances for University Trips](#)

[Approving Cash Advances](#)

Registration for Conferences:

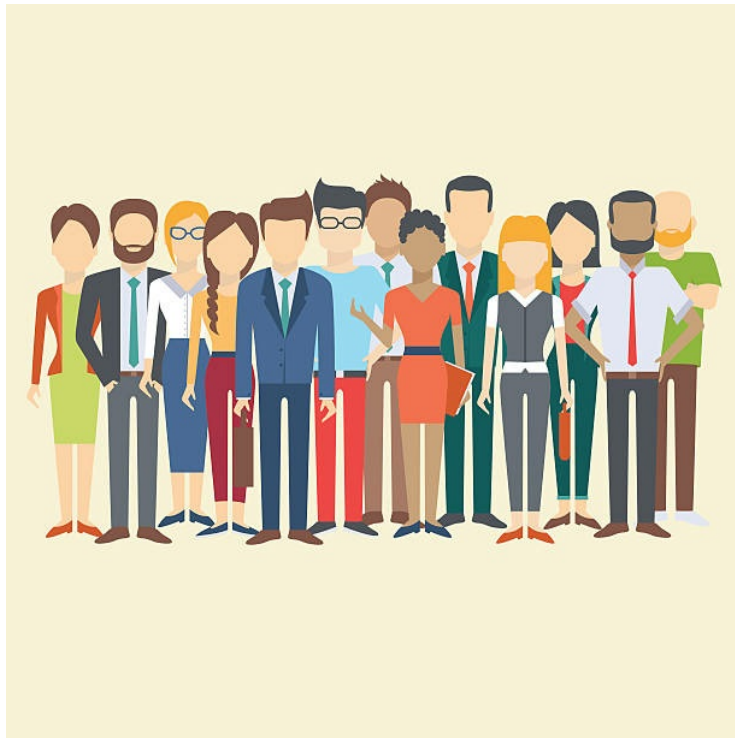
When requesting assistance from DFM Admin, please provide the link to the conference and add a note that the reimbursement for conference or event registration can only be processed once the conference or event has concluded.

If you are not using your PDF for these items, a speed type will need to be included within the requests so that we may allocate the requests too.

***Please NOTE: the deadline to spend Professional Development Funds for FY23, is May 31st.***

**How an we help you?**

- Do you have Family and Medical Leave (FML) questions or need to start the process? Email: [DFM-FMLA@cuanschutz.edu](mailto:DFM-FMLA@cuanschutz.edu)
- Do you have Payroll Questions or Concerns? Email: [DFM-Pay@cuanschutz.edu](mailto:DFM-Pay@cuanschutz.edu)
- Do you have general HR questions? Email: [DFMHRQuestions@cuanschutz.edu](mailto:DFMHRQuestions@cuanschutz.edu)
- Do you have benefits questions? Email [benefits@cu.edu](mailto:benefits@cu.edu) or call 303-860-4200, Option 3.



## Professional Development Pro Tip!

### De-stress Meditation and Movement

We all need a little help now and then to manage stress and to relieve built-up pressures.

Take advantage of the LinkedIn Learning Course on ***De-Stress Meditation and Movement***.

Click on the button below and login with your cuanschutz email address to access the **FREE** video course.

Take The Course



### Give Back To DFM

Payroll deduction - One-time gift - Planned giving. Showing your support for DFM is easy.



Visit the Endowment page to learn more about the endowment campaign and how you can become involved.

[Learn More](#)

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**Look back at past editions of the DFM Monthly Newsletter**

[DFM Newsletter Archive](#)



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