



October 27, 2022

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## We Need You!

After a two year absence, the DFM employee survey is back!

Please make time in your schedules to click on the link below and complete the survey.

The valuable feedback you provide will help to prepare the department for the important strategic planning process that lies ahead.

The survey takes 5 - 8 minutes to complete for staff and up to 15 minutes for faculty.

**The deadline to complete the survey is Friday, November 5, 2022.**

Help us to have the largest participation rate in DFM history. Complete the survey today!

[Complete The Survey](#)

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## In Case You Missed It

Dr. Myra Muramoto delivered her first State of The Department Address on Wednesday, October 12, 2022.

A combined 125 DFM colleagues attended in person and online, one of the largest events post COVID.

For those of you who missed it, we have great news! The video is complete and ready for you to watch.

# Dr. Myra Muramoto State of The Department

Watch The Video

## Fun Stuff Just For You

Diversity, Inclusion, and Health Equity (DIHE) in Academic Family Medicine –  
**Are we as good as we think we are?**

Department of Family Medicine

Original research published in 2022.  
<https://bit.ly/3AHFNGD>

**66%** of ADFM chairs feel their DIHE infrastructure works well.

However, **70%** don't have a DIHE designated leader *OR* don't offer their leader any support.

Departments can become stronger in DIHE using a four-step framework.  
**Resources, FTE, Framework**

## Enter To Win A Visual Abstract:

Dr. Cleveland Piggott was the winner of last summer's visual abstract raffle. Check out the final version of his ***Diversity, Inclusion, and Health Equity (DIHE) in Academic Medicine*** visual abstract above.

How would you like to have something like this produced - free of charge - for your project, program, or publication?

It all starts with clicking the button below.

Enter The Raffle

# DFM POSTER SESSION 2022

Wednesday, November 9th  
A01, 3rd Floor  
12 noon to 1:30 PM

Come grab a bite to eat, browse the poster gallery,  
and catch up with your colleagues!



The November DFM Poster Session is fast approaching. This is an opportunity for those with posters to display them and practice your story-telling skills in front of real, live people.

And, for the rest of us, it is a chance to enjoy lunch, browse the poster gallery, and catch up with our DFM family.

[Enter Your Poster Here](#)

[RSVP To Attend](#)

## Department Of Family Medicine News:



The New York Times

Congratulations to DFM's [High Plains Research Network \(HPRN\)](#) and [COMET](#) for their roles in a collaboration with the New York Times focusing on mental health in rural America.

As a result of their efforts, the New York Times recently published an opinion piece grounded in Eastern Colorado. It is a must read and shines the light on the struggles of farmers and people in rural areas in need of access to mental health care services.

An on-the-ground reporter and photographer spent about 4 days in northeast and southeast Colorado. Maret Felzien (HPRN Community Advisory Council member and director of the COMET Training Program), Ashley Espinoza (HPRN C.A.C. member), and JC Carrica (ad hoc HPRN C.A.C. member, Southeast Health Group CEO, and major COMET promoter) organized and hosted the NY Times reporters.

[Read The Article](#)



A stellar team of DFM's behavioral health experts just published in ***Science Direct***.

**Virtual Care for Behavioral Health Conditions**, explores the valuable role of telehealth technology in behavioral health care.

The team discusses the urgent need for virtual behavioral health care against the backdrop of lessons learned during the COVID-19 pandemic.

[Read The Paper](#)



DFM's Dr. Rebecca Mullen continues on her amazing research path looking into the connections between loneliness and Alzheimer's disease.

Dr. Mullen has been awarded one-year funding from the [Doris Duke Charitable Foundation](#) designed to aid physician-researchers to build their independent research careers.

"The funding is immensely helpful because it allows me to hire a PRA and analyst for my loneliness research. The addition of these team members will help to increase and maintain productivity, thereby enhancing my ability to obtain future funding and the overall impact of the work," says Mullen.



# UPDATES

## AND OPPORTUNITIES

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### Research And Innovation:

Announcing newly funded projects:

Title: Developing a Novel Comprehensive Health Measure  
Larry Green-PI, Frank deGruy, Linda Niebauer, Allison Reidmohr  
Contact: [larry.green@cuanschutz.edu](mailto:larry.green@cuanschutz.edu)  
Sponsor: Virginia Commonwealth University

***To learn more about this project or to get involved, be sure and reach out to the contact listed.***

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### Professional Development Pro Tip!

#### **Inclusive Leadership: The Power of Workplace Diversity**

This is through Coursera through CU (on the training dropdown in the portal). Once in Coursera type in the title to arrive at the course.

This course will empower and equip you to develop inclusive cultures where everyone feels valued and respected. You will learn how highly inclusive leaders from around the world use processes of social influence to interact effectively with individuals from a wide variety of backgrounds. You will deepen your understanding of the benefits of diversity. And, you will explore a wealth of perspectives and

practices to help you to reap those benefits.

[Learn More & Register Here](#)



A free, 10-month continuing education program, Weitzman ECHO Advanced Primary Care, is now open for registration. This ECHO learning series is designed to connect rural medical and behavioral health providers to a community of peers and multidisciplinary subject-matter experts to address adult complex health needs related to psychiatry and substance use disorders.

The series has two modules, beginning with the 10-session adult psychiatry module which has high-value curriculum topics including psychiatric medication management, suicidality, anxiety, PTSD, and mood disorders.

The ECHO launches on Thursday, November 17, 2022 and providers can register now.

[Learn More & Register](#)



### More Ways to Give Now

Payroll deduction - One-time gift - Planned giving. Showing your support for DFM is easy.

Visit the Endowment page to learn more about the endowment campaign and how you can become involved.

[Learn More](#)

**Look back at past editions of the DFM Monthly Newsletter**

[DFM Newsletter Archive](#)

CU School of Medicine/Dept. of Family Medicine | 12631 E 17th Avenue, Box F496, Aurora, CO  
80045

[Unsubscribe robert.p.thompson@ucdenver.edu](mailto:robert.p.thompson@ucdenver.edu)

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