



July 29, 2022



Coming Soon To A Clinic Near You!

DFM chair, Myra Muramoto is on a mission to learn as much as she can about the department - and that includes our family medicine clinics.

So, she is hitting the road every month or so to make an in-person visit to each clinic site and to get to know all of our colleagues caring for the health of our communities.

Check out the photos below from the road show stop at Westminster Family Medicine.



Congratulations To Our New Associate Professors !

Kudos to seven of our wonderfully talented DFM colleagues who, just this month, received the rank of Associate Professor!

They are:

Stephanie Gold, MD, Alex Reed, PsyD, Heather Bleacher, MD, Heather Holmstrom, MD, Jessica Devitt, MD, Brooke Dorsey Holliman, PhD, and Shandra Brown Levey, PhD.



UPDATES

Research And Innovation:

Announcing newly funded projects:

June 2022

Continuation Loneliness as a Social Biomarker of Alzheimer's Disease

PI: Rebecca Mullen

Contact: rebecca.mullen@cuanschutz.edu

Sponsor: Alzheimer's Association

Expanding Psychology Interns' Training and Service Delivery for OUD Treatment

PI: Audrey Blakely-Smith

Contact: audrey.blakeleymsmith@cuanschutz.edu

DFM Team: Shandra Brown Levey, Lauren Tolle, Jarrod Ellingson

Sponsor: HRSA

To learn more about this project or to get involved, be sure and reach out to the contacts listed.

The Chosen One:

Shout out to DFM's Bonnie Jortberg and team that worked on *The Fit Family Challenge: A Primary Care Childhood Obesity Pilot Intervention*.

Their paper, published in the Journal of the American Board of Family Medicine (JABFM), has been chosen as one of three selected to be included in the Primary Care Collaborative's curated list of essential primary care research articles.



[Read More About It](#)

And, There's More:

Also in the JABFM this month, our Dr. Cleveland Piggott is one of a team of authors on *Evaluating the Uptake of Anitracism Training, Policies, and Practices in Departments of Family Medicine*.

[Read The Paper](#)



Professional Development Pro Tip!

LinkedIn Learning offers thousands of courses on everything from Excel to project management to career planning and communication skills. CU provides access for **FREE!** Check out these well-being classes: [Upgrading Your Confidence and Courage At Work](#), [How to Train Your Brain for Maximum Growth](#), or [One Minute Habits for Success](#).

Department Of Family Medicine News:

Catch up on the latest DFM news including transition in Practice Innovation and some good trouble for one of our colleagues.

Click the button below to visit the newsroom on the DFM website.

Family Medicine News

Getting To Know You:

Dr. Cleveland Piggott recently led an in-person Myers-Briggs session for DFM staff.

Not only did we learn more about our personality types and how that knowledge can be used to enhance our working relationships, but for many new hires this was an opportunity for them to meet the team!

Thanks, Cleveland!





He's A Good Sport:

Don't miss your chance to bid a fond farewell to Dr. John Hill.

The sports medicine legend is officially retired and now is our chance to say thanks.

The virtual celebration is set for Tuesday, August 2, 2022, beginning at 4 pm. Check your inbox for the calendar invite and ZOOM link.



Be sure to save-the-date for the CU Anschutz Block Party on Wednesday, September 14, 2022.

Click the button below to learn more about what to look forward to!

[Learn More](#)

It Still Hurts!

DFM's Krystle Wetherbee and Robert Thompson have a little something to brag about - though they are both still recovering.

The pair competed this month in CG Games.

CG stands for Camp Gladiator. It is a nationwide bootcamp-style fitness program.

Both Wetherbee and Thompson train with local CG trainers. And, while neither broke any course records - they did finish.

Way to go!

