



Department of
Family Medicine

Providing Outstanding Care to Patients
Creating New Knowledge
Training the Primary Care Workforce
Connecting with Our Communities

September 24, 2020



Can You Say Stress?

How are you doing?

We are six months into living life in a pandemic. Dealing with stress we never imagined.

We all have good days and some not-so-good days.

In addition, our country is in crisis with protest over racial violence and injustice - not to mention an upcoming presidential election that dominates the 24-hour news cycle with seemingly endless political scandal, crisis, and angry dissension.

So, seriously, how are you doing? Need some support? Start with the Department of Psychiatry's COVID-19 Support website. Check it out by clicking on the button below.

And remember, we are Family Medicine. We are a family and none of us should ever feel that we are alone. Reach out to your colleagues for support. We are in this together and, together, we will survive and thrive.

[Visit The Website](#)



Family Medicine **UNITED** for Colorado

DFM Pioneers New Collaborative Support Movement

The medical profession continues to adapt to the pandemic - especially family practices struggling to balance safety with making sure that they can care for their patients.

Family Medicine United for Colorado is a collaborative volunteer community of solutions organized around the principle of collective action in response to Colorado's growing primary care crisis.

[Learn More](#)



It's Time!

Make sure and arm yourself and your family against seasonal influenza.

It's more important than ever in this age of COVID-19. Click the button below to link to more information from Employee Services on how and where to get your vaccination.

[Learn More](#)

New Video

The Preventive Medicine Residency is the first out with their recruitment video.

Others are soon to follow.

These videos are meant to aid in giving potential recruits a personal introduction to our programs since the pandemic has quashed traditional campus visits for now.



[Watch The Video](#)



It's Greek To Me!

Take some well deserved time to unplug and learn how to cook the Greek delicacy Spanakopita.

DFM's own Marilyn Stasinopolous is your chef/instructor. Friday, October 2nd, at 4 pm.

Look for the recipe and invite in your email inbox.



More Ways to Give Now

Payroll deduction - One-time gift -
Planned giving.

Showing your support for DFM is
easy.

Visit the Endowment page to learn
more about the endowment
campaign and how you can become
involved.

[Visit The Endowment Page](#)



Make It A Priority!



Professional Development Pro Tip!

The Learning & Development team has created a Manager Certification Program that helps supervisors and leaders (and those looking to move into those roles) develop the foundational skills to be successful.

The training component of the program consists of 14 core curriculum classes and a minimum of 3 electives (most at little to no cost). There is also a framework for developing OJT experiences to help assist with practicing the skills, as well as a coaching piece for supervisors.

The program is open to faculty and staff, is self-paced, and supervisor approval is required to participate

Make sure that you are registered to vote. Then either mail-in, drop off your ballot or vote in-person. This is important.

(mostly so they can mentor you through the program). For more information, please visit the Manager Certification [website](#).

SUBSCRIBE



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