DEPARTMENT OF FAMILY MEDICINE

COMMUNITY ENGAGEMENT PROGRAM

MONTHLY MEETING

DFM-CEP-MM

January 20, 2026

Anschutz
School of Medicine

Department of Family Medicine **Community Engagement Program**
University of Colorado **Anschutz Medical Campus**

Agenda Format

- Welcome:
  - Introductions and ice breaker: in the chat 3min
- DFM-CEP-MM purpose, group norms and updates
  - Heather, Sheryl and Vanessa: 10 min
- Presentation: ~25-30min
- Q & A: 10-15min
- Group share and check in *(if time allows)*
- Survey link and adjourn

Introductions and Ice Breaker

Introductions

In the chat, please share:

Your name, pronouns, title, organization, and email.

Ice Breaker questions

In the chat, please share:

What is a skill that you would like to have, or develop further?

and/or

What is a skill that you possess that you would like to share with others?

DFM Community Engagement Program Monthly Meetings (DFM-CEP-MM)

Meeting Purpose:

- To increase awareness of programs and activities being done in community spaces across the state by DFM faculty, physicians, clinicians, staff, researchers, medical residents, and students as well as fellow colleagues across the Campus working in areas of community engagement and activities that promote health access and healthy outcomes.
- To learn and hear from nonprofits, state agencies, community-based organizations *(such as community groups, potential partners, and community residents)* about the resources and support they provide to our Colorado communities.
- To provide opportunities for our family medicine clinics to broaden their awareness of Campus and community-based resources available.
- To create an opportunity to make connections with each other.

DFM-CEP-MM Suggested Group Norms

- Please add your pronouns to your name in zoom meetings.
- Make sure that your microphone is on mute during presentations.
- During the presentation portion of the meeting, put questions into the chat or use the raise hand button.
- Cameras on, whenever possible, especially if we are hosting guests from an outside organization.

Schedule of upcoming CEP Monthly Meetings:

Date	Presenter	Topic
February 17, 2026	• **Anne Marie Potter**, (she/her), Outreach Specialist • **James Sanchez, (he/him)** Director II, Career Development Services	**Goodwill's Career Development Resources**: The Excel Center is CO first high school for adults addressing the short fall of 300,000 people in the state who have not received a diploma.
March 17	• Announcement coming soon	
April 21	• Announcement coming soon	
May 19	• TBD	
June 16	• **Javari McGill,** Customer Assistance Strategy and Performance Consultant	Xcel Energy Medical Assistance Programs

Additional Notes

- **New to this group?** Please add your name, email, and organization to the chat.
- Join our Listserv. Email DFM.CommunityEngagement@CUanschutz.edu
- View our upcoming calendar and our past **CEP Monthly Meeting recordings:** https://medschool.cuanschutz.edu/family-medicine/our-communities/colorado-community
- Do you have a suggestion for a future presenter or topic? Add it to our **suggestion box**: https://forms.office.com/r/V4KD58XD4m

Community Events, Opportunities and Resources

- **CU Anschutz Food Pantry** and **Student Emergency Fund** helps the 34% CU Anschutz Students experiencing food insecurity and financial hardships. Right now, there is a 3x donation match for anyone wishing to support the CU Anschutz Student Support Fund.

- January 22, 11-12, Register for the upcoming Aurora Health Alliance's **Quarterly Community Meeting**. Additionally, you can sign up for their newsletter or reach out via their contact form to join one of their workgroups: access to specialty care, improving access to oral care, and improving care to the unhoused.

- January 28, 12-1 ACCORDS and CCTSI Community Engagement Core will co-host a **Community Engagement Forum** on "Engaging Community in Data Analysis and Interpretation" that will focus on the importance of working alongside community in data analysis and interpretation. This forum will discuss the meaningful insights and context that the community lens brings to this process.

Community Events, Opportunities and Resources

- Educational Event: February 5, 8-2 **Hope and Healing: Gynecologic Cancer Survivorship & Beyond.** This event will showcase latest in research breakthroughs, innovative treatment options, whole-health, cutting-edge clinical trials, sexual wellness, menopause management, and gain expert insights during our interactive provider panel session. Hosted by the CU Division of Gynecologic Oncology in partnership & the CO Gynecologic Cancer Alliance, the event will have morning refreshments, lunch, and parking included with registration. Space is limited. Register and learn more. Attendees can contact freda.ireigbe@cuanschutz.edu to attend the event free of charge.

- Resource Alert! Communities Lead, Communities Thrive (CLCT) has launched a **Colorado State Grant Database for Nonprofits**. This is a free and accessible tool. www.coclct.org/stategrants/

We appreciate your feedback!

The 2026 **DFM-CEP-MM survey** is now available.

Open the link in the chat so it's ready to complete after the meeting.

It just takes 2 minutes. Thanks!



https://forms.office.com/r/0nvdtnmPtb

Today's Presenters





RMPHTC
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- **Sarah Davis**, MNM, Co-Director RMPH-TC
- **DeAnna Rumsey**, MPH, Program Operations Manager, Colorado School of Public Health| RMPH-TC

Rocky Mountain Public Health Training Center

You're committed to fostering healthy communities. We're committed to supporting you.

Department of Family Medicine Community Engagement Program Monthly Meeting

January 20, 2026

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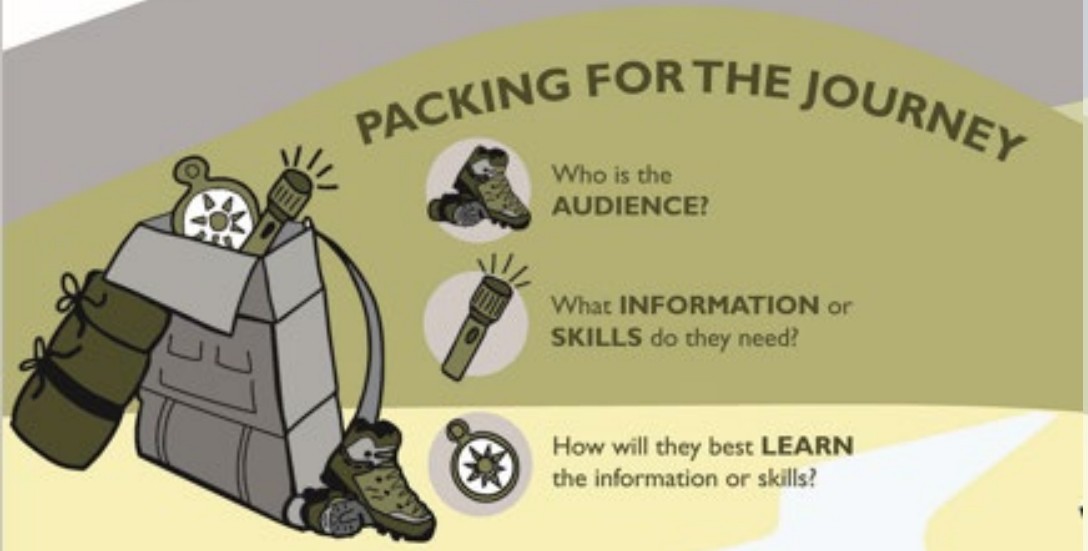
Rocky Mountain Public Health Training Center

You're committed to fostering healthy communities. We're committed to supporting you.

The Rocky Mountain Public Health Training Center works in partnership with subject matter experts to develop a skilled workforce, prepared to address public health needs in their communities.

Our expertise in adult learning theory and instructional design ensures engaging, relevant trainings.

Our innovative use of distance learning technology makes training accessible and connects professionals throughout Colorado, Montana, North & South Dakota, Utah, and Wyoming.



Center for Public Health Practice
colorado school of public health



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Our Training Approach

PACKING FOR THE JOURNEY



Who is the **AUDIENCE?**



What **INFORMATION** or **SKILLS** do they need?



How will they best **LEARN** the information or skills?



Technical → ***Problem*** → ***Complex***

Issue is well-known and there are proven best practices to address it.

Represents an emerging practice, requires adaptive and collaborative leadership and systems thinking

	Technical			Problem			Complex		
							Learning Community / Community of Practice		
Online	Webinar / Recording	Online Module	Online Toolkit	Virtual Workshop	Online Course	Virtual Workshop	ECHO Series	Coaching	
In Person	Presentation			In-Person Training		Skill-Building Workshop			

RMPHTC
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Trainings – FY25



280 Learning Opportunities



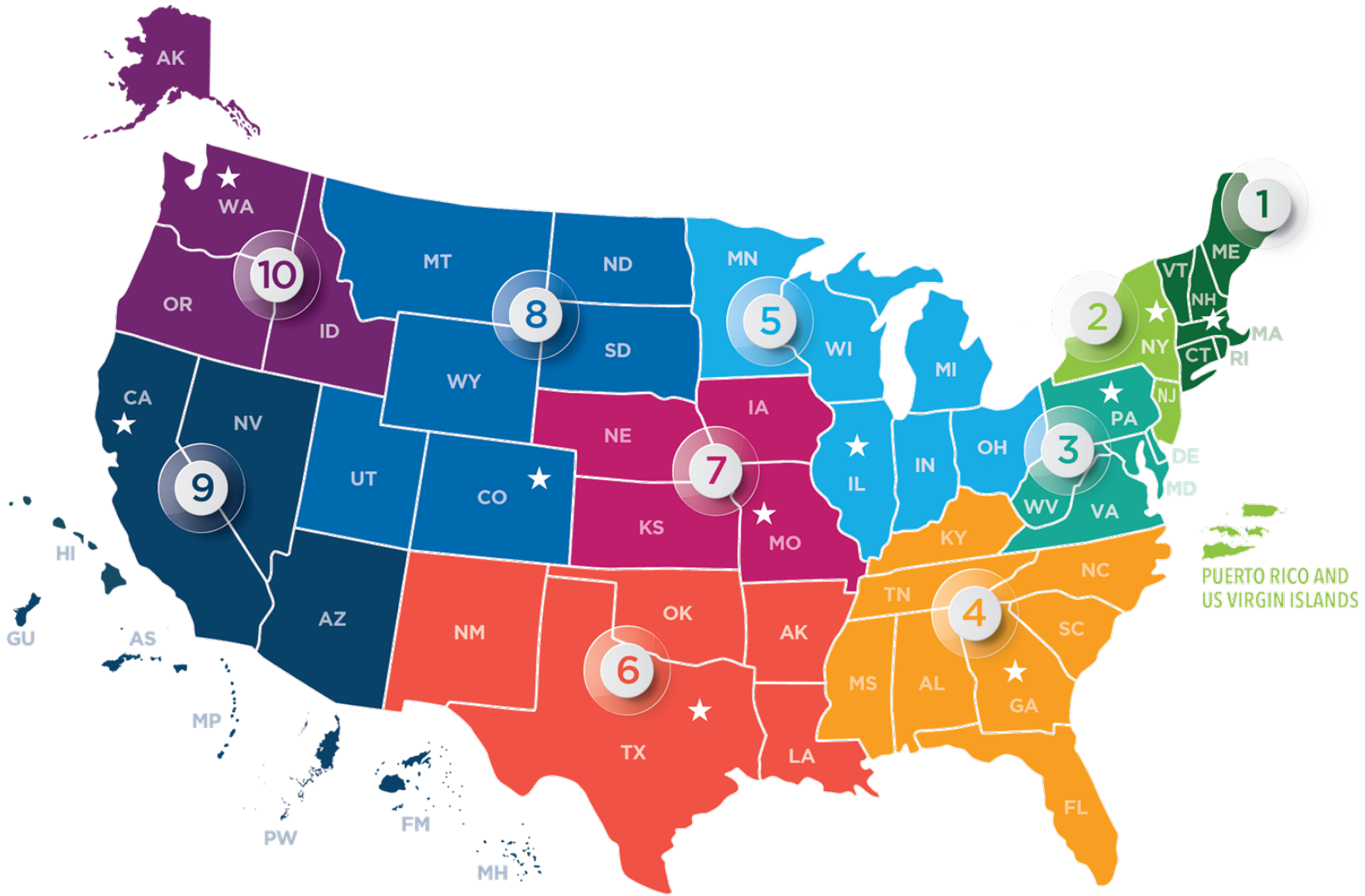
1,437 Hours of Training



10,541 Participants

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Regional Public Health Training Center Network



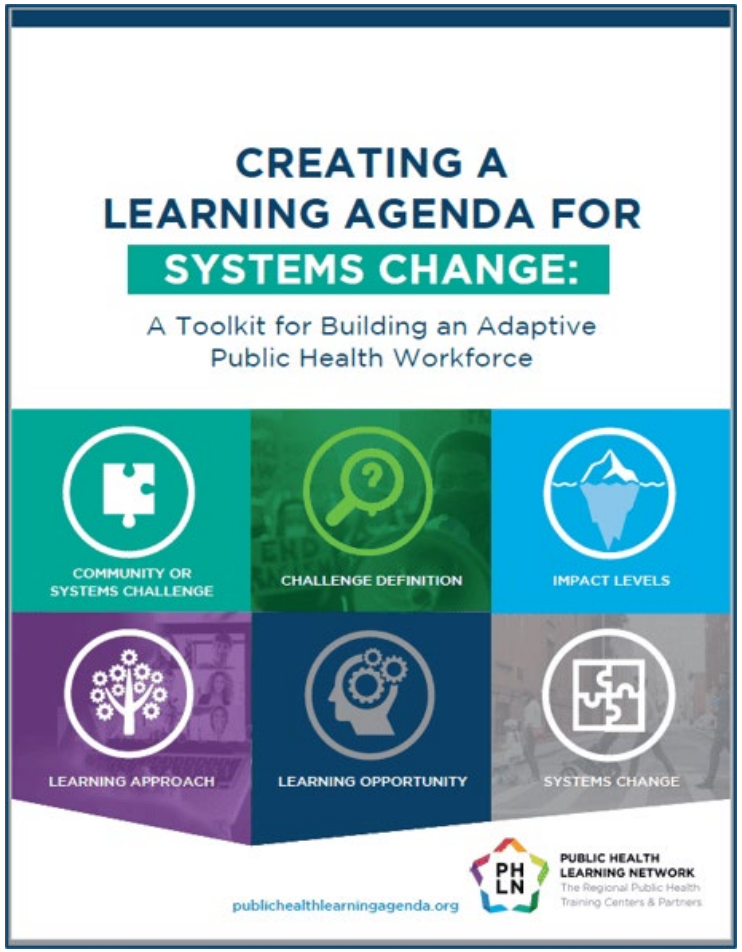
PHTC NETWORK

PUBLIC HEALTH TRAINING CENTER NETWORK

PHTC Network Collaborations

PH WINS

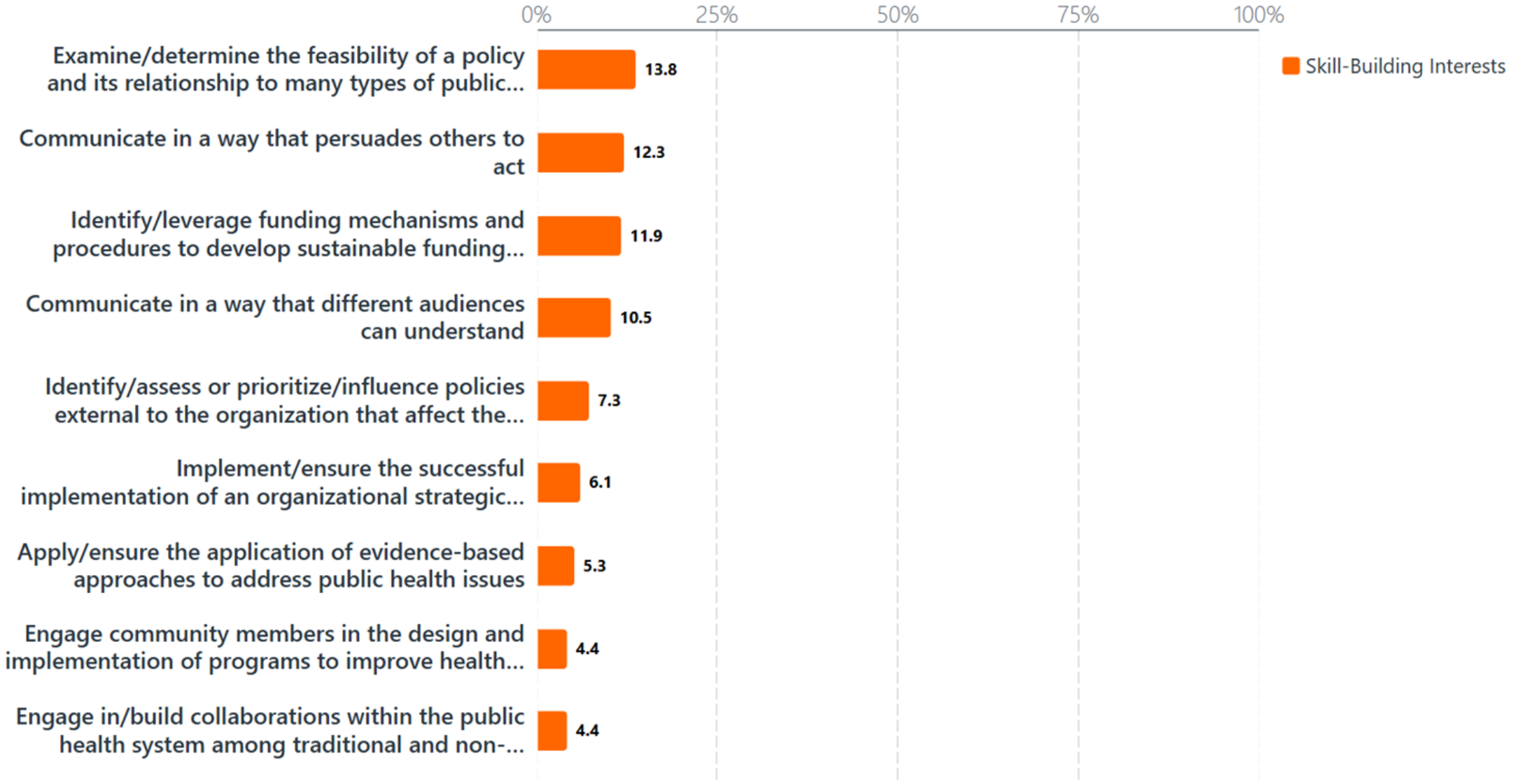
PUBLIC HEALTH WORKFORCE INTERESTS AND NEEDS SURVEY



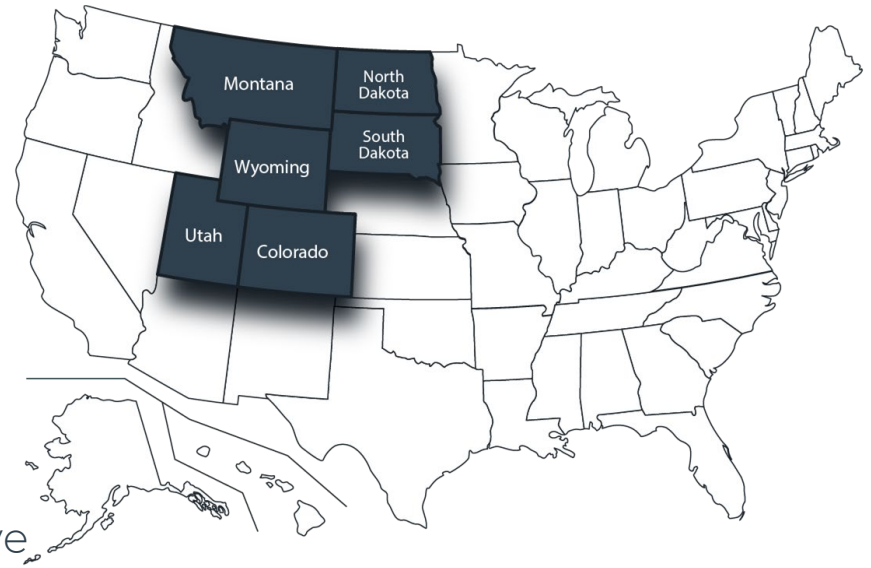
PHTC NETWORK

PUBLIC HEALTH TRAINING CENTER NETWORK

PH WINS Data on Skill-building Interests in R8



Regional Partners



Executive Committee

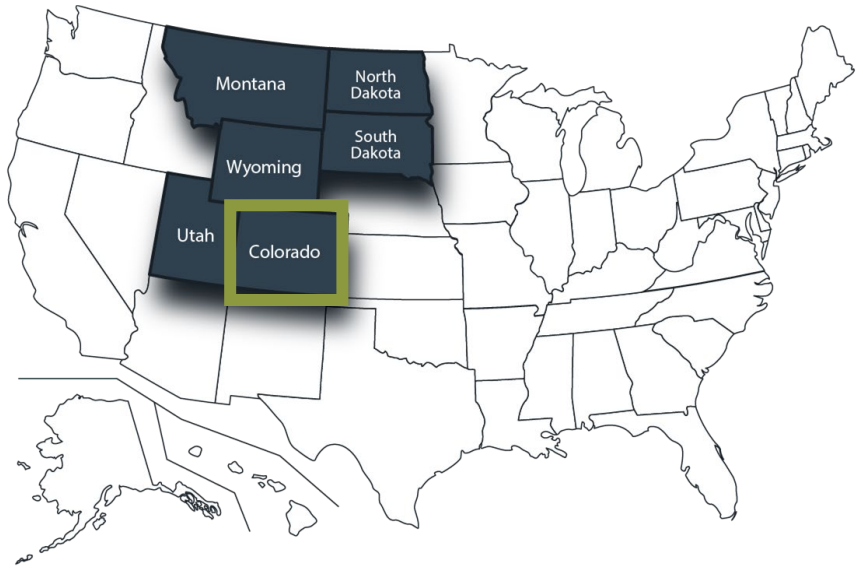
- Community HealthCare Assoc. of the Dakotas (CHAD)
- Community Health Assoc. of the Mountain Plains States (CHAMPS)
- MT Area Health Education Centers (AHEC)
- MT Public Health Training Center
- Patient Navigator & Community Health Worker Training Collaborative
- Regional Institute for Health & Environmental Leadership (RIHEL)
- University of Utah
- Wyoming Institute for Population Health

Advisory Committee

- State Associations of Local Public Health Officials: CO, MT, UT
- State Associations of Public Health: MT, UT, WY
- State Health Departments: CO, MT, ND, SD, UT, WY
- Training Providers:
    - Denver Prevention Training Centers / National Network of Prevention Training Centers
    - Great Plains Quality Improvement Network
    - ND Public Health Training Network
    - Rocky Mountain Prevention Research Center
    - SLM Consulting
    - WY Nonprofit Association

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Colorado Partnerships



Colorado Department of Public Health & Environment

- Office of Public Health Practice, Planning, and Local Partnerships (OPHP)
- Chronic Disease Branch
- Communicable Disease Branch
- Violence and Injury Prevention & Mental Health Promotion Branch

University of Colorado – Anschutz Medical Campus

- Barbara Davis Center
- Colorado AHEC
- Consortium for Prescription Drug Abuse Prevention
- Injury and Violence Prevention Center
- Rocky Mountain Prevention Research Center

Public Health Infrastructure Grant Region 8 Training & TA Hub

- Colorado Health Institute
- Public Health Institute at Denver Health
- Trailhead Institute

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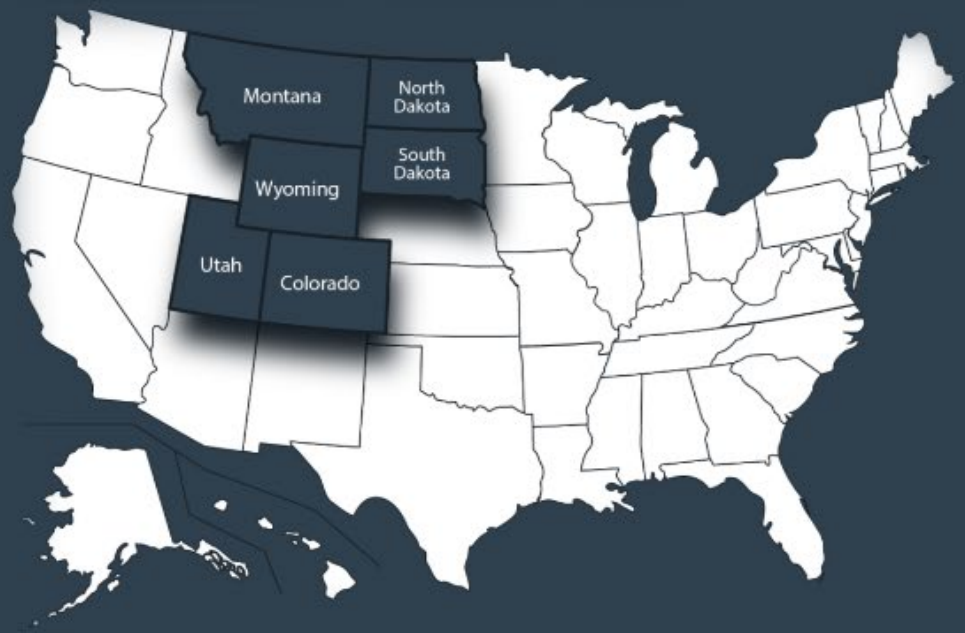
Welcome

Sign Up for Our Mailing List

Rocky Mountain Public Health Training Center

The Rocky Mountain Public Health Training Center (RM-PHTC) is housed within the Center for Public Health Practice at the Colorado School of Public Health. We serve Region VIII of the Health Resources & Services Administration (HRSA) training center network – which includes Colorado, Montana, North and South Dakota, Utah, and Wyoming.

RM-PHTC offers convenient and flexible training that addresses critical public health issues. Together with our training partners, we are building and sustaining a skilled public workforce— today, and for the future!



Multi-Session, Cohort-Based Learning: Online Courses







[Training Public Health Professionals on Adaptive Challenges—An Innovative Approach Using Remote Learning Modalities](). Journal of Public Health Management and Practice, 2021

Leadership Advancement in the Public Health and Population Health Workforce



Facilitation: From Brainstorming to Decision Making

Discover virtual facilitation strategies and their real-world applications.



Region 8 Public Health Leadership Institute for Systems Change

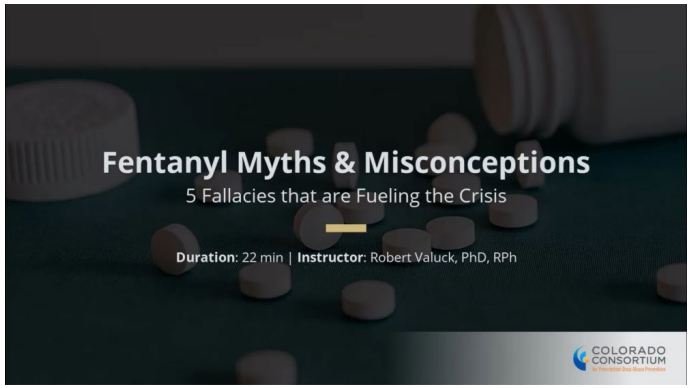
This six-month program offers a dynamic learning experience, combining facilitated and...



The Inner Strength of a Leader - Mastering Resilience

Learn how to manage your resilience capacity, apply proven resilience-building techniques...

Self-Paced Online Modules





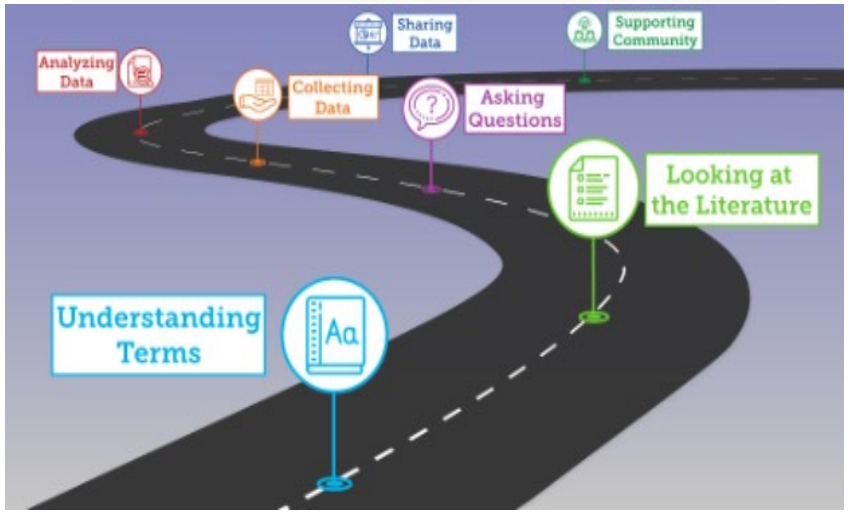
Extreme Risk Protection Orders for Mental Health and Healthcare professionals

PAUSE
FOR YOUR WELL-BEING

Cannabis Education Online Training Suite



Data State of Mind Online Modules



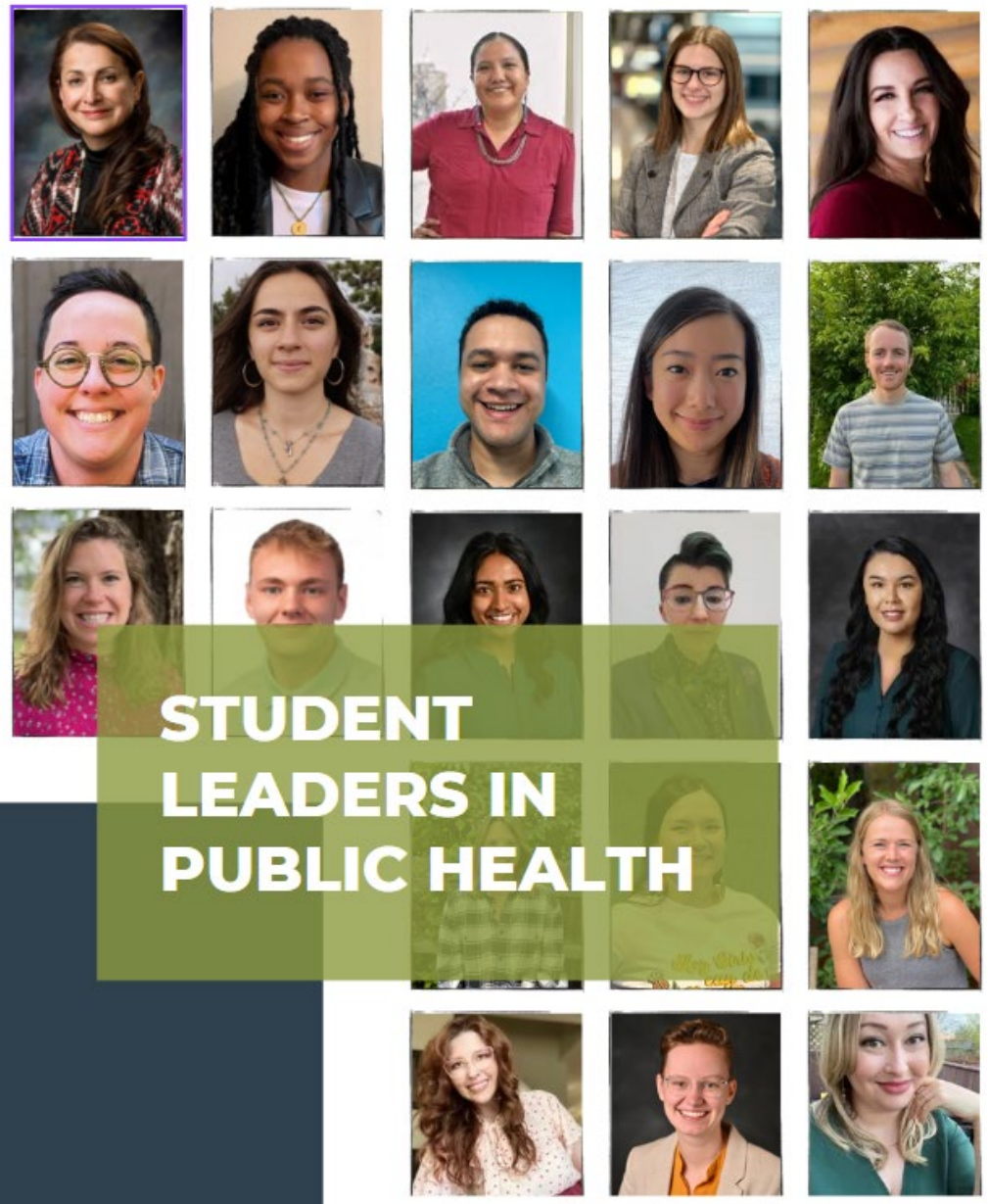
RM-PHTC Trainings offered with partner organizations



Alzheimer’s Disease and Related Dementias



2025 Immunization Updates



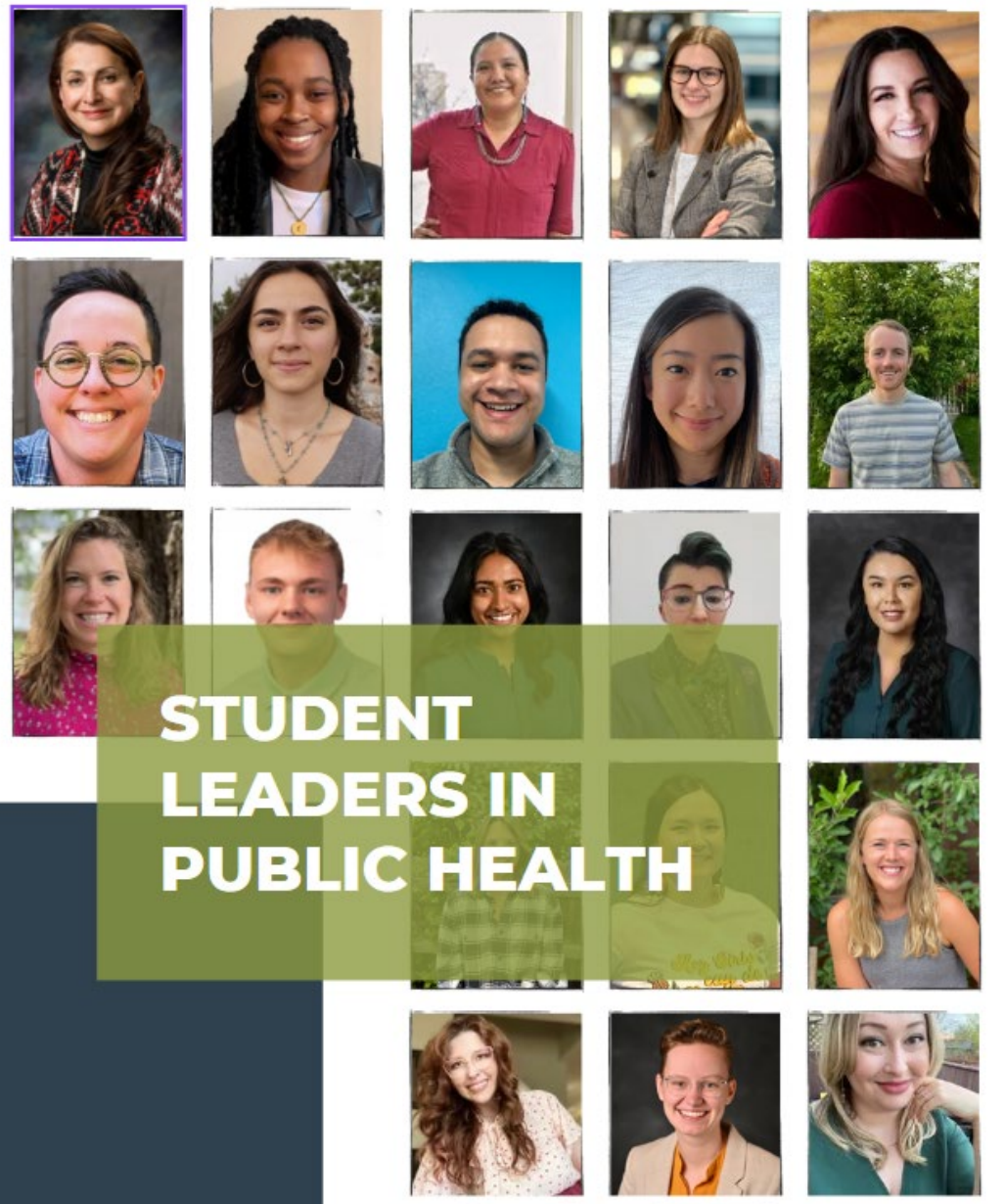
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Student Leaders in Public Health

Award 27 stipends of $3,500 annually

Recent Colorado site partners:

- Colorado Asian Culture and Education Network
- Colorado Perinatal Care Quality Collaborative
- Colorado Cross-Disability Coalition
- Denver Health Patch
- Disability Equity Collaborative
- Gunnison Valley Health
- Gunnison Country Food Pantry
- Gunnison County Juvenile Services
- Lutheran Family Services Refugee and Asylee Program
- Northeast Colorado Health Department
- Medical Legal Partnership Colorado
- Mile High Behavioral Healthcare
- Southern Ute Indian Tribe
- Rocky Mountain Multiple Sclerosis Center
- University of Colorado-Anschutz
- University of Colorado Denver School of Public Affairs
- Weld County School District 6
- Weld County Health Department



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Student Leaders in Public Health

27 stipends awarded in 2024-25

- CO (10), MT (6), ND (3), SD (2), UT (5), WY (1)

Example Project Topics:
Policy needs identification for rural disabled adults, policy education for the greater Colorado disabled community, and the intersection of housing affordability/accessibility and disability.

Strengthen the workforce capacity, skills and capabilities of a rural local public health department by developing staff competencies in cultural competency, health equity, and technological skills.

SLPH Application for 2025-26

RM-PHTC encourages applications from

- Students proposing field placements working with medically underserved/rural/tribal areas or populations

All eligible applications will be reviewed by the *Student Leaders in Public Health* Review Committee. The SLPH Review Committee is made up of RM-PHTC staff, faculty members and community public health practitioners.

https://www.rmphtc.org/student-leaders-in-public-health/

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Questions? Ideas?

Want to schedule a time to talk? https://calendly.com/rmphtc-sarahdavis/new-project-meeting

Q & A

Feel free to:

- come off mute to ask your questions,
- put your questions into the chat,
- or use the raise hand button.

Thank you for coming. Our contact info:

DFM's Community Engagement Program: DFM.CommunityEngagement@CUanschutz.edu

Heather Bleacher, MD MPH (she/her)
Faculty, University of Colorado Family Medicine Residency
Director of Community Health Initiatives and Outcomes,| Department of Family Medicine
Associate Professor, University of Colorado School of Medicine
E: Heather.Bleacher@CUanschutz.edu |

Sheryl Harrington (she/her)
Community Engagement Program Manager | Department of Family Medicine
E: Sheryl.Harrington@CUanschutz.edu |

Vanessa Owen, MA (she/her)
Senior Research Services Professional
Community Health Curriculum Coordinator | Department of Family Medicine
E: Vanessa.Owen@CUanschutz.edu |

Group Share and Check In

- **Do you have an event or community activity that you want us to share with the group?** Raise your hand or come off mute.

- Don’t forget to email event details to DFM.CommunityEngagement@CUanschutz.edu by the end of the day so we can share it in our follow-up email.

We appreciate your feedback!

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Open the link in the chat so it's ready to complete after the meeting.

It just takes 2 minutes. Thanks!



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