

DFM-C3E-MM

Department of Family Medicine
Community-Centered Clinical Excellence
Monthly Meeting

May 19, 2026

Agenda Format

- Welcome:
  - Introductions and ice breaker: in the chat 3min
- DFM-C3E-MM purpose, group norms and updates
  - Heather, Sheryl, Gil and Taryn: 10 min
- Presentation: ~25-30min
- Q & A: 10-15min
- Group share and check in *(if time allows)*
- Survey link and adjourn

The C3E Team



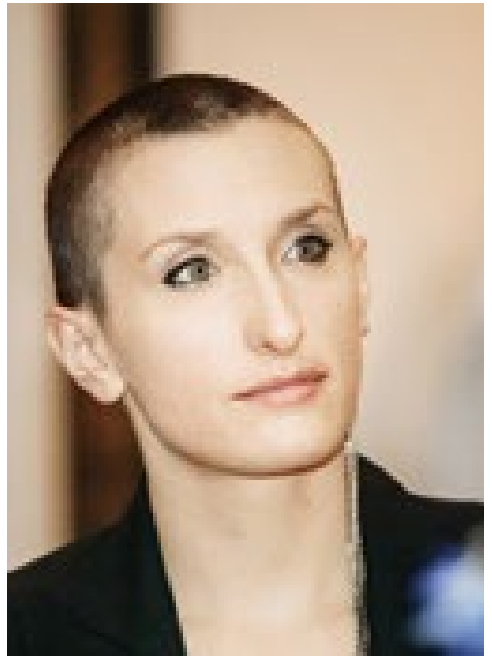
Heather Bleacher, MD
she/her



Sheryl Harrington
she/her



Gilbert Achay
he/him



Taryn Bogdewiecz,
they/them or xe/xem/xyrs

Introductions and Ice Breaker

Introductions

In the chat, please share:

Your name, pronouns, title, organization, and email.

Ice Breaker questions

In the chat, please share:

Name a community organization you have visited this past year and what took you there.

or

What is a community organization you would like to visit?

DFM Community Centered Clinical Excellence Program Monthly Meetings (DFM-C3E-MM)

Meeting Purpose:

- To increase awareness of programs and activities being done in community spaces across the state by DFM faculty, physicians, clinicians, staff, researchers, medical residents, and students as well as fellow colleagues across the Campus working in areas of community engagement and activities that promote health access and healthy outcomes.
- To learn and hear from nonprofits, state agencies, community-based organizations *(such as community groups, potential partners, and community residents)* about the resources and support they provide to our Colorado communities.
- To provide opportunities for our family medicine clinics to broaden their awareness of Campus and community-based resources available.
- To create an opportunity to make connections with each other.

DFM-C3E-MM Suggested Group Norms

- Please add your pronouns to your name in zoom meetings.
- Make sure that your microphone is on mute during presentations.
- During the presentation portion of the meeting, put questions into the chat or use the raise hand button.
- Cameras on, whenever possible, especially if we are hosting guests from an outside organization.
- We're glad you have joined us today!

Schedule of upcoming C3E Monthly Meetings:

Tuesday, June 16	Javari McGill, Customer Assistance Strategy and Performance Consultant	Xcel Energy Medical Assistance Programs
Tuesday, July 21	Maritza Orozco-Reyes, RDN, Certified Diabetes Care & Education Specialist, Adams County Health Department	The ACHD will share about their work supporting people who have diabetes or who are at risk of developing diabetes. They will highlight their free programs for Diabetes Management and Diabetes Prevention.
Tuesday, Sept 15	Be Well is a grassroots community driven initiative that empowers residents through local engagement, policy education and health promotion strategies.	Be Well Health & Wellness Initiatives: • Block Captains • Centers • Health Policy • Youth
Tuesday, October 20	RTD (Regional Transportation District)	RTD will cover these offices and programs: • Paratransit: Access-a-Ride, Access-on-Demand • Civil Rights Division: Transit Equity Office, ADA Compliance Office • Community Engagement • Homelessness Outreach Coordination

Additional Notes

- **New to this group?** Please add your name, email, and organization to the chat.
- Join our Listserv. Email **DFM.CommunityEngagement@CUanschutz.edu**
- View our upcoming calendar and our past **C3E Monthly Meeting recordings**
- Do you have a suggestion for a future presenter or topic? Add it to our **suggestion box**

Community Events, Opportunities and Resources

5/20 & 21 Be Well Health and Wellness Initiative is hosting the national walkability expert Mark Fenton for a **two-day Walk Audit Training**!

- Day 1: **Learn and Connect** at the Bluff Lake Nature Center, 9-5pm. Register
- Day 2: **Get Out and Walk** (morning or evening). Freshlo Community Center (morning 9-12, Register) or the ABC Community Hub (evening 5-8pm, Register)

5/27, 12-1pm, **Free lecture** with **Admiral Rachel Levine, MD**, on, "*Primary Care's Role in Improving Health Equity*". The event is sponsored by the Farley Health Policy Center, the Department of Family Medicine, and the Public Health Ethics & Law Program. Register: virtual or in-person (lunch at 11:45).

- After, a fireside chat with Dr. Levine facilitated by Public Health Ethics and Law Program Director Daniel Goldberg, JD, PhD from 2-3 p.m. Register separately (online & in-person).

5/28 & 29 12-4pm MT, National Asian American Pacific Islander Mental Health Association is hosting a **free Mental Health First Aid certificate** virtual 2-day training. Register by 5/21

FYI/Resource: Stay up to date on the changes to Colorado Medicaid on the HealthFirst Colorado website. Forthcoming Colorado Medicaid and CHP+ changes, will have narrower immigrant eligibility beginning 10/1/26, and work/community-engagement requirements for many adults beginning 1/1/27

We appreciate your feedback!

The 2026 **DFM-C3E-MM survey** is now available.

Open the link in the chat so it's ready to complete after the meeting.

It just takes 2 minutes. Thanks!



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Today's Presenter

Tessa Carlson, BS, (she/her), Program Manager,
BOND Mentoring & Community Engagement, CU Office of Access & Engagement

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Department of Family Medicine
Community-Centered Clinical Excellence
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Office of Access and Engagement

UNIVERSITY OF COLORADO **ANSCHUTZ MEDICAL CAMPUS**

Office of Access and Engagement

UNIVERSITY OF COLORADO **ANSCHUTZ MEDICAL CAMPUS**

Access and Connection Initiatives

Presented by: Tessa Carlson, she/her
Program Manager, Office of Access and Engagement



About OAE

OUR MISSION

We connect people, resources, and opportunities – on campus and beyond – to foster collaboration, access, and trust. We create opportunities and spaces where students, faculty, staff, and community can thrive, supporting wellness and a sense of belonging.

OUR VISION

A future where CU Anschutz is recognized as an invaluable resource – both for those who learn and work here and for the communities we serve – supporting awareness of high-quality education, healthcare, and research, and pathways to thrive.

OUR VALUES

Build Trust Champion Inclusion Lead with Integrity Innovate with Purpose
Empower Strengths Adapt and Persevere Inspire Learning

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About OAE Cont.

- Home to HEAL, Community Engagement, and the Office for Educational Outreach and Pathway Initiatives
- Formed in July 2020 (formerly ODEICE)
- Team size is 17 (and counting!)
- Our work centers around creating access and belonging, and addresses some of the SDOH



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Social Determinants of Health

Social factors that impact health outcomes

- Economic Stability
  - Job opportunities
- Education Access and Quality
  - Language and literacy skills
- Health Care Access and Quality
- Neighborhood and Built Environment
  - Safe housing, transportation, pollution, access to nutritious food, and physical activity opportunities
- Social and Community Context
  - Discrimination (racism, sexism, ableism, classism, etc.), and violence



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Training & Workshops

PILLAR: HEAL

HEAL fosters action and leadership to improve health through training, consultation, and deliberate practice.





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CONNECT:

- *Take the 4-part HEAL Foundations of Inclusive Excellence Certificate Program*
- *Apply for the Train the Trainer Program (learn to facilitate FIE or Community Circles)*
- *Request a training, consultation, or presenter for your event or activity*

Campus Community Building

PILLAR: HEAL

HEAL creates opportunities for people to share experiences and build relationships.



CONNECT:

- *Join our weekly(ish) Community Building Circles*
- *Request a Community Building Circle for your team*
- *Join our regularly scheduled Crafting Community events*



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BOND Mentoring

PILLAR:
HEAL

The BOND Mentoring Program is designed to increase access to mentorship and community for all CU Anschutz staff and faculty.



CONNECT:

- *Apply to be a mentor or mentee*
- *Look out for information on BOND Peer-to-Peer Mentoring*



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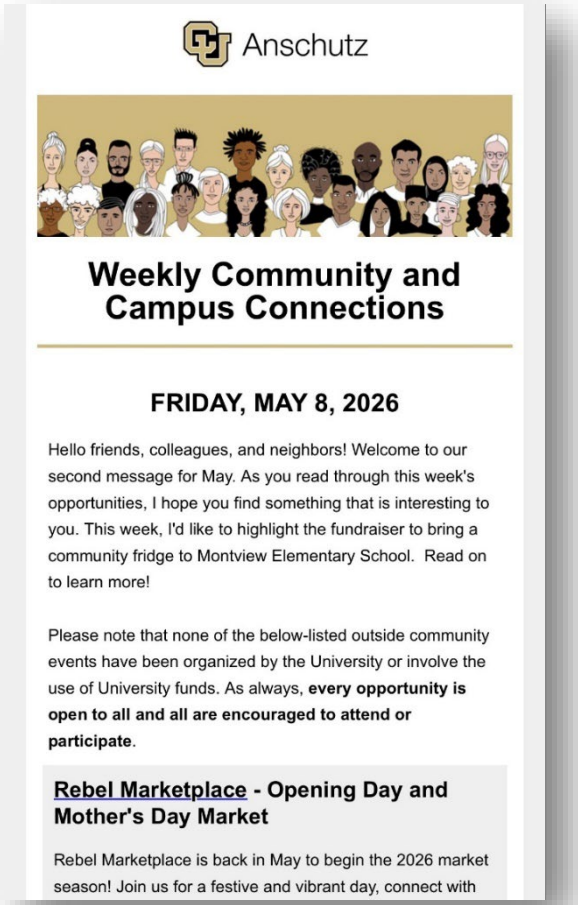
Community and Campus Connections

PILLAR: COMMUNITY ENGAGEMENT

Promoting and fostering opportunities for the community and campus to connect.

CONNECT:

- *Sign up for the CCC email*
- *Submit an opportunity for the CCC email*
- *Attend a CCC meeting*
- *Present at a CCC meeting*



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Weekly Community and Campus Connections

FRIDAY, MAY 8, 2026

Hello friends, colleagues, and neighbors! Welcome to our second message for May. As you read through this week's opportunities, I hope you find something that is interesting to you. This week, I'd like to highlight the fundraiser to bring a community fridge to Montview Elementary School. Read on to learn more!

Please note that none of the below-listed outside community events have been organized by the University or involve the use of University funds. As always, **every opportunity is open to all and all are encouraged to attend or participate**.

Rebel Marketplace - Opening Day and Mother's Day Market

Rebel Marketplace is back in May to begin the 2026 market season! Join us for a festive and vibrant day, connect with



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Career Exploration



PILLAR:
EDUCATIONAL OUTREACH
& PATHWAY INITIATIVES

We help students gain access to information about science and different careers in the health sciences through:

- Monthly(ish) career exploration visits for low-income high schools
- Career exploration panels
- Presentations
- Participation in school activities

CONNECT:

- *Volunteer for CE days*
- *Volunteer on panels*
- *Provide a presentation*
- *Volunteer at school activities*

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Pathway Programs

PILLAR:
EDUCATIONAL OUTREACH
& PATHWAY INITIATIVES

CU Pre-Health Scholars Program (CUPS)

CUPS serves grades 6 – 12, exposing scholars to high-impact events, research, STEAM, and healthcare careers in preparation for post-secondary education, professional health careers, or graduate school.

Undergraduate Pre-Health Program (UPP)

UPP supports undergraduate students as they explore healthcare and learn about health disparities, health policy, STEAM, research, and social justice issues impacting equity in healthcare.



CONNECT:

- *Volunteer at CUPS Saturday Academies*
- *Participate in UPP mock interviews*

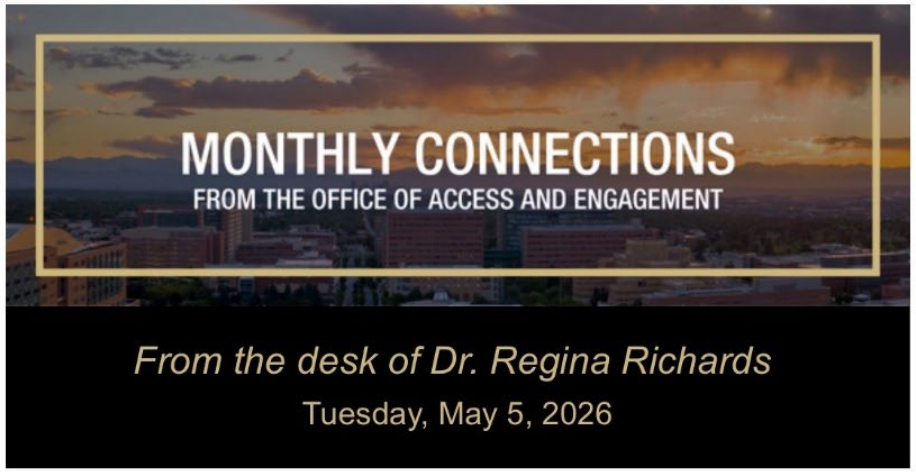
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Monthly Connections Message

Keep an eye out for our monthly campus-wide messages that highlight all the things we are working on and how you can stay connected!

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From the desk of Dr. Regina Richards

Tuesday, May 5, 2026

Greetings,

As we move into this month (May), I'm grateful for the many ways our community continues to show up for one another. This month invites us to reflect on the dignity of work, continuous care for **all** including women's and community health, and the importance of mental health and wellbeing – especially as we embark upon the busy and celebratory graduation season. Congratulations to **ALL** CU Anschutz graduates on your well-deserved accomplishments. Additionally, I'd like to send a special **"shout out"** to all our educators, mentors, support staff, etc., who have been on this journey in support of our graduates' success.



Regina Richards, PhD, MSW
Vice Chancellor for Access and Engagement

The Office of Access and Engagement remains committed to advancing access, engagement, connections, and support across our campus and beyond. I'm inspired everyday by the impact of this collective mission-aligned work. Lastly, thanks to everyone for **all** you do to foster belonging and opportunity on campus, to patients and families, and in the communities we serve.

Feel free to reach out



Tessa.Carlson@cuanschutz.edu

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Thank you!

Q & A

Feel free to:

- come off mute to ask your questions,
- put your questions into the chat,
- or use the raise hand button.

Survey Reminder

https://forms.cloud.microsoft/r/0nvdtnmPtb



Group Share and Check In

- **Do you have an event or community activity that you want to share with the group?** Raise your hand or come off mute.

- Don’t forget to email event details to DFM.CommunityEngagement@CUanschutz.edu by the end of the day so we can share it in our follow-up email.

Thank you for coming. Our contact info:

DFM's Community Engagement Program: DFM.CommunityEngagement@CUanschutz.edu

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