DFM-CEP-MM Follow-up + Resources Menu:

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Rocky Mountain Public Health Training Center Resources and Recording

For those who could not attend the January 2026 Department of Family Medicine's Community Engagement Program Monthly Meeting (**DFM-CEP-MM**) with the **Rocky Mountain Public Health Training Center (RM-PHTC)** this week, you can access the recording, slides and resources at our links below. We want to thank Sarah and DeAnna for sharing the free public health trainings available as well as the other resources that RM-PHTC provides.

- Watch the **Recording** of the **Rocky Mountain Public Health Training Center (RM-PHTC)** presentation online: in case you missed it
- Check out the presentation **Slides** online or download the PDF
- View Meeting **Follow-up Resources** online (this document)
- View **CU Events posting** online: for original announcement and bio details
- For those of you who did attend, please complete the **Meeting Evaluation** online: we appreciate your feedback



RM-PHTC Contact and Resources Links:

- RM-PHTC information pages
    - Website https://www.rmphtc.org/
    - RM-PHTC's Newsletter sign up page
    - The RMPHTC.org website features a vast catalog of available training courses, both online live courses and on-demand. Here are a few examples:
        - Designing Effective Meetings (live, 2/11/26, 9-11am)
        - Alzheimer's Disease and Related Dementias (on demand)
        - Digital accessibility Fundamentals (on demand training)
        - Health Navigation (Level 1)
        - Inner Strength of a Leader - Mastering Resilience - registration is now open!
- Other links shared by presenters
    - CHAMPS: Community Health Association of Mountain and Plains States CHAMPS Leadership Training opportunities.
        - Region 8 Maternal Health Summit WATCH recording: *Strengthening the Foundation: Innovations in OB Care and Workforce Development*
    - Student Leaders in Public Health (SLPH) Student Stipend Program (apply by 2/15) for $3,500 to support faculty-student collaborative projects in public health. Learn more.
    - Public Health Workforce Interests and Needs Survey (PH WINS) https://debeaumont.org/phwins/what-is-phwins/
    - Public Health Training Center Network: Public Health Learning Agenda for Systems Change
- Looking to discuss a new project or training course? Connect with Sarah via Calendly

Community Events, Resources and Opportunities

• **CU Anschutz Food Pantry** and **Student Emergency Fund** helps the 34% CU Anschutz Students experiencing food insecurity and financial hardships. Right now, there is a 3x donation match for anyone wishing to support the CU Anschutz Student Support Fund.
• Aurora Health Alliance has workgroups dedicated to the following topics: access to specialty care, improving access to oral care, and improving care to the unhoused. You can sign up for their newsletter or reach out via their contact form to join one a workgroup
• January 28, 12-1 ACCORDS and CCTSI Community Engagement Core will co-host a **Community Engagement Forum** on "Engaging Community in Data Analysis and Interpretation" that will focus on the importance of working alongside community in data analysis and interpretation. This forum will discuss the meaningful insights and context that the community lens brings to this process.

- **Register** to attend the **2026 be well Awards,** Sat, Jan 31, 5pm - 8pm MST DoubleTree by Hilton Hotel Denver, 3203 Quebec St, Denver

This is a fantastic community event & I highly recommend it!
Deadline to get tickets is 1/31 at 9am.

- **Register** for the upcoming **Aurora Wellness Community Breakfast**, Weds, Feb 4, 9:00- 10:30, at The People's Building – 9995 E Colfax Ave, Aurora, CO 80010

Sign up for the AWC's Newsletter

- Educational Event: February 5, 8-2 **Hope and Healing: Gynecologic Cancer Survivorship & Beyond.** This event will showcase latest in research breakthroughs, innovative treatment options, whole-health, cutting-edge clinical trials, sexual wellness, menopause management, and gain expert insights during our interactive provider panel session. Hosted by the CU Division of Gynecologic Oncology in partnership & the CO Gynecologic Cancer Alliance, the event will have morning refreshments, lunch, and parking included with registration. Space is limited. Register and learn more. Attendees can contact freda.ireigbe@cuanschutz.edu to attend the event free of charge.

- Resource Alert! **YANA(You Are Not Alone)** helps and supports birthing people and families through their *strong mommas thriving babies initiative* that offers post-partum and other supports in the Denver Metro area (but they are looking to expand). Currently, they have opened a community room in Centennial where families can come and access resources they might need for babies, such as formula diapers, clothes, toys, and there are no income restrictions. Contact info@yanamom.com to connect.

- Resource Alert! Communities Lead, Communities Thrive (CLCT) has launched a **Colorado State Grant Database for Nonprofits**. This is a free and accessible tool. www.coclct.org/stategrants/

Health & Wellness Best Practices Podcast

- Colorado State Senator Dafna Michaelson Jenet, Vice Chair of the Senate Health & Human Services Committee, hosts the first of her monthly podcasts to give ongoing updates on health and welfare programs and legislation formulated by the Senate Health & Human Services Committee. Her special guest is Senator Kyle Mullica who serves as the HHS Committee Chair. The Senators discussed the HHS Committee priorities for the 2026 Colorado Legislative Session. *Do you have a health and wellness topic that you would like to feature? Reach out to Dennis Stretar at dennis@ocbn.online | Check out the library of past interviews at www.ocbn.online*

- Aurora Health Alliance has workgroups dedicated to the following topics: access to specialty care, improving access to oral care, and improving care to the unhoused. You can sign up for their newsletter or reach out via their contact form to join one a workgroup

At the meeting folks were asked what skills they wanted to learn or what skills they wanted to share.

- Skills to learn: languages Italian/Spanish, pottery, jewelry-making, woodworking, banjo playing, cake decorating, magic tricks, sushi making, cello, public speaking.
- Skills they wanted to share: supersonic hearing technology, crafting, community building, yoga, social media, knitting, connecting people.

DFM Community Engagement Program Team Helpful Links

- View our schedule of upcoming meetings on our webpage.
- JOIN our listserv for the Community Gems Newsletter and meeting updates! Email DFM.CommunityEngagement@CUanschutz.edu Put "Join" in the subject line.
- Looking for volunteering opportunities? Email us!
- Future presentations/presenter ideas? Connect with this link to our **Suggestion Box**.
- View our past catalog of meetings and the post meeting resources on our Community Presentations. Recent presentations include: *Rocky Mountain Public Health Training Center* | *CU Anschutz Community Nutrition Program* | Children's Hospital Health Roots Food as Medicine Program| YAASPA | Mutual Aid Monday| Aurora Wellness Community Health Center | DAWN Health | Montview Elementary | Food Justice Northwest Aurora | Trailhead Institute | Climate Medicine at CU | CO Area Health Education Center (COAHEC)

Best,
The Community Engagement Program Team (CEP Team)
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