**DFM-CEP-MM Follow-up + Resources Menu:**


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## Excel Center Resources and Recording

For those who could not attend the February 2026 Department of Family Medicine's Community Engagement Program Monthly Meeting (**DFM-CEP-MM**) with **The Excel Center** this week, you can access the recording, slides and resources at our links below. We want to thank James Sanchez for telling us about all the fantastic services that the Center provides for free.

- Watch the **Recording** of the **Excel Center** presentation online: in case you missed it
- Check out the presentation **Slides** online or download the PDF
- View Meeting **Follow-up Resources** online (this document)
- View **CU Events posting** online: for original announcement and bio details
- For those of you who did attend, please complete the **Meeting Evaluation** online: we appreciate your feedback



## Excel Center Contact and Resources Links:

- **James Sanchez**: Director of Education & Training with Goodwill of Colorado jsanchez@goodwillcolorado.org
- **Anne Marie Potter**: Outreach Specialist, apotter@goodwillcolorado.org
- Address: The Excel Center, 6850 N. Federal Blvd, Denver, CO 80221
- Phone: 719-666-0238
- Website:
  - The Excel Center
  - www.GoodwillColorado.org
- Other links shared by presenters
  - BankWork$
  - IT Training
  - Clean Technology Accelerator
  - Micro-Credentials Trainings
  - Career Development Resources

## Community Events, Resources and Opportunities

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| Fri, 2/27/26, 3-8pm **YAASPA's Black Liberation Festival** with food, workshops, and community resources and family friendly entertainment (music, talent show, open mic). At the ABC Community Hub. RSVP for this event or reach out to Tashan.Montgomery@yaaspa.net |
| Sat, 2/28/26, 10:30-12:30 **Be Well Share Fair** at Moorhead Recreation Center. This event will focus on ***Asset Mapping*** — a community-driven process to identify, connect, and strengthen the people, organizations, and resources that already exist in Northwest Aurora. Check their Facebook page for more information. |
| Sun, 3/8/26, 1-4pm, **Community Health Fair** offering screenings and mental wellness. La Plaza Colorado, 15200 E. Colfax Ave, Aurora CO 80011. View event flyers in ENGLISH and SPANISH.<br><br>Free tabling opportunities for vendors and community organizations-vendor sign up. Questions: julissamolinasoto@gmail.com |
| Thurs, 3/19/26, **17th Annual Women's Health Research Day** hosted by the Ludeman Family Center for Women's Health Research. Sessions available in-person and virtual and are free to attend and are open to students, staff, faculty and community members. Lunch will be available for in-person registrants. Registration, Agenda and Speakers. |
| **Community Resources Inc (CRI)** is coordinating three science fairs in **Denver Public Schools (DPS)** this March. Judges are the key to the success of these events for students. The opportunity to present their project to a "real" science person and receive feedback creates a tremendous learning experience for the participating students. Questions: sue_edwards@dpsk12.org |

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| Select a date and time using the SIGN-UP GENIUS<br>--March 3, 2026 McKinley Thatcher Elementary 1230 S. Grant Street<br>8:00-11:00 K-5 graders 12 judges needed<br>--March 24, 2026 Denver Language School 451 Newport St.<br>8:00-12:00 K-4 graders 12 judges needed<br>--March 26, 2026 Denver Language School 2949 California St.<br>8:30-12:00 5-8 graders 5 judges needed |
| **Become a Be Well Block Captain!**<br>Training happens throughout April. Learn more on their website. Register here.<br>Note: I have done this training. It is excellent! |

## Meeting share prompts and responses:

At the meeting folks were asked to share any of the following related to their **high school** experience: What critical skill they learned; their favorite subject; or what they wished they learned during high school. Here are some of their responses:

- **Critical skills learned in HS**: notetaking, relationship building, creative writing, my culture is a strength-not something to be ashamed of, to always stay open to learning.
- **Favorite subjects in HS**: History (x2), Psychology (x2), ceramics, art, gym, math (x2), science, anatomy, physiology, geometry, trigonometry, Native Hawaiian History & Culture
- **Wished you learned in HS**: Spanish Language (x5)

## DFM Community Engagement Program Team Helpful Links

- View our schedule of upcoming meetings on our webpage.
- JOIN our listserv for the Community Gems Newsletter and meeting updates! Email DFM.CommunityEngagement@CUanschutz.edu Put "Join" in the subject line.
- Looking for volunteering opportunities? Email us!
- Future presentations/presenter ideas? Connect with this link to our **Suggestion Box**.
- View our past catalog of meetings and the post meeting resources on our Community Presentations. Recent presentations include: The Excel Center | Rocky Mountain Public Health Training Center | CU Anschutz Community Nutrition Program | Children's Hospital Health Roots Food as Medicine Program| YAASPA | Mutual Aid Monday| Aurora Wellness Community Health Center | DAWN Health | Montview Elementary | Food Justice Northwest Aurora | Trailhead Institute | Climate Medicine at CU | CO Area Health Education Center (COAHEC)

The Community Engagement Program Team (CEP Team)
Email: DFM.CommunityEngagement@CUanschutz.edu

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