DFM-C3E-MM
Department of Family Medicine
Community-Centered Clinical Excellence
Monthly Meeting

Anschutz
School of Medicine
Department of Family Medicine
Community Centered Clinical Excellence (C3E)

DFM-C3E-MM Follow-up + Resources Menu:

- OAE Resources and Recording
  - OAE Contact info and links
  - Speaker bio
- Community Events, Resources and Opportunities
- C3E Contact info

OAE Resources and Recording

For those who could not attend the May 2026 Department of Family Medicine's Community Engagement Program Monthly Meeting (**DFM-C3E-MM**) with the Office of Access and Engagement, **OAE**, you can access the recording, slides and resources at our links below.



- Watch the **Recording** of the **Office of Access and Engagement** presentation online: in case you missed it
- Check out the presentation **Slides** online or download the PDF
- View Meeting **Follow-up Resources** online (this document)
- View **CU Events posting** online: for original announcement and bio details
- **For those of you who attended**, please complete the **Meeting Evaluation** online, we appreciate your feedback

We also want to thank Tessa Carlson for joining us and providing an overview of the office's programs and initiatives such as HEAL's community building activities, community and campus connections events & newsletter, career exploration for K-12 students, pathway programs for pre-health students, and the BOND mentoring program for CU staff and faculty.

OAE Contact and Links:

- Contact: Tessa.Carlson@cuanschutz.edu
- Website: https://www.cuanschutz.edu/offices/access-engagement
- Instagram: https://www.instagram.com/cuoaeanschutz/
- Multi-Newsletter & Communications sign up form: https://ucdenver.co1.qualtrics.com/jfe/form/SV_737ydlZs8yrnydw
- HEAL: https://www.cuanschutz.edu/offices/access-engagement/programs-and-initiatives/heal
- For CU, BOND Mentoring: https://www.cuanschutz.edu/offices/access-engagement/programs-and-initiatives/access-and-engagement/bond-mentoring-program
- Community and Campus Connections: https://www.cuanschutz.edu/offices/access-engagement/programs-and-initiatives/community-engagement/community-and-campus-connections
- Career Exploration and Science Exposure Opportunities: https://www.cuanschutz.edu/offices/access-engagement/programs-and-initiatives/community-engagement/career-exploration-and-science-exposure-opportunities
    - Pre Health Scholars Programs (CUPS): https://www.cuanschutz.edu/offices/access-engagement/programs-and-initiatives/educational-outreach-and-pathway-initiatives/cu-pre-health-scholars-program
    - Undergraduate Pre Health Program: https://www.cuanschutz.edu/offices/access-engagement/programs-and-initiatives/educational-outreach-and-pathway-initiatives/undergraduate-pre-health-programs
    - Pre-Health Day for undergraduates, 10/3/26. Website to be updated closer to date: https://www.cuanschutz.edu/events/signature-events/prehealth-day

Speaker Bio:

Tessa Carlson, BS, (she/her), **Program Manager**, BOND Mentoring & Community Engagement at the Office of Access and Engagement
Tessa was born and raised in Colorado and has worked at CU Anschutz in various capacities since 2011. She received her bachelor's in human services from Metropolitan State University. Tessa is a strong believer in making connections and building community and is grateful to get to do those things in her current role. In her free time, Tessa enjoys spending time with friends and family, reading, getting out into nature, tending to her houseplants, and going to concerts. She lives at home in Aurora with her partner Steve, their child Aiden, their cats Cynthia and Jeff, and their dogs Casserole and Frank.

Community Events, Resources and Opportunities

- 5/27, 12-1pm, **Free lecture** with **Admiral Rachel Levine, MD**, on, "*Primary Care's Role in Improving Health Equity*". The event is sponsored by the Farley Health Policy Center, the Department of Family Medicine, and the Public Health Ethics & Law Program. Register: virtual or in-person (lunch at 11:45).
    - After, a fireside chat with Dr. Levine facilitated by Public Health Ethics and Law Program Director Daniel Goldberg, JD, PhD from 2-3 p.m. Register separately (online & in-person).

- 5/28 & 29 12-4pm MT, National Asian American Pacific Islander Mental Health Association is hosting a **free Mental Health First Aid certificate** virtual 2-day training. Register by 5/21 (today)

- Sun, 6/7, 4-6pm "**Battle of Beans**" **Cook Off** event with free food, music, and raffle prizes. Join this family friendly event hosted by Food Justice Northwest Aurora at the ABC Community Hub. Bring a dish to compete, or just register to come and attend the fun!

- Thursdays, from 6/11 – 7/30from 6:30 – 8:30 pm, NAMI, the National Alliance on Mental Illness,(the largest grassroots mental health organization in the country) is hosting a **free 8-week Family-to-Family course** starting in June for family members and caregivers of individuals with a severe mental illness through the NAMI Aurora chapter. It is designed to facilitate a better understanding of mental illness and to increase coping and advocacy skills. It includes presentations, discussion, interactive exercises, a guest speaker, and refreshments. Taught by two NAMI-trained volunteers who have been there. Questions: Cheri Murray at 970-945-2128 (text or call, or email (majmurray@gmail.com

- The registration for the upcoming 2026 Colorado Latino Policy Summit is open. Register and learn more details online

- FYI/Resource: Stay up to date on the changes to Colorado Medicaid on the HealthFirst Colorado website. Forthcoming Colorado Medicaid and CHP+ changes, will have narrower immigrant eligibility beginning 10/1/26, and work/community-engagement requirements for many adults beginning 1/1/27

C3E Contact Info

- **Join our listserv**. Email DFM.CommunityEngagement@cuanschutz.edu
- **View our upcoming calendar** and our past presenter recordings on our website
- **Suggestion** for a future presenter or topic? Add it to our Suggestion Box
- Looking for **volunteer opportunities**? Email us.

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