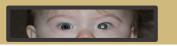
Vision in Retinoblastoma: Practical Outcomes and Predictors of Visual Prognosis

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Statement of Problem and Aims

- Retinoblastoma (RB) is the most common primary malignant ocular tumor of childhood, and although modern therapies often preserve the eve visual outcomes remain unpredictable
- The problem is that parents and clinicians lack clear, real-world data on functional visual
- This study aims to characterize whole-child visua outcomes after RB treatment and identify clinical predictors of functional vision and blindness risk.



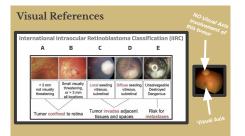
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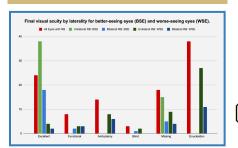


Methods

- Retrospective chart review of children treated for retinoblastoma from 2008–2024, collecting demographics, laterality, tumor features, treatment details, and visual rehabilitation data.
- Each eye was staged using the International Classification of Retinoblastoma (ICRB A-E) and assessed for macular involvement
- Best-corrected visual acuity (BCVA) was categorized using study-specific groups:
 Excellent (220/40), Functional (20/50–20/150), Ambulatory (20/200–counting fingers), and Blind (hand motion to no light perception).
- Timing of amblyopia therapy and use of visual rehabilitation services were recorded after tumor control
- Visual outcomes were analyzed by laterality, ICRB stage, macular involvement, and treatment type (including enucleation).

Results and Trends

- Among 79 children (67% unilateral, 33% bilateral) 78/79 (99%) did not meet WHO criteria for bilateral blindness.
- Unilateral RB: all retained normal or functional vision in the fellow eye; 72% of affected eyes maintained ≥20/200 vision.
- Bilateral RB: better-seeing eye had excellent of functional vision in 77%; only 1 child (4%) met WHO blindness criteria.
- Across 105 eyes, 23% achieved excellent vision (≥20/40), 8% functional (20/50–20/150), and 13% ambulatory (20/200–CE)
- Enucleation occurred in 42% of children with bilateral disease and 51% of ICRB Group D/E eyes mostly in worse-seeing or advanced eyes.
- Visual prognosis declined with ICRB stage: excellent vision in 100% Group A, 67% B, 25% C, 8% D, and 5% F, eyes
- Macular involvement strongly predicted poor vision: eyes without macular disease achieved 83% excellent vision versus 24% with macular involvement; none of the macula-sparing eyes were blind.
- Amblyopia therapy began within one month of tumor control in most patients.



Conclusions

- Most children with RB achieve functional or better vision, even in bilateral disease, with **true bilateral blindness being rare.**
- Macular involvement and advanced ICRB stage are the strongest predictors of poor outcomes.
- rehabilitation support help maximize functional vision after tumor control.

Future Work

- Develop predictive models or algorithms to better forecast visual outcomes and guide individualized RB treatment.
- Conduct multi-center studies to increase cohort size and validate prognostic factors, including genetics and tumor characteristics.
- Explore treatment refinements and early interventions that minimize vision-threatening complications, such as macular involvement or retinal detachment.

References





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