

# Newborn with duplication of the pituitary gland (DPG)-plus syndrome and congenital hairy polyp.

Abell BD, Fischman VG, Discolo CM

University of Colorado Anschutz Medical Campus  
Department of Otolaryngology – Head and Neck Surgery, Children’s Hospital Colorado



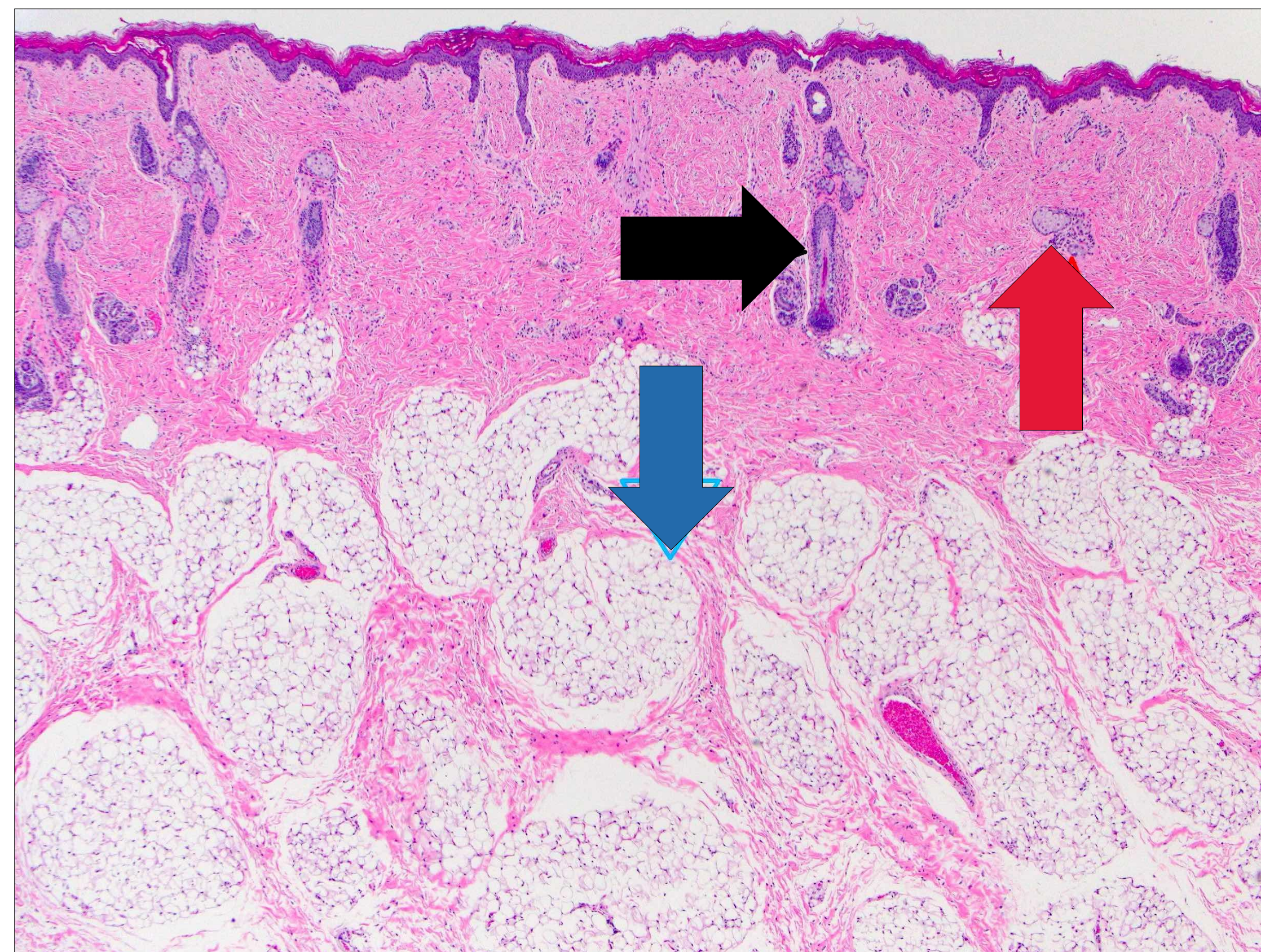
Children’s Hospital Colorado



University of Colorado  
Anschutz Medical Campus

## BACKGROUND

Approximately fifty cases of DPG-plus syndrome have been reported worldwide, a small number of which have been associated with nasopharyngeal teratomas.<sup>1,2</sup> A handful of benign hairy polyps have been reported separately, originating within the nasopharynx, esophagus, and eustachian tubes, among other locations.<sup>3</sup> We present what we believe is the first case of DPG-plus syndrome with a congenital hairy polyp.



## HISTOLOGIC FEATURES<sup>4</sup>

- Hairy polyps are comprised of tissue derived from ectoderm and mesoderm
- Consist of keratinizing squamous epithelium with underlying adnexa which includes pilosebaceous units
- Mesoderm derivatives include fibroadipose tissue, skeletal muscle, smooth muscle, seromucous glands, and cartilage
- No endodermal elements are present

Key:

Black arrow = hair follicle

Red arrow = sebaceous glands

Blue arrow = fibroadipose tissue

## PATIENT PRESENTATION

- Full-term female with prenatally-diagnosed left-sided congenital diaphragmatic hernia with resultant pulmonary hypoplasia (s/p thoracoscopic repair), cleft palate with a nasal/ oral mass, and agenesis of the corpus callosum.
- Subsequent work-up revealed duplication of the pituitary gland (DPG)-plus syndrome.
- The initial plan was to delay resection until the baby was older, however feeding and respiratory support plateaued, with concern that the mass was impacting function.



## IMAGING FINDINGS

### MRI BRAIN WITHOUT CONTRAST (DOL 6)

- Duplicated pituitary gland.
- Corpus callosal agenesis.
- Cleft palate with incompletely evaluated pedunculated mass arising from the palate/basisphenoid.

### CT SINUS WITHOUT CONTRAST (DOL 7)

- Lobulated mass projecting anteriorly from the basisphenoid through a wide cleft palate into the oral cavity, with features most compatible with congenital nasopharyngeal teratoma.

## TREATMENT

- The infant was taken to the OR for a combined trans-oral and trans-nasal endoscopic resection on DOL 28. Intraoperatively, a pedunculated mass arising from the posterior tongue was also resected.
- Feedings did not improve post-operatively, and placement of a gastrostomy tube was ultimately recommended.

Top: Pre-operative image demonstrating a large, smooth soft tissue mass protruding through the patient’s cleft palate.

Bottom left: Coronal view of the patient’s cleft palate with protruding soft tissue mass (white arrow).

Bottom right: Mid-sagittal image from MRI Brain w/o contrast (DOL 6) demonstrating agenesis of the corpus callosum (top arrow) and duplication of the pituitary gland (bottom arrow).



## PATHOLOGY

- A. Palate, anterior margin, biopsy:
  - Benign fibrovascular tissue with mucinous glands.
- B. Soft tissue, nasopharyngeal mass, excision:
  - Congenital hair polyp
- C. Tongue, midline lesion, excision:
  - Lingual hamartoma



Right: Post-operative image (7 weeks s/p endoscopic resection of the patient’s hairy cell tumor) showing the patient’s cleft palate.

## REFERENCES

- 1) Manjila, S., E. A. Miller, S. Vadera, R. K. Goel, F. R. Khan, C. Crowe and R. T. Geertman (2012). "Duplication of the pituitary gland associated with multiple blastogenesis defects: Duplication of the pituitary gland (DPG)-plus syndrome. Case report and review of literature." *Surg Neurol Int* 3: 23.
- 2) Sen, D. and V. Arora (2016). "Duplication of the pituitary gland - plus syndrome." *Indian J Radiol Imaging* 26(1): 126-130.
- 3) Tariq, M. U., N. U. Din and M. R. Bashir (2013). "Hairy polyp, a clinicopathologic study of four cases." *Head Neck Pathol* 7(3): 232-235.
- 4) Bantumilli S, Maygarden S. Hairy polyp. PathologyOutlines.com website. <https://www.pathologyoutlines.com/topic/nasalhairypolyp.html>. Accessed September 13th, 2024.

## CONTACT

Brandon.Abell@CUAnschutz.edu