



ANNUAL REVIEW | FY 2023

ECHO COLORADO leverages the experience of geographically-diverse communities to spread knowledge that positively impacts health equity across the state and beyond. It is part of the Peer Mentored Care Collaborative, which is focused on strengthening relationships between community-based primary care providers and academic, medical center-based specialists.

PROGRAM GOALS

Increase the capacity of health professionals in Colorado and beyond

Promote professional collaboration

Empower participants to serve as a local resource

Increase access to specialty care

A SAMPLE OF FY 2023 ECHO SERIES

- Transgender Health: Comprehensive Approaches in Primary Care
- Autism: Core Concepts for Primary Care
- Pediatric Psychiatry in Primary Care
- Pediatric Suicide Prevention: A Practical Care Pathway for Primary Care
- Perinatal Mental Health: An Interdisciplinary Approach
- Past the Pandemic: Individual Wellbeing, Connection and Support
- Long COVID and Fatiguing Illness Recovery Program
- Monkey Pox Boot Camp
- Rheumatology in Primary Care
- Adult Urology in Primary Care
- Improving Equity in Menopause Care
- Addressing Health Literacy in Diabetes Care and Prevention
- Innovative Practices for Management of Cardiovascular Disease
- Identifying and Treating Tremor Parkinson's and Chorea

2023 STATISTICS

SERIES

39

SESSIONS

282

PARTICIPANTS

2,953

AVG PARTICIPANTS/
SESSION

~29.5

SESSIONS
ATTENDED

8,308

POPULATIONS SERVED

% of participants who worked in underserved and rural communities

	2022	2023
Medically underserved	37%	54%
Rural or frontier communities	18%	20%
Medicaid population	57%	61%

Data not captured for all series

// The Colorado Department of Public Health and Environment (CDPHE) values our ongoing partnership with ECHO Colorado. It has helped reach a new audience and continues to build bridges between public health and clinicians statewide. We look forward to continuing to partner with ECHO on additional projects of importance to the State of Colorado."

Dr. Rachel Herlihy, CDPHE

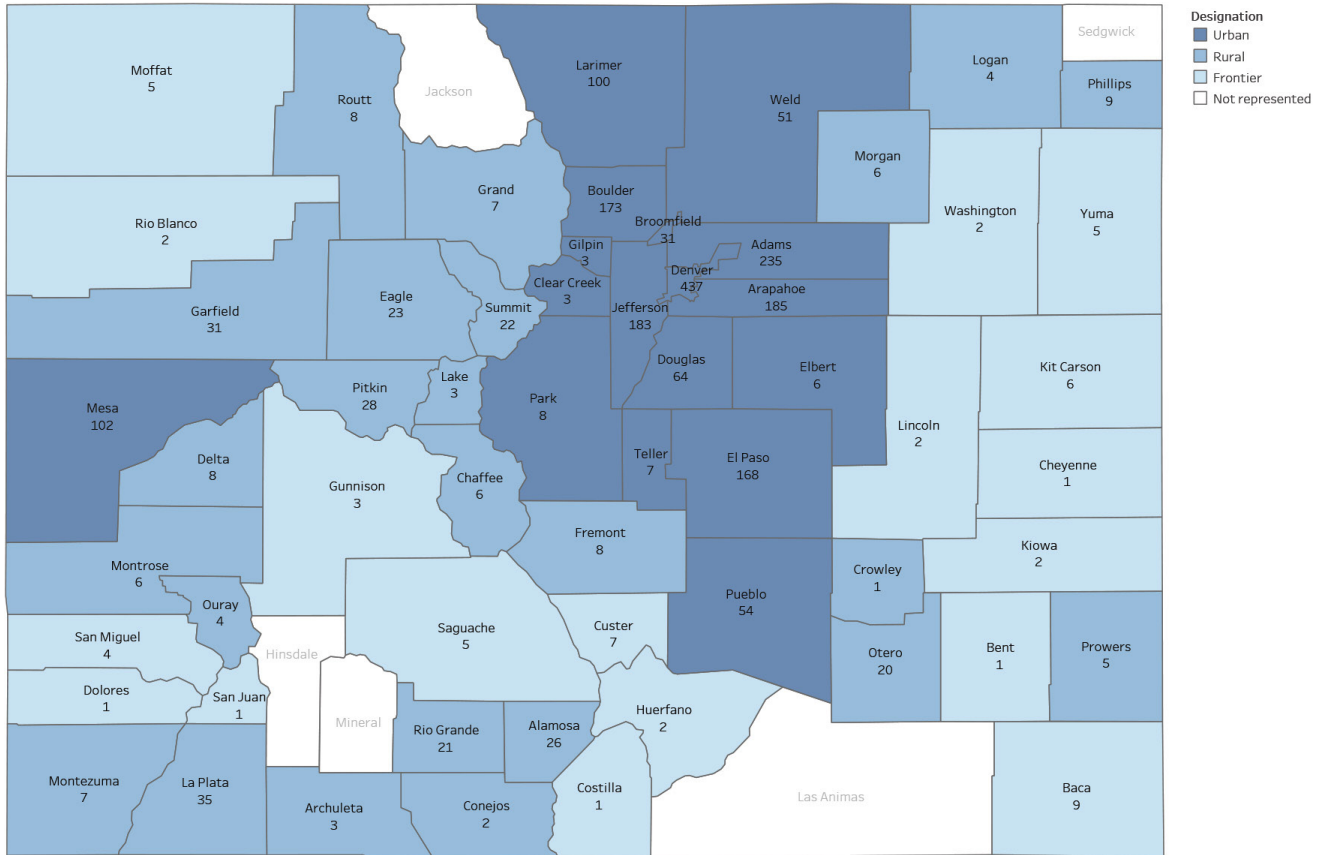
Fiscal Year 2023 began July 1, 2022 and ended June 30, 2023

FY 2023 REACH

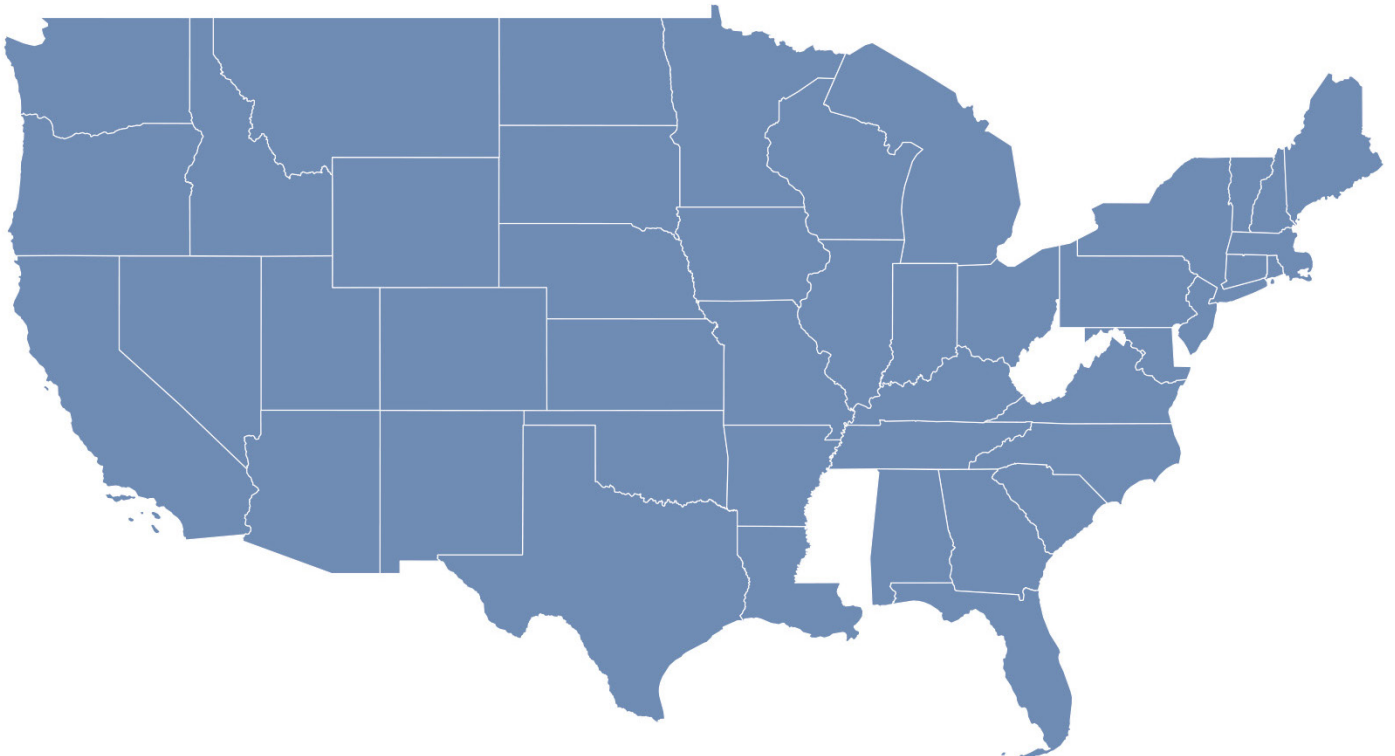
2,223 participants came from **59** of Colorado's 64 counties

Colorado participation was up

56% over 2022



2,953 participants came from **47** out of 50 U.S. states, including Alaska and Hawaii (not displayed).



SERIES HIGHLIGHTS



NEWCOMER HEALTH

PARTICIPANTS 428
AVG PARTICIPANTS/SESSION 166
OF SESSIONS 6
STATES REACHED 40

"I have really enjoyed working through the case studies. Having real life examples was very informative and helpful to put what we are learning into practice."

NP, Pueblo County



COLORADO UPDATES IN PUBLIC HEALTH: COVID AND BEYOND

PARTICIPANTS 696
AVG PARTICIPANTS/SESSION 222
OF SESSIONS 11
% OF COUNTIES REACHED:
URBAN 94%
RURAL 83%
FRONTIER 57%

"Allows me to better advise my patients on community risk levels pertinent to their conditions for various infectious entities." MD, Denver County



ADOLESCENT REPRODUCTIVE HEALTH IN PRIMARY CARE

PARTICIPANTS 111
AVG PARTICIPANTS/SESSION 24
OF SESSIONS 28
% RURAL & FRONTIER 21%

"It was all excellent but the most valuable was about birth control because I have a hard time prescribing. It makes me nervous. It has always felt overwhelming but I feel more confident. Thank you."

NP, New Jersey

EDUCATIONAL IMPACT

For select series, respondents were asked to rate their ability to complete the learning objectives and act as a local resource on the topic of the ECHO series using a Likert scale of 1 to 5, where 1 is "no ability" and 5 is "expert competency."

The overall change in pre and post ratings from **2.6** to **3.6** demonstrates a **statistically significant ($p < .001$) increase in reported self-efficacy.**

PROFESSION OF PARTICIPANTS

Clinical staff	1,961
Public and environmental health	352
Health outreach/coordination/education	106
Behavioral health provider	101
Administrative staff	59
Doctor of pharmacy	51
Student	23
Practice management	11
Oral health provider	4
Child welfare	5
Other	433

Doctor of medicine or osteopathy	43%
Advanced practice providers	32%
Nursing	17%
Other	8%

"It was a quick way to learn very important things that can impact outcomes for my patients. I have learned many things that I have already put into practice in the diagnosis and care of my patients who live more than 150 miles from Denver."
 PA, Phillips County

ECHO COLORADO'S SUPPORTERS

ECHO Colorado projects are made possible through financial support from:

- Chancellor, University of Colorado Anschutz Medical Campus
- Office of Behavioral Health
- Colorado Department of Health Care Policy & Financing
- Health Resources & Services Administration
- Centers for Disease Control & Prevention
- Buell Foundation
- Colorado Department of Public Health & Environment
- ECHO Diabetes Action Network
- National Institutes of Health
- Pfizer
- Office of eHealth Innovation
- University of Colorado Anschutz Medical Campus, School of Medicine
- University of Colorado Anschutz Medical Campus, Office of Value-based Performance
- Minnesota Department of Health
- HealthPartners Research Institute
- Center for International Health, Minnesota

WHAT WAS MOST VALUABLE?

ECHO helps me stay up-to-date with communicable diseases that we are seeing in the state, the nation and the world, along with therapeutics and guidelines to monitor for disease prevention, transmission and mitigation."
NP, Boulder County

Every day was valuable. I thoroughly enjoyed breaking down adolescent reproduction into manageable sections. I also value the resources and have created a little binder for myself to reference going forward. I feel more confident in describing each birth control method and navigating the right method for the patient per the patient."
NP, Garfield County

I really enjoyed the case studies and seeing how the information can be used in patients that are being seen daily at the clinics."
NP, Pueblo County

This was a wonderful resource for me and significantly improved my access to important information. Now I just need to spend time to get more familiar and comfortable with it, but I feel the resources are tremendous."
PA, Denver County

I really like actionable learning. So, the elements that lead to changes in practice are most valuable for me."
MD, Boulder County

QUESTIONS ABOUT ECHO COLORADO?

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