



SCHOOL OF MEDICINE

Institute for Healthcare Quality, Safety & Efficiency

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

IHQSE Certificate Training Program

Sponsored by the University of Colorado School of Medicine
University of Colorado College of Nursing Office of Continuing Education

Session 19: Burnout and Resilience, Innovation in Healthcare, and Embed the Change

Date: 05/13/2025

Session Duration: 4 hours

Location: Krugman Conference Hall

Research 2 Building - 12700 East 19th Ave., Aurora, 80045; second floor, north side of the building

The building is badge-access only. Please call Anne if you have trouble entering the building (216) 401-5130.

Speakers: Drs. Jennifer Reese, Patrick Kneeland and Emily Gottenborg

Learning Objectives: By the end of this session, participants should be able to—

- Develop strategies to reduce personal burnout
- Highlight the nature of innovation in healthcare settings, including the socio-technical dichotomy of innovative change and the necessary high-tech and low-tech equilibrium.
- Weigh the balance of “stealth innovation” vs. following the organizational steps in promoting new ways of doing things.
- Develop a plan to sustain project success

Schedule:

1:05-1:15	Team Check-in	(UCH Infectious Diseases)
1:15-2:15	Burnout and Resilience	(Reese)
2:15-2:30	Break	
2:30-3:20	Healthcare Innovation	(Kneeland)
3:20-3:35	Break	
3:35-4:25	Embed the Change	(Gottenborg)
4:25-4:40	Final Report Out Overview	(Glasheen)
4:40-5:00	Appreciative Debrief, Next Steps & Evaluation	(Glasheen)

Homework before the session:

- Develop a plan to spread your work.

Disclosure Statement: Speakers have no financial relationships to disclose and will not be discussing any off-label items in their presentations.

The University of Colorado College of Nursing is approved with distinction as a provider of continuing nursing professional development by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This educational offering for 3.5 contact hours is provided by the University of Colorado College of Nursing Office of Continuing Education. One CNE certificate will be emailed to each nurse at the end of the program. Participants must sign in at each offering to receive credit for participation.