

# Fostering Cultural Competency



Watch the FacDev in 5 Video featuring Dr. Maurice Scott, Assistant Dean – Student Affairs UME and DEI



## 5 KEY TAKEAWAYS:

1

### **Cultivate Cultural Humility:**

- Engage in ongoing self-reflection and learning.
- Recognize cultural competence as an evolving practice, not a fixed endpoint.
- Approach learners' backgrounds with curiosity and openness.

2

### **Never Assume—Ask Questions from Curiosity:**

- Avoid making assumptions about learners' identities or perspectives.
- Ask thoughtful questions to understand how their backgrounds shape their worldviews.
- Foster inclusivity by showing genuine interest.

3

### **Encourage Reflection on Privilege and Bias:**

- Be aware of how your identity (e.g., race, gender, SES) impacts your perceptions and interactions.
- Model self-awareness to inspire open and inclusive dialogue.

4

### **Acknowledge and Reflect on Your Own Identity:**

- Validate learners' identities and create safe, inclusive spaces.
- Acknowledge your perspective as one of many, encouraging students to share their experiences.

5

### **Encourage Reflection on Privilege and Bias:**

- Regularly examine which aspects of your identity are privileged or marginalized.
- Use this awareness to address biases and promote equity in learning environments.

### **Dive Deeper**

Rethinking Cultural Competency: Shifting to Cultural Humility. 2020. Health Services Insight Vol. 13, 1-4

Integrating Culture Humility into the Medical Education Curriculum: Strategies for Educators. 2021. Teaching and Learning Medicine Vol 33. No 5, 554-560

Cultural Competence or Cultural Humility? Moving Beyond the Debate. 2019. Health Promotion Practice



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