

# Easing the Transition to Residency



## FacDev in 5 KEY TAKEAWAYS



**Watch the FacDev in 5 Video** featuring Dr. Geoffrey Connors, Associate Dean, Graduate Medical Education.

## KEY TAKEAWAYS



Tips to support residents in their new roles.

1

### Legitimize Resident Participation

Include residents in decision-making and verbalize your clinical reasoning to reinforce their role.

2

### Acclimate Residents to the Culture

Expose residents to diverse clinical settings and explain norms, expectations and common acronyms.

3

### Facilitate Effective Team Collaboration

Encourage residents to interact with team members to optimize mutual respect and peer support.

4

### Create Shared Goals

Help residents overcome self-doubt by jointly defining their role and setting learning and patient care goals.



### DIVE DEEPER

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[Chang, L.Y., et al. The transition from medical student to resident: A qualitative study of new residents' perspectives \(Acad Med 2020\).](#)

[Galema, G., et al. Transitioning to residency: A qualitative study exploring residents' perspectives on strategies for adapting to residency \(BMC Med Educ 2025\).](#)

[Meeuwissen, S.N.E., et al. How theory can inform practice: A case of easing transition into residency \(Acad Med 2024\).](#)

