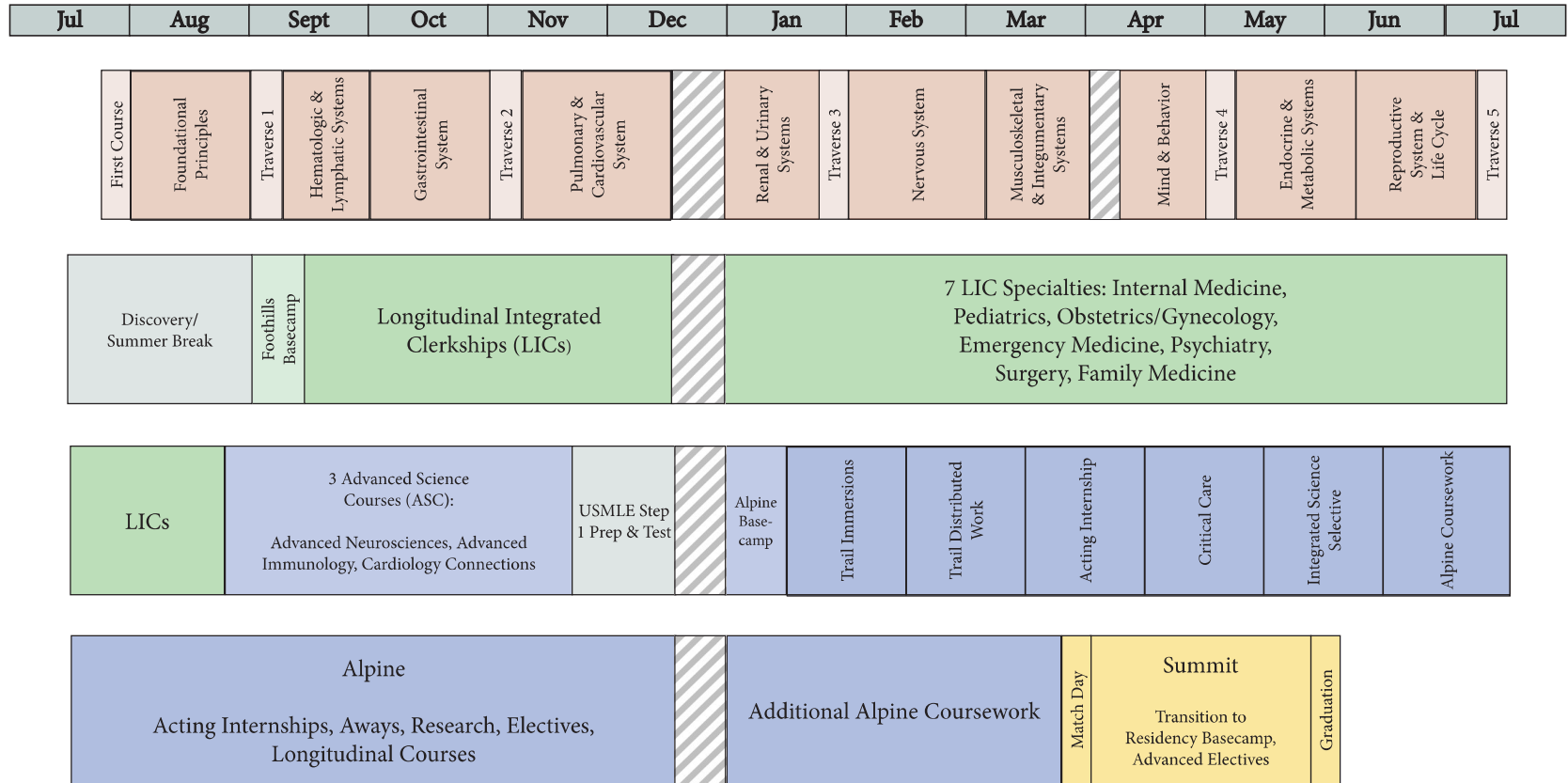


Trek Curriculum Map



- MS1
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- The three pillars of the Trek Curriculum - **Medical Sciences, Clinical Sciences, and Health Systems Science** - are incorporated through all phases of the curriculum.
- Five **Traverse** weeks occur throughout the Plains year and consist of comprehensive assessments and longitudinal activities supporting students' professional growth and development.
- The **Basecamp** course is a longitudinal curriculum that spans the clinical years of medical school, helping students to develop and advance relevant knowledge and skills required for the next stage of their clinical training.
- The **Trail Immersion** sessions prepare students to be change agents in chosen areas of concentration that play to their strengths.
- Curriculum is delivered at the Anschutz Medical Campus, Fort Collins Regional campus, and clerkship sites throughout the state.

*This diagram of the Alpine year is meant to serve as a sample student schedule. The order of the courses taken during the Alpine year and the course lengths will vary by student.

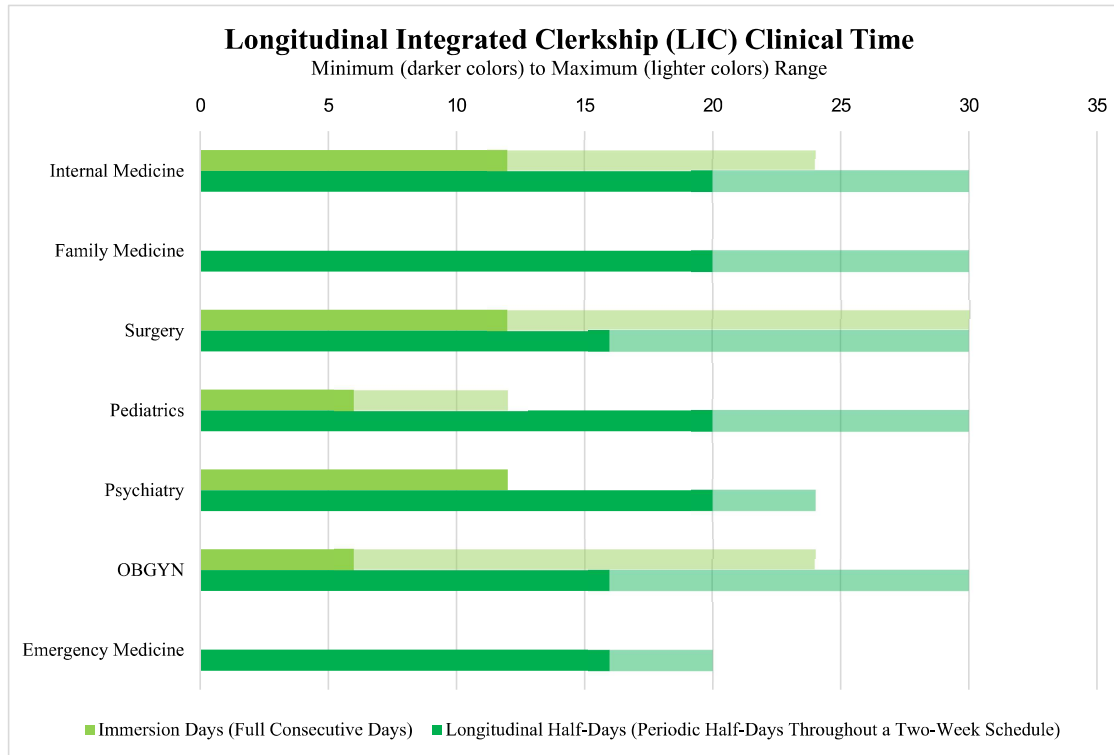
Year 1: Pre-Clerkship (Plains)

Jul	Aug	Sept	Oct	Nov	Dec	Jan			
Orientation/First Course	Foundational Principles Anatomy, Pharmacology, Genetics, Immunology, Histology, Cancer, Neurology	Traverse 1	Hematologic & Lymphatic Systems Anemia, Histology, Anatomy Labs, Hemostasis, Bleeding Disorders, Immunodeficiencies	Gastrointestinal System Anatomy Labs, Embryology, Histology, Pathophysiology, Pharmacology, Pathology Labs, Liver, Pancreas, Metabolism	Traverse 2	Pulmonary & Cardiovascular System Anatomy Labs, Embryology, Histology, Pathology Labs, Circulation, Pathophysiology, Dysrhythmias, Chest Radiography, Immunology, Pharmacology, Immunology, Microbiology, Pharmacotherapy, Heart Diseases		Renal & Urinary Systems Physiology, Anatomy Labs, Histology, Pathology Labs, Pathophysiology, Embryology, Hypertension, Kidney Diseases, Pharmacology	Traverse 3
DOCS (Discovering Our Clinical Skills)									
H&S (Health Systems Science)									

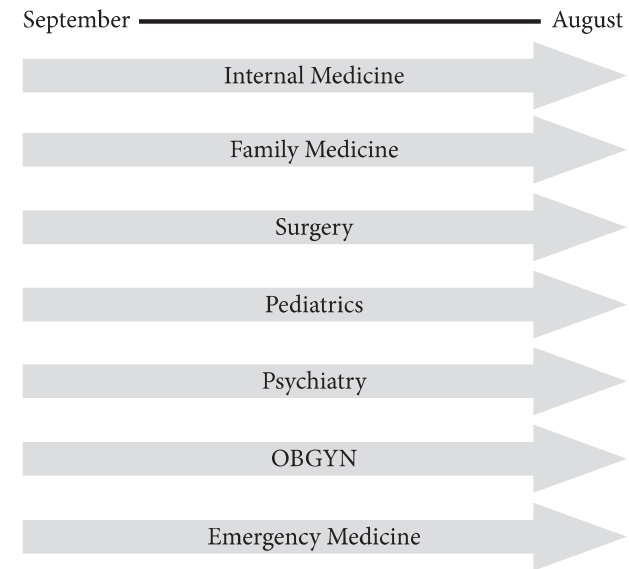
Feb	Mar	Apr	May	Jun	Jul	Aug		
Nervous System Neurofluids, Anatomy Labs, Neurodevelopment, Motor Systems, Somatosensation, Pain Management, Neurophysiology, Neuropharmacology, Visual System, Neuropaths	Musculoskeletal & Integumentary Systems Anatomy Labs, Embryology, Imaging, Histology, Gross and Functional Anatomy, Rheumatology, Dermatology		Mind & Behavior Neurodevelopment, Anxiety, Trauma, Moods, Sleep, Personality, Psychological Therapies, Substance Use, Psychosis	Traverse 4	Endocrine & Metabolic Systems Diabetes; Metabolism; Obesity; Pharmacology, Embryology, and Histology of the Hypothalamus and Pituitary, Thyroid and Parathyroid, and Adrenals	Reproductive System & Life Cycle Anatomy Labs, Embryology, Sexual Differentiation, Pharmacology, Puberty, Pathology, Histology, Imaging, Pregnancy and Development, Cancer, Geriatric Medicine	Traverse 5	Discovery/Summer Break
DOCS								
H&S								

Five **Traverse** weeks occur throughout the Plains year and consist of comprehensive assessments and longitudinal activities supporting students' professional growth and development.

Year 2: Clerkship (Foothills)



Rather than a traditional block curriculum, the LICs are delivered concurrently during the Foothills year.



Total: 2 weeks Foothills Basecamp + 46 weeks clerkships

An LIC that chooses the minimum immersion time must achieve the maximum longitudinal time and vice versa. Most LICs will fall in the middle of both ranges.

For each LIC specialty, students will have additional time for cohort patient care follow up and dedicated learning time in seminars.

Students will also have approximately 1-2 half-days per week of Extended Learning Time (ELT) that can be used for direct patient care, indirect patient care, non-clinical curricular requirements, and self-directed learning.

Year 3: Post-Clerkship (Alpine)

Aug	Sept	Oct	Nov	Dec	
3 Advanced Science Courses (ASC): Advanced Neurosciences, Advanced Immunology, Cardiology Connections				USMLE Step 1 Prep & Test	

Jan	Feb	Mar	Apr	May	Jun	Jul
Trail Immersion	Alpine Basecamp	Trails Distributed Work 4 Weeks Required Acting Internship (AI)	2 weeks ICU Course or 4-week ICU Acting Internship	4 weeks Integrated Science Selective	No more than 12 weeks of research electives	USMLE Step 2 Test

- Scheduled curriculum - the amount of time devoted to these aspects of the Alpine year will be the same for each student
- Flexible curriculum - the amount of time devoted to these aspects of the Alpine year will vary for each student

Year 4: Post-Clerkship (Alpine/Summit)

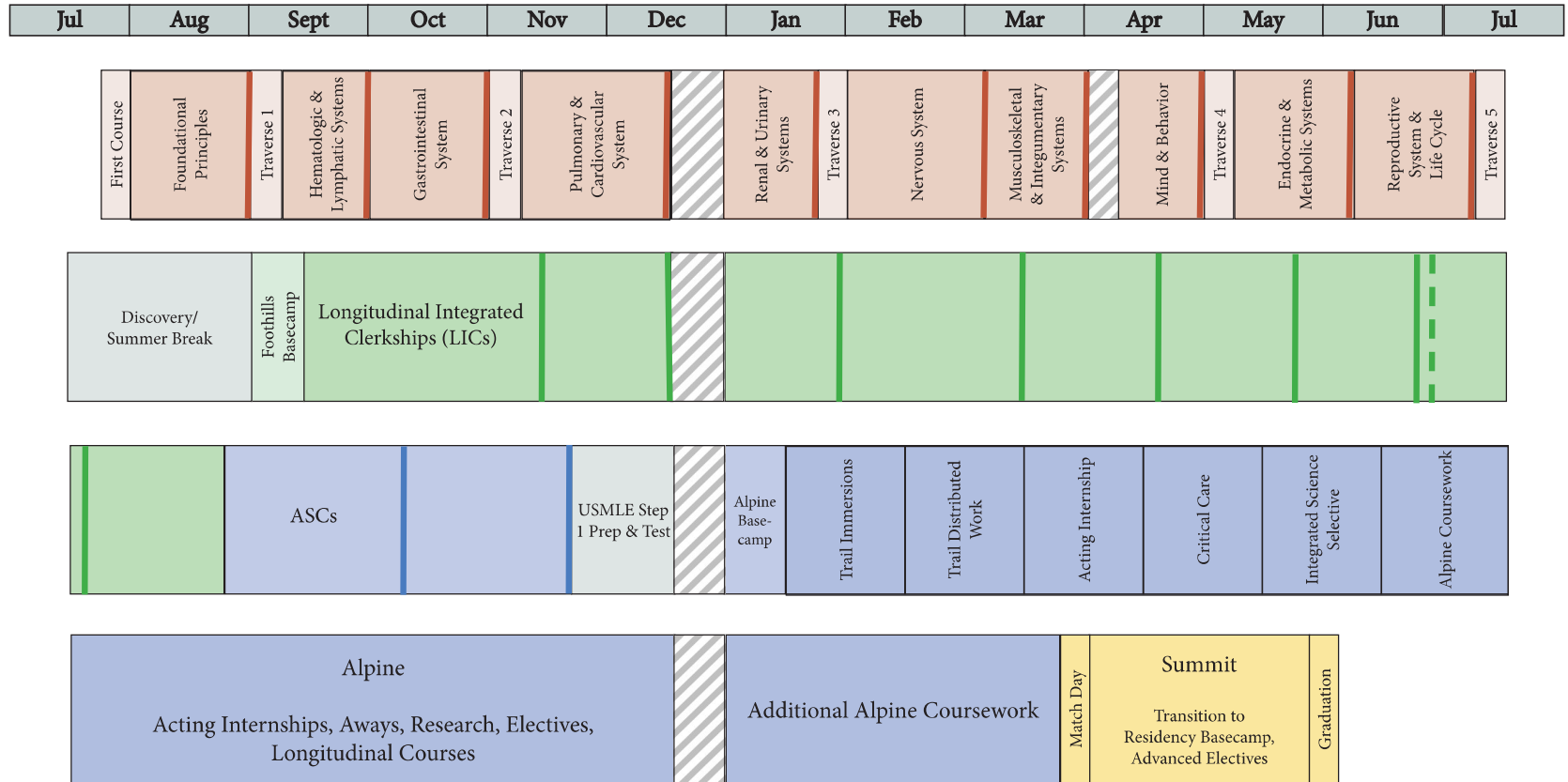
Jul	Aug	Sept	Oct	Nov	Dec	
Trails Distributed Work	28 weeks additional coursework (including additional AIs, Aways, Research, Electives, and Longitudinal courses)	Trail Immersion	Additional coursework continued			

Jan	Feb	Mar	Apr	May
No more than 16 weeks of Away electives		Complete MSA or research track or approved alternative	Summit Transition to Residency Basecamp (4 weeks)	Remaining Summit Coursework (6 weeks)
		Match Day		Graduation

Scheduled curriculum - the amount of time devoted to these aspects of the Alpine/Summit year will be the same for each student

Flexible curriculum - the amount of time devoted to these aspects of the Alpine/Summit year will vary for each student

Trek Curriculum Map - Assessments



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End of Course Assessment

Comprehensive Clinical Science Exam (CCSE)

Midterm and Final Exams

Students take five shelf exams during the Foothills year: Medicine, Psychiatry, Pediatrics, Surgery, and OBGYN. Eight test dates are provided during the year, and students will schedule their exams on five of the available dates.