

MS1

MS2

MS3

MS4

Trek Curriculum Map

	Jul	Aug	Sept	Oct	Nov	Dec	Jan		Feb	Mar	Apr		May	Jun	Jul
Year 1 Pre-Clerkship (Plains)	First Course	Foundational Principles	Traverse 1 Hematologic & Lymphatic Systems	Gastrointestinal	Traverse 2 Pulmonary & Cardiovascular	System	Renal & Urinary Systems	Traverse 3	Nervous System	Musculoskeletal & Integumentary Systems	Mind & Behavior	Traverse 4	Endocrine & Metabolic Systems	Reproductive System & Life Cycle	Traverse 5
Year 2 Clerkship (Foothills)		Discovery/ Summer Break Summer Break Longitudinal Integrated Clerkships (LICs)						7 LIC Specialties: Internal Medicine, Pediatrics, Obstetrics/Gynecology, Emergency Medicine, Psychiatry, Surgery, Family Medicine							
Year 3 Post-Clerkship (Alpine*)	I	Advanced Science Courses (ASC): Advanced Neurosciences, Advanced Immunology, Cardiology Connections				ALE Step ep & Test	Alpine Base- camp	Trail Immersions	Trail Distributed Work		Acting Internship	Critical Care	Integrated Science Selective	Alpine Coursework	
Year 4 Post-Clerkship (Alpine/Summit)		Alpine Acting Internships, Aways, Research, Electives, Longitudinal Courses Additional A								work Watch Dav	Ti Reside	Summit ransition to ency Baseca	mp, E		
	• The	three pillars of	of the Trek Cur	riculum - Medic	al Sciences, Clir	nical Sciences, a	nd Health	System	s Science - are in	ncorporated	through a	ll phases of	f the curriculı	ım.	

- The three pillars of the Trek Curriculum **Medical Sciences**, **Clinical Sciences**, and **Health Systems Science** are incorporated through all phases of the curriculum.
- Five **Traverse** weeks occur throughout the Plains year and consist of comprehensive assessments and longitudinal activities supporting students' professional growth and development.
- The Basecamp course is a longitudinal curriculum that spans the clinical years of medical school, helping students to develop and advance relevant knowledge and skills required for the next stage of their clinical training.
- The **Trail Immersion** sessions prepare students to be change agents in chosen areas of concentration that play to their strengths.
- Curriculum is delivered at the Anschutz Medical Campus, Fort Collins Regional campus, and clerkship sites throughout the state.

^{*}This diagram of the Alpine year is meant to serve as a sample student schedule. The order of the courses taken during the Alpine year and the course lengths will vary by student.