



## Preceptorship Orientation

### LOGISTICS:

- To get 8 hours of elective credit for the summer preceptorship, you must be registered for course **FMMD 6630**. The add/drop period for summer is June 5-9th.
- If you have not done so already, submit your work study form to the financial aid office.
- We will pay the Academic Support Service fee for summer electives. In order to waive the RTD fee, you must complete the RTD waiver form by May 31st and not be enrolled in other on-campus electives. The form is online. Contact Lia Nelson-James if you have questions. [https://forms.ucdenver.edu/secure/amc\\_ocss\\_rtdwaiver\\_form](https://forms.ucdenver.edu/secure/amc_ocss_rtdwaiver_form)
- Housing is coordinated through AHEC. You will receive an email confirming your rotation dates and you can indicate if you need housing. If you find your own housing (that's not with immediate family members), you can be reimbursed up to \$15/night when you return. Let Melanie know if you have questions.
- Your preceptor should already have a clinical faculty appointment that provides liability insurance for any activities that involve teaching.
- Your preceptor has received a "Letter of Good Standing" from us as well as a picture to post in the office so that staff and patients know you will be there.
- Take along your immunization record obtained from My Record Tracker in case anyone needs this.
- Contact your preceptor *at least one week prior* to your rotation. Let Melanie know if you have not heard from your preceptor or the AHEC housing coordinator within one week of your start date.
- You will receive your summer stipend (\$500/week minus employment taxes) based on the Student Employment Bi-Weekly Payroll Calendar. <https://www.cu.edu/employee-services/payroll/student-employee-payroll>
- We try to visit as many sites and preceptors as possible and will try to give you advance notice. Please verify your cell phone number listed on the sign-in sheet.

If you have any issues/problems/concerns or just want some advice, feel free to contact us via phone or email:

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## GOALS:

The goal of the preceptorship is for you to have an "out of Denver" primary care experience in the summer between the first and second years of medical school. You all have some life experience and/or interest in rural life, but may have a limited understanding of what the day-to-day life of a physician is like in a rural area or small community. In addition, now that you are well-into medical school, the reality that YOU will soon be a physician will bring a new sense of reality to your experience.

The overall goal is for you to experience a physician's practice and life. The specific goals are:

1. Gain medical experience and knowledge.
2. Experience the life and work of a rural physician.
3. Acquire experience and knowledge about health issues in a rural community.
4. See how various kinds of healthcare providers work together in a rural setting.
5. Be aware of the impact of culture/language on the health of a community.
6. Briefly analyze a community health issue.
7. Document your experiences and thoughts and share them with your peers online.

## EXPECTATIONS:

- ✓ Make sure that your preceptor knows that you have completed your first year of school, have some physical diagnosis and "problem-based learning" experience, as well as a brief hospital experience, but are a clinical beginner. On your first day/week, sit down with your preceptor to discuss your goals and their expectations of you. The more enthusiastic you are, the more you'll get to do.
- ✓ In addition to experiencing your preceptor's practice and life, you should seek to investigate and understand how the larger healthcare system in the area works. This may mean visiting other healthcare providers and community leaders, and learning about the healthcare and civic infrastructure of the town. The document "Things to do in a small town" contains ideas and is posted on Canvas.
- ✓ **During the summer preceptorship experience, students are expected to complete the weekly readings, post to the discussion board, and submit assignments in Canvas.**
- ✓ **The "deliverables" for this preceptorship are:**
  - Your participation in the weekly discussion posts
  - A reflection paper based on your summer experience
  - Log of your clinical experiences and contact log of interaction with other types of providers
  - An evaluation to be completed by your preceptor
  - Completing a survey about your experience and your preceptor (included in end of phase I survey)
  - A PowerPoint presentation on your experience

## ASSIGNMENTS:

The **weekly discussion posts** will help you think about your experience, not only in the short term, but also inform your career development plans. The associated readings are designed to provide background and depth.

**Week 1:** What are your first impressions of the community and your preceptor's medical practice? What is it like to be fully immersed in a clinical activity as a medical student? What is the business model of your preceptor's practice and is the practice involved in any of the practice transformation activities described in the readings for this week?

Readings: The Value of Primary Care; Practice Transformation: Taking the Direct Primary Care; House Calls; Transforming Healthcare: From Volume to Value; Burnout and Scope

**Week 2:** Review the readings for general information about rural healthcare issues in Colorado. Ask around to find out what healthcare issues your preceptor, staff and patients are concerned about that impact them. Do the healthcare providers and consumers have the same or different concerns? Pick one and write about what, if anything, is being done to deal with it.

Readings: The State of Health in Rural Colorado; 2016 Colorado Health Report Card; Bitter Pill: Why Medical Bills Are Killing Us; Healthcare Access in Rural Areas; Rural Mental Health; Rural Substance Abuse: Overcoming Barriers to Prevention and Treatment; Substance Abuse Statistics; Colorado Drug Overdose Death Rate; Opioid Crisis in Colorado

**Week 3:** Review the readings for this week. Rural physicians must balance complex personal and professional relationships. Have you observed or directly experienced this situation during your preceptorship? How was it managed? How do you plan to manage these complex relationships in your career?

Readings: Management of Professional Boundaries in Rural Practice; The Overlapping Roles of the Rural Doctor; Patient With Gun; What You Need to Know When Called Upon to Be a Good Samaritan; Handbook of Rural Healthcare Ethics

**Last Week of Preceptorship:** There is no discussion post for this week but you should start working on your reflection paper described below. Please have your preceptor complete the Evaluation of Student form and discuss with you during the last week of your experience.

**Within 2 weeks of your last day:** Upload the evaluation form completed by your preceptor, your clinical experience log, interdisciplinary contact log, and reflection paper.

- ✓ For your 1 to 2-page reflection paper, feel free to draw on your forum postings, your fellow students' discussion postings, and conversations with your preceptor. Be sure to address the following questions: How have your experiences this month informed your thoughts about the scope of practice, location and patient population you are thinking about serving some day? What further questions has the experience brought up for you?
- ✓ We will send you an "End of Phase I" survey via Survey Monkey at the end of the summer that will include questions about your summer preceptorship experience.
- ✓ Each of you will give a 10-15 minute presentation in the Fall semester about your experiences to your peers and the Phase I RT students.