

Greetings from the CU School of Medicine

December 2016

2016 in Review

Another year has flown by and the CU School of Medicine Rural Track is still going strong! We made a lot of progress in 2016 toward our goal of long-term sustainability. This summer, Dr. Roberto Silva joined the team as the Assistant Director. He was able to attend the graduation celebration as we said farewell to the Class of 2016 and join us for orientation as we welcomed the newest class of medical and physician assistant students to the Rural Track.

Dr. Silva will also play an important role in strengthening our relationships between preceptors and students. He will take on the role of Clerkship Director in the upcoming academic year for the 12 week integrated, longitudinal clerkship that many of our third-year medical students consider a defining experience in their career development. Along with the 3 to 8 week summer rural preceptorship experience between first and second-year and the many workshops, seminars, and social gatherings, we are meeting our mission of providing students with mentorship, broadened skills, and rural life experiences that support and encourage interest in rural practice.



Dr. Roberto Silva grew up and graduated from medical school in New Mexico. He completed Family Medicine Residency at the University of Colorado. He practiced at Valley-Wide in Alamosa, CO for five years. For the past three years, he has practiced at Denver Health.

In addition to expanding our people power in 2016, we were able to secure a \$25,000 private gift that will allow us to establish an endowment fund. Our long-term goal is to raise \$6 million so the annual proceeds from the Rural Track endowment will cover the gap in funding from the School of Medicine and proceeds from the Patrick and Kathleen Thompson Endowed Chair for Rural Health. With our remaining grant funds from The Colorado Health Foundation and a recent \$50,000 operational gift from CoBank, we should have enough funds to maintain our current programming for the next two years while we work toward our goal.



Students who participated in the 2016 Interdisciplinary Rural Immersion Week in Sterling, CO at Rooster Ranch

We are committed to training the next generation of healthcare providers for rural Colorado communities, but we can't do it alone. We rely on the School of Medicine, our funders, preceptors, community partners, graduates and students. This program would not exist without YOU. Whatever you can do to help us reach our goals and ensure this program continues to, **we appreciate your support!**



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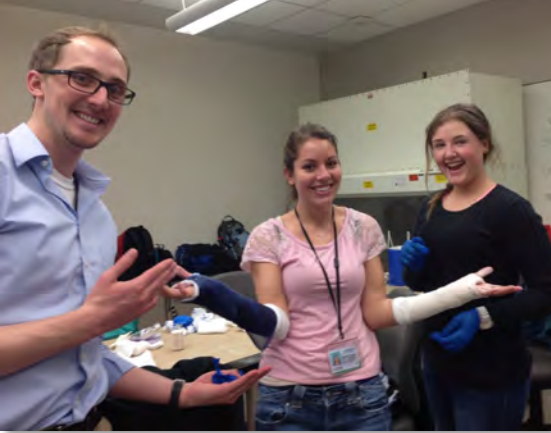


The Colorado Health Foundation™

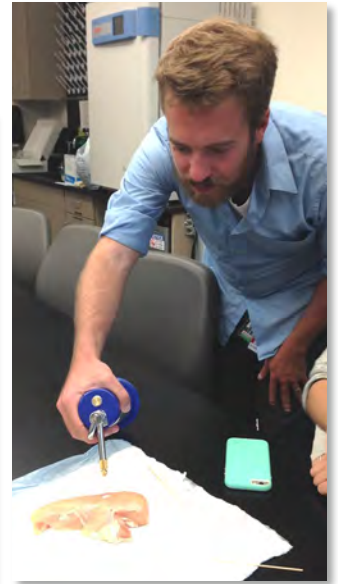


Current Rural Track Students

Second-year MD students, Rob Ungerer and Cara Campbell, show off their work casting fellow student, Emily Bressan



Second-year PA student, Andrew Belus, practices oral anesthesia on second-year PA student, Mariah Wiegel



Second-year MD student, Daniel Harter, practices cryotherapy during the Fire & Ice Workshop

HOW YOU CAN HELP

- Contribute to the Rural Track [endowment](#), [operations](#), or [scholarship](#) funds.
- Precept students during their summer preceptorship or third-year clerkships.
 - Help facilitate a workshop or share your expertise as a guest lecturer.
 - Connect us with prospective students or potential donors.
- Spread the word to your family, friends, colleagues, and neighbors about the Rural Track!

Second-year MD students, Cam Niswander and John Hallett look on as Dr. Roberto Silva demonstrates airway intubation techniques



Asa Ware ('13), Rural Track graduate and current North Colorado Family Medicine Residency faculty, helps teach the sterile technique workshop to first-year MD and PA students

Rural Track Graduates

Rural Track graduate, Andrea Wismann ('09), hosted second-year student, Leah Foster, at her clinic in Springfield, CO for the summer preceptorship

Student Stories, Andi Hudler



Andi Hudler ('16), shared her experience in the Rural Track and how it shaped her career goals in a video produced by the Colorado Rural Health Center



WHERE WE ARE

After 11 years of operation, 66 of our 132 Rural Track graduates have entered clinical practice. Their career choice and rural vs. urban practice location is shown in these two tables.

We are proud that nearly half of our graduates practice in truly rural towns and that over half are practicing primary care, demonstrating that we are successfully meeting our goals.

Rural Track graduates residency choice 2009-2016 (N =132 as of July 2016)

| Specialty | # | % |
|--------------------|-----|------|
| Family Medicine | 56 | 42% |
| Emergency Medicine | 15 | 11% |
| Internal Medicine | 13 | 10% |
| Anesthesiology | 10 | 8% |
| OBGyn | 9 | 7% |
| Pediatrics | 7 | 5% |
| Psychiatry | 6 | 5% |
| General Surgery | 5 | 4% |
| Other | 11 | 8% |
| Total | 132 | 100% |

Rural Track graduates who are in practice (N =66 as of July 2016)

| | |
|---|-----|
| % rural (26% in CO + 20% outside CO) | 46% |
| % in Colorado | 53% |
| % military | 3% |
| % Primary Care | 53% |

Stay Connected!

Rural Track PA graduating Class of 2016
Back Row (L to R): Joe Jones, Garrett Larson,
Amy Buck, Nathan Schulte
Front Row (L to R): Kendra Gerk, Caitlyn
Jennings, Robyn Morrison, Kali Saxton-Shaw
Not Pictured: Ryan Miller



UPCOMING WORKSHOPS

January 25, 2017
1-3pm Class of 2019

February 15, 2017
1-3pm Class of 2019

March 29, 2017
1-3pm Class of 2020

April 19, 2017
3-5pm Class of 2019

May 3, 2017
1-3pm Class of 2020
3-5pm Class of 2018

May 17, 2017
1-3pm Class of 2020



Rural Track MD graduating Class of 2016
Back Row (L to R): Bill Brandenburg, Mark Hopkins, Dr. Mark Deutchman, Tysen Trujillo,
Tyler Barr, Andi Hudler
Front Row (L to R): Claudia Nieuwoudt, Logan Mims, Kat Wyns, Reid Burks, Gabe Williams,
Paige Bennett, Bethany Morris, Jessica Mackey
Not Pictured: Jenny LaBudde, Travis Peveto, Lauren Thomas

SHARE THE RURAL TRACK STORY

Watch these [videos](#) created by the Colorado Rural Health Center to highlight our students and grads

[Read](#) about us in Fall 2016 edition of the Colorado Family Physician magazine

Learn about the [tax credit](#) for rural primary care preceptors in the state

Check out the newspaper story from this summer's [Rural Immersion Week](#) in Sterling, CO

CONTACT INFO

Mark Deutchman, MD

Director, Rural Track

mark.deutchman@ucdenver.edu

Phone: 303.724.9725

Roberto Silva, MD

Assistant Director, Rural Track

roberto.silva@ucdenver.edu

Phone: 303.724.8418

Melanie DeHerrera

Program Coordinator, Rural Track

melanie.deherrera@ucdenver.edu

Phone: 303.724.0340

medschool.ucdenver.edu/ruraltrack

giving.cu.edu/ruraltrackfunds