



# Rural Program

SCHOOL OF MEDICINE

UNIVERSITY OF COLORADO

**ANSCHUTZ MEDICAL CAMPUS**

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Hello Rural Program Friends,

This month, we are highlighting one of our newest Rural LIC sites: Gunnison, CO. Discover some of what makes this community unique and how our preceptors and Rural Track graduates are making a positive impact.

Additionally, we are celebrating the end of final evaluations and sharing some standout evals that include some particularly helpful details for the grading committees. We hope you find them useful and instructive.

In the coming weeks, we are looking forward to welcoming some of you to Denver for the Faculty Appreciation and Awards Dinner on September 19. Please let us know if you are planning to attend!

All best,

[The CUSOM Rural Program Team](#)

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## Rural Program Site Spotlight: Gunnison, CO

**Population:** 6,560 in 2020

**Elevation:** 7,710 feet

**Founded:** March 1, 1880

**Economy:** Outdoor recreation, agriculture, tourism

**Our favorite restaurants:** [High Alpine Brewery](#), [Sherpa Café](#), [Blackstock Bistro](#), [The Dive](#)



Last year, Gunnison became a new Rural LIC site, a testament to the dedication and hard work of many individuals, particularly Drs. Anna Meeuwsen and Stephanie Porter. We want to thank them for their extraordinary contributions to making the Gunnison LIC a reality.

Our Rural Track graduates are always a source of pride, and it is wonderful to see some of our graduates who practice in

Gunnison become preceptors for current Rural Program students. During his site visit earlier this year, Dr. Deutchman had the opportunity to reconnect with these alumni, Drs. Kelly Stewart, Ann Treisman, and Laura Villanueva. Their expertise and passion for mentoring are making a significant impact on the next generation of medical professionals. We are so grateful for their commitment and the invaluable contributions they are making to their community and to our program.

Gunnison's first Rural LIC student, Mike Nocek, shared some thoughts about his experience in Gunnison. Highlights included building relationships with people in the community and his work with the Crested Butte Snow Sports Foundation to raise funds for ski gear scholarships for kids who might not otherwise have the means to compete. Projects like Mike's highlight the positive impact that students can have in a community beyond their clinical duties.

Additionally, we want to highlight Dr. Gloria Beim, who represented Gunnison Valley in Paris as the head physician for Team USA during the 2024 Summer Olympic Games. We are fortunate to have her teaching our Rural Program students in Gunnison. [Click here](#) to read more about her experience!

Photos: Dr. Deutchman enjoyed visiting with current student Mike Nocek and Rural Track grads Drs. Kelly Stewart, Ann Treisman, and Laura Villanueva on a site visit to Gunnison earlier this year.



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## Final Evaluations are Over!

Thank you to all of you who completed final evaluations for our 2023-2024 Rural LIC students. We want to share a few examples of particularly helpful evaluations we received this year. We appreciate everyone who took the time to complete evaluations - they are critical for our students to receive grades that fairly reflect their learning and skills!

### Example 1

On Differential Diagnosis and Management Plan:

[Student] is able to generate a thorough differential for patients with a common or routine complaint. We had a patient recently with a recent history of CABG and valve repair. He had developed paresthesias in both upper extremities and [Student] developed a great differential with limited input from me including both minor causes of neuropathy as well as more concerning causes. After discussing his symptoms and exam findings some more, we settled on a basic work-up initially and plans for next steps if this work-up was negative, again with limited input from me. Another example of their management plan is a patient they got to see twice in short period of time. The patient is struggling with type 2 diabetes, OSA, obesity. [Student] counseled her on her CPAP use and the benefits the patient had with this use. [Student] reviewed her data and provided good feedback. They also counseled the patient on diet/exercise and

generated a good plan for titrating up the patient's GLP-1 agonist for ongoing weight management and DM2 control. The patient was having trouble remembering to take a medication and [Student] came up with a great patient-forward solution for this. [Student] clearly had developed good rapport after seeing this patient twice and the patient exhibited trust with [Student]. These patients reflect [Student]'s general abilities with differentials and management plans - they have made good progress this year thinking broadly and considering more possibilities, as well as considering a management plan on their own and including it in their presentation.

### Example 2

On History and Physical:

[Student] had a broad differential diagnosis for each patient then was able to narrow it down usually to the correct diagnosis and explaining their reasoning behind the diagnosis that they chose. [Student]'s management plans contained the appropriate medications, labs, imaging and patient education for a particular pediatric condition. For one of their patients with a diagnosis of an ear infection and cold, [Student] explained to the parents effective antibiotic therapy and supportive care measures. [Student]'s management plans for each patient differed very little from mine.

### Example 3

On Technical Skills:

[Student] shines when it comes to procedures and technical skills. They attended 21 surgeries with me. Over the weeks, as we got comfortable working together, [Student] progressed to performing many surgical tasks. They closed the skin on c-section, inserted laparoscopic trocars, and even used the ligasure to perform salpingectomy for sterilization. They took feedback very well and was able to improve their skills. I heard from the midwives they progressed and by the end was delivered multiple babies with hand over hand guidance. I heard from other providers in the clinic that they could perform a pelvic exam, collect a pap, and even remove/insert an IUD.

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