2022-2023 ACADEMIC YEAR

PLAINS ELECTIVES

Semester One:
Start Date - Monday, September 19, 2022
End Date - Friday, December 16, 2022
**Dates to Remember**

**Registration (Lottery)**  
8/16/2022 AT 8:00AM | 8/23/22 AT 5:00PM  
The lottery is the initial registration period, and for S1 the lottery will open on Tuesday, August 16, 2022 and closes on Tuesday, August 23, 2022.

**Registration - (Add/Drop)**  
8/24/2022 AT 8:00AM | 9/16/22 AT 5:00PM  
The add/drop period is the secondary registration period.  
Note, tracks (Global Health and Research) and the Rural Program are not in the lottery and cannot be added during the initial registration period.

**Add/Drop Period**  
8/24/2022 | 9/16/2022  
Students will have a period of time to add or drop electives in OASIS before the course start date. During this time students may add/drop electives. Note, Plains students are not allowed to take more than one elective at a time (per semester).

**Final Schedules**  
ALL SCHEDULE FINAL - 9/16/2022  
Students cannot make schedule changes themselves in OASIS after 9/16/2022. Semester one starts on Monday, September 19, 2022.

Note, if students want to make schedule changes after 9/16/22, they must use the add/drop student request form found on page 13 of this guide. Contact Jena James at jena.james@cuanschutz.edu with questions.

**Reminders & Updates**

- Student notifications will be sent prior to the start of each Plains elective semester with registration details for each semester.
- To fit better with Registrar’s naming convention, we will no longer be using the word “trimester” for elective terms. We now call elective terms, “Semester 1, Semester 2, Semester 3, and Semester 4” or “S1, S2, S3, and S4.”
- Please contact Jena James at jena.james@cuanschutz.edu with any questions about Plains electives.

Disclaimer: The elective courses and registration information are subject to change. Any changes will be communicated to students. Students should check their emails and North Star dashboards daily.
When are electives offered?

For the purposes of electives, the Plains year after COMPASS One is divided into three semesters. Electives are offered for 1-2 hours per week for twelve weeks within the semester. Electives do not run during COMPASS or holiday weeks. Students who are designated as being in “good standing” by the Progress Committee may take one elective per semester. Students who fall out of good standing, will be withdrawn from their elective.

- **Semester 1:** 09/19/2022 - 12/16/2022
- **Semester 2:** 01/02/2023 - 04/07/2023
- **Semester 3:** 04/17/2023 - 07/14/2023

How do students register for electives?

- Students who are in one of the SOM programs that require participation in a linked elective (i.e. Rural, Global Health, and Research programs) will be automatically enrolled in the appropriate elective each trimester after accepted into one of the courses listed above.

- All other students will receive information about how to request enrollment for the available electives prior to the beginning of each semester. Students will have the opportunity to request and prioritize electives. The scheduling system will then run a lottery to randomly give students preference for enrollment into electives based on their prioritized list. (E.G. if student Zebulon Pike is randomly assigned top priority, they will be enrolled into their top elective choice. The system will then move to the student randomly assigned next priority and they will be placed into their top elective choice. Once an elective reaches its maximum number of students enrolled, it will be closed. Students will have the option to add/drop electives in OASIS until the Friday before the elective semester starts.

**QUESTIONS: CONTACT JENA JAMES, ELECTIVES COORDINATOR: JENA.JAMES@CUANSCHUTZ.EDU**
<table>
<thead>
<tr>
<th>Course</th>
<th>Semester(s)</th>
<th>Schedule</th>
</tr>
</thead>
<tbody>
<tr>
<td>FMMD 5010 - Rural Program</td>
<td>Semester 1 (9/19/2022 – 12/16/2022) Semester 2 (1/2/2023 – 4/7/2023) Semester 3 (4/17/2023 – 7/14/2023)</td>
<td>Wednesdays - 10:00am to 12:00pm</td>
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<tr>
<td>FMMD 5040 - Family Medicine Survey</td>
<td>Semester 1 (9/19/2022 – 12/16/2022)</td>
<td>Wednesdays - 12:00pm to 1:00pm</td>
</tr>
<tr>
<td>IDPT 5012 - Intro to Global Health Research</td>
<td>Semester 2 (1/2/2023 – 4/7/2023)</td>
<td>Wednesdays - 12:00pm to 1:00pm</td>
</tr>
<tr>
<td>IDPT 5028 - One Health Practicum: Fort Collins Branch Only</td>
<td>Semester 1 (9/19/2022 – 12/16/2022)</td>
<td>Wednesdays - 5:00pm to 7:00pm</td>
</tr>
<tr>
<td>IDPT 5037 - History of Race in Medicine</td>
<td>Semester 3 (4/17/2023 – 7/14/2023)</td>
<td>TBD</td>
</tr>
<tr>
<td>IDPT 5040 - Trauma &amp; Violence Informed Care: Addressing Interpersonal Violence in Medicine</td>
<td>Semester 1 (9/19/2022 – 12/16/2022) Semester 2 (1/2/2023 – 4/7/2023)</td>
<td>S1: Tuesdays - 12:00pm to 1:00pm S1: Thursdays - 12:00pm to 1:00pm S2: Tuesdays - 12:00pm to 1:00pm S2: Thursdays - 12:00pm to 1:00pm</td>
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<tr>
<td>IDPT 5042 - Planetary Health: Look Up &amp; Lead</td>
<td>Semester 2 (1/2/2023 – 4/7/2023) Semester 3 (4/17/2023 – 7/14/2023)</td>
<td>Wednesdays - 12:00pm to 1:00pm</td>
</tr>
<tr>
<td>IDPT 5043 - Digital MD: Social Media &amp; Digital Scholarship</td>
<td>Semester 2 (1/2/2023 – 4/7/2023)</td>
<td>Variable/Flexible Schedule</td>
</tr>
<tr>
<td>IDPT 5094 - Research Track Plains</td>
<td>Semester 2 (1/2/2023 – 4/7/2023) Semester 3 (4/17/2023 – 7/14/2023)</td>
<td>Wednesdays - 12:00pm to 1:00pm</td>
</tr>
<tr>
<td>IDPT 5200 - Intro to Global Health</td>
<td>Semester 1 (9/19/2022 – 12/16/2022)</td>
<td>Wednesdays - 12:00pm to 1:00pm or Wednesdays - 5:00pm to 6:00pm</td>
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<tr>
<td>MEDS 5040 - Critical Cases in Bioethics</td>
<td>Semester 1 (9/19/2022 – 12/16/2022)</td>
<td>Tuesdays - 5:00pm to 6:00pm</td>
</tr>
<tr>
<td>IDPT 5041 - Space &amp; Austere Medicine</td>
<td>Semester 2 (1/2/2023 – 4/7/2023)</td>
<td>Tuesdays - 5:30pm to 6:30pm</td>
</tr>
<tr>
<td>SURG-5005 - Intro to Surgery</td>
<td>Semester 3 (4/17/2023 – 7/14/2023)</td>
<td>TBD</td>
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<tr>
<td>RADI-5005 - Clinical Ultrasound</td>
<td>Semester 3 (4/17/2023 – 7/14/2023)</td>
<td>TBD</td>
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<tr>
<td>OPHT 5610 - Biology of the Eye</td>
<td>Semester 1 (9/19/2022 – 12/16/2022)</td>
<td>Wednesdays - 5:00pm to 6:00pm Thursdays - 5:00pm to 6:00pm</td>
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<tr>
<td>IDPT 5013 - Medical Spanish Fort Collins Branch &amp; Remote Option</td>
<td>Semester 2 (1/2/2023 – 4/7/2023)</td>
<td>Tuesdays - 12:00pm to 1:00pm</td>
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<tr>
<td>ORTH 5005 - Intro to Orthopedics</td>
<td>Semester 3 (4/17/2023 – 7/14/2023)</td>
<td>Wednesdays - 12:00pm to 1:00pm</td>
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</tbody>
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COURSE DETAILS

ORTH 5005
Introduction to Orthopedics

Course Description
This course consists of 14 weekly one-hour classroom sessions including interactive lectures covering the orthopedic subspecialties, small group discussion and case presentations. An elective reading list is provided. There are optional shadowing opportunities in the operating room and clinics. Student evaluation is pass/fail by attendance.

SCHEDULE
SEMESTER 3 (S3): Wednesdays: 12:00pm - 1:00pm

Course Contact Info
Director: Frank Scott
Director email: frank.scott@ucdenver.edu
Coordinator: TBD
Coordinator email:TBD

IDPT 5200
Introduction to Global Health

Course Description
This one-credit course is designed to introduce clinicians in training to critical topics in global health. The course consists of lectures and group discussions lead by experts in a variety of global health-related diseases, public health priorities, and health policy issues. Note, the elective is open to 1st year med students but does not guarantee admission into the track

SCHEDULE
SEMESTER 1 (S1): Wednesdays: 12:00pm - 1:00pm
Registration: During the add/drop period

Course Contact Info
Director: Madiha Abdel-Maksoud
Director email: Madiha.Abdel-Maksoud@cuanschutz.edu
Coordinator: Zach Lundquist
Coordinator email: GlobalHealthTrack@cuanschutz.edu

IDPT 5040
Trauma & Violence Informed Care
Addressing Interpersonal Violence in Medicine

Course Description
We will teach students how to provide trauma informed services. We will address several types of violence as well as acknowledge cultural competency, implicit bias and how power and privilege affect our view. We will offer students real-life case studies and introduce speakers and topics that intersect with best practices in medicine.

SCHEDULE
SEMESTER 1 (S1): Tuesdays: 12:00pm - 1:00pm
SEMESTER 2 (S2): Thursdays: 12:00pm - 1:00pm

Course Contact Info
Director: Rachael Williams
Director email: Rachael.williams@cuanschutz.edu
Coordinator: Trisha Agarwal
Coordinator email: Trisha.Agarwal@cuanschutz.edu

MEDS 5040
Critical Cases in Bioethics

Course Description
This elective provides learners with an opportunity to explore the field of bioethics as applied to medicine and health through the lens of critical cases in the history of bioethics. The course will pay special attention to ethical issues surrounding the potential integration of clinical care and overall population health, health inequalities, and questions of fairness as applied to medicine and health.

SCHEDULE
SEMESTER 1 (S1): Tuesdays: 5:00pm - 6:00pm

Course Contact Info
Director: Daniel Goldberg
Director email: Daniel.Goldberg@cuanschutz.edu
Coordinator: Laurie Munro
Coordinator email: Laurie.Munro@cuanschutz.edu

QUESTIONS: CONTACT JENA JAMES, ELECTIVES COORDINATOR: JENA.JAMES@CUANSCHUTZ.EDU
FMMMD 5040
Family Medicine Survey

Course Description

Students will attend 12 weekly 1 hour sessions on a variety of foundational topics in primary care including family planning and contraceptive options with an accompanying skills workshop in contraceptive procedures, sports medicine in primary care with skills workshop in joint injections, addiction medicine and behavioral health in primary care, family centered maternity care with accompanying skills workshop in OB ultrasound, common dermatologic conditions in primary care with skills workshop in biopsy techniques, health equity and delivery of care to underserved populations. Students will have the opportunity to explore various models of primary care delivery and fellowship opportunities in family medicine.

SCHEDULE

SEMESTER 1 (S1): Wednesdays: 12:00pm - 1:00pm

IDPT 5012
Intro to Global Health Research

Course Description

This seminar series is open to medical students and CHA/PA students in the Global Health Track. Topics include pre-travel health and safety considerations, ethical issues in global health, human rights and health, as well as research and philosophical tools for culturally appropriate care in a sustainable fashion. The class is required of Global Health Track Students. The University of Colorado requires that all Medical Students planning a global health project for their MSA be in the global health track and participate in this course.

SCHEDULE

SEMESTER 2 (S2): Wednesdays: 12:00pm - 1:00pm

Course Contact Info

Director: Leana May Moser
Director email: Leana.MayMoser@childrenscolorado.org
Coordinator: Zach Lundquist
Coordinator email: GlobalHealthTrack@cuanschutz.edu

QUESTIONS: CONTACT JENA JAMES, ELECTIVES COORDINATOR: JENA.JAMES@CUANSCHUTZ.EDU
COURSE DETAILS

OPHT 5610
Biology of the Eye

Course Description
This course introduces students to contemporary topics in vision science and ophthalmology by integrating cutting-edge basic science with translational research and clinical advances. The overall objective is to familiarize students with the core concepts and challenges in clinical ophthalmology and vision research.

Note: Course starts on Wednesday, October 12, 2022

SCHEDULE
SEMESTER 1 (S1): Wednesdays & Thursdays: 5:00pm - 6:00pm

Course Contact Info
Director: Natalia Vergara
Director email: Natalia.Vergara@cuanschutz.edu
Coordinator: TBD
Coordinator email: TBD

IDPT 5028
One Health Elective (FCB)

Course Description
One Health is a transdisciplinary concept that focuses on issues at the intersection of Human, Environmental, and Animal Health. The One Health Practicum will bring together groups of interdisciplinary undergraduate, graduate, and professional students to evaluate real-world One Health challenges in the City of Fort Collins.

SCHEDULE
SEMESTER 1 (S1): Tuesdays: 5:00pm - 6:00pm

Course Contact Info
Director: Anuja Riles
Director email: anuja.riles@bannerhealth.com
Coordinator: Jenn Smith
Coordinator email: jennifer.n3.smith@cuanschutz.edu

IDPT 5027
IHI Open School Basic Certificate

Course Description
Earning the IHI Open School Basic Certificate in Quality and Safety boosts your knowledge and skills — and proves to educators and residencies you’re serious about changing health care for the better. To receive the Certificate, you must complete the following 13 Open School courses: Q1 101–Q105, PS 101–105, TA 101, PFC 101, and L 101. This course is 100% online.

SCHEDULE
SEMESTER 1 (S1): Virtual/Remote - At student’s pace
SEMESTER 2 (S2): Virtual/Remote - At student’s pace
SEMESTER 3 (S3): Virtual/Remote - At student’s pace

Course Contact Info
Director: Tyler Anstett
Director email: tyler.anstett@cuanschutz.edu
Coordinator: Jena James
Coordinator email: jena.james@cuanschutz.edu

SURG 5005
Intro to Surgery

Course Description
Introduction to general surgery & a variety of surgical specialties with an emphasis on foundational skills & knowledge development. Students will attend didactic and skills sessions to gain a deeper understanding of surgical specialties, basic surgery principles, and common surgical cases.

SCHEDULE
SEMESTER 3 (S3): TBD

Course Contact Info
Director: Kshama Jaiswal
Director email: kshama.jaiswal@dhha.org
Coordinator: Kathleen Tuthill
Coordinator email: kathleen.tuthill@cuanschutz.edu
**Course Description**

**FMMD 5010**  
**Rural Program**  
The Rural Program Seminars and Workshops course is open to and required for all students in the Rural Program. Sessions are focused on knowledge and skills that prepare Rural Program students for the rural longitudinal integrated clerkship and span these general domains: Clinical knowledge, clinical skills, community engagement and public health, professional ethics and healthcare business and finance.

**SCHEDULE**

**SEMESTER 1 (S1):** Wednesdays: 10:00am - 12:00pm  
**SEMESTER 2 (S2):** Wednesdays: 10:00am - 12:00pm  
**SEMESTER 3 (S3):** Wednesdays: 10:00am - 12:00pm  
Registration: Through the program, contact the course Coordinator for details.

**Course Contact Info**

Director: Mark Deutchman MD  
Director email: mark.deutchman@cuanschutz.edu  
Coordinator: Melanie DeHerrera  
Coordinator email: melanie.deherrera@cuanschutz.edu

**IDPT 5041**  
**Space & Austere Medicine**  
In this course we aim to discuss the history of human health in flight and anticipated challenges with upcoming exploration missions. We will emphasize human physiology and engineering constraints to launch, microgravity, partial gravity, and re-entry. We will also have hands-on practice with skills and technologies currently used in extreme and austere medical care.

**SCHEDULE**

**SEMESTER 2 (S2):** Tuesdays: 5:30pm - 6:30pm

**Course Contact Info**

Director: Arian Anderson  
Director email: arian.anderson@cuanschutz.edu  
Coordinator: Meagan Rivers  
Coordinator email: Meagan.Rivers@cuanschutz.edu

**IDPT 5043**  
**Digital MD: Social Media & Digital Scholarship**  
Explore online educational resources, personal branding, and digital professionalism. Participants will gain familiarity with social media networks and develop their own online brand. Capstone includes an online digital scholarship project (e.g. podcast, video, infographic) #MedEd #FOAMed

**SCHEDULE**

**SEMESTER 2 (S2):** Variable/Flexible Schedule

**Course Contact Info**

Director: Matthew Zuckerman  
Director email: Matthew.Zuckerman@cuanschutz.edu  
Coordinator: TBD  
Coordinator email: TBD

**IDPT 5094**  
**Research Track**  
The goals of the Research Track are: 1) to, foster student development of an identity as a physician capable of being deeply involved with and completing research efforts and for graduates to acquire the knowledge and skills to successfully complete the components of a research project. This elective is only for students who have been accepted into the Research Track in the first trimester.

**SCHEDULE**

**SEMESTER 2 (S2):** Wednesdays: 12:00pm - 1:00pm  
**SEMESTER 3 (S3):** Wednesdays: 12:00pm - 1:00pm  
Registration: During the add/drop period

**Course Contact Info**

Director: Marsha Anderson  
Director email: Marsha.anderson@childrenscolorado.org  
Coordinator: Zach Lundquist  
Coordinator email: Zachary.Lundquist@cuanschutz.edu
IDPT 5031
History of Race in Medicine

Course Description
This course analyzes the history of medical racism from the colonial period to the present. Using secondary sources from medical historians and 1910 Flexner Report, the course will explore how slavery and systemic racism influenced medical education for minoritized populations, specifically Black Americans. Students will use critical race theory as a theoretical framework critically analyze the construction of medical education for Black students within the historical context of the time period. This course is 100% remote and course learning events/sessions will be delivered via Zoom.

SCHEDULE
SEMESTER 3 (S3):

Course Contact Info
Director: Krista Walker
Director email: krista.walker@cuanschutz.edu
Coordinator: Jena James
Coordinator email: jena.james@cuanschutz.edu

IDPT 5013
Medical Spanish (FCB & Remote)

Course Description
This weekly 1 hr class seeks to increase 1st year medical student comfort level with interacting with Spanish-speaking patients. It’s intended to be a precursor to clinical or community settings where they may work directly with Spanish-speaking patients.

SCHEDULE
SEMESTER 2 (S2): Tuesdays: 12:00pm to 1:00pm/Remote Option

Course Contact Info
Director: Christie-Reimer
Director email: christina.reimer@cuanschutz.edu
Coordinator: Dani Crowell
Coordinator email: danielle.crowell@cuanschutz.edu

IDPT 5042
Planetary Health: Look Up & Lead

Course Description
To develop a strong foundation in planetary health. Identify the health impacts of climate change and effective responses on the part of specific health services. Apply knowledge of levels of prevention, climate mitigation and adaptation, and explain health co-benefits of actions.

SCHEDULE
Semester 2 (S2): Wednesdays: 12:00pm to 1:00pm
Semester 3 (S3): Wednesdays: 12:00pm to 1:00pm

Course Contact Info
Director: Elizabeth Gillespie
Director email: elizabeth.gillespie@dhha.org
Coordinator: Meagan Rivers
Coordinator email: Meagan.Rivers@cuanschutz.edu

RADI 5005
Clinical Ultrasound

Course Description
Ultrasound is being used by clinicians in many different settings for many different applications. This elective will introduce students to many of the primary applications for clinician-performed ultrasound.

SCHEDULE
Semester 3 (S3): TBD

Course Contact Info
Director: Juliana Wilson
Director email: juliana.wilson@cuanschutz.edu
Coordinator: TBD
Coordinator email: TBD
**IDPT-5032 Service-Learning Elective**  
**Course Description**  
Summer elective to continue community engagement experience without mandatory hours credit. Focus is to maintain continuity if desired.

**SCHEDULE**  
Semester 4 (S4): Summer

**Course Contact Info**  
Director: James Carter  
Director email: james.carter@cuanschutz.edu  
Coordinator: Christy Angerhofer  
Coordinator email: christy.angerhofer@cuanschutz.edu

**IDPT-5030 Anatomy Autopsy Dissection**  
**Course Description**  
Gain hands-on gross anatomy experience through cadaver dissection using a modified En Masse Autopsy Protocol. After organ bloc removal, students will complete additional dissections to expose key structures and relationships in the gastrointestinal, cardiovascular, pulmonary, urinary, reproductive, and musculoskeletal systems.

**SCHEDULE**  
Semester 4 (S4): Summer

**Course Contact Info**  
Director: Danielle Royer  
Director email: Danielle.Royer@cuanschutz.edu  
Coordinator: Briauna Blezinski  
Coordinator email: briauna.blezinski@cuanschutz.edu

QUESTIONS: CONTACT JENA JAMES, ELECTIVES
COORDINATOR: JENA.JAMES@CUANSCHUTZ.EDU
Lottery Preference Selection Mechanics

Go to ucdenver.oasis.scheduling.com Click on Users with passport ID
Log-in using your CUAnschutz username and password.

You can select courses for your Plains electives schedule preferences. You will not be able to select courses that require special or director approval. These courses are primarily for students who are participating in Tracks.

Once you are logged in you will see the screen below. Select Add Course from the navigation.

You must add courses to your lottery selections.

For help, please submit a ticket under the 'Medical Education Support' queue https://medschool.zendesk.com/

An easy way to see the list of courses available in the trimester is to select All Departments and click the Search button.
Add/Drop in Oasis
For Trek students

In addition to using Oasis for your elective’s lottery, you will use it for Add/Drop. It is available after the lottery has run and once your course enrollment is reviewed. This allows you to drop a course in which you have been enrolled. You can also add a course roster if you have no other enrollment in the semester. Additionally, if a course is full but you wish to add yourself, you may add yourself to the waitlist. If an enrolled student makes a spot available, you will be contacted and asked if you would like to add them as an existing enrollment, you will need to drop it before you can be added to the course.

Some courses are designated “Instructor approval,” which means that the step to signing up for the course. Those courses will have a waitlist and you may add yourself. The requirements may be participation in a Track or complete an elective. You may need to provide documentation, which will be provided in the course.

Instructions for how to complete that are below.

Log-in
Go to https://ucdenver.oasisscheduling.com/
Click on Users with PassportID and enter your CU Anschutz credentials to log in.

Add a Course
Click on Add Course from the top navigation.
As a reminder, participating in electives is completely optional. If you complete an elective, it will show up on your CUSOM transcript. After the add/drop period ends on September 16, 2022, students must submit the request form below to add or drop a Plains elective.

**Important:** Once an elective starts, you are considered enrolled in the elective. Complete THIS FORM and contact Jena James at jena.james@cuanschutz.edu. Students will receive a “withdrawal – W” on their transcripts if they unenroll after the start date up to the course is halfway to end date.

Once a course is more than halfway complete, you may not unenroll and will receive a posted grade for the course on your transcript. If you have questions about dropping/unenrolling in an elective please contact the Electives Coordinator, Jena James.
Attendance is required at Elective activities unless indicated as optional by Course Directors. If a student needs to request an absence, they must directly email the Course Director and Course Coordinator ASAP and at least 48 hours ahead of time. Do NOT submit an absence form in North Star for electives, this process is only used for core courses.

Unplanned absences due to illness, other unforeseen circumstances must be communicated to the Course Director, Coordinator, and Office of Student Life ASAP and within 24 hours of the absence.
OASIS
Schedule software used for course lotteries and registration. Login using your CU Anschutz credentials.

CLICK HERE

North Star
An eLearning Ecosystem. Login with SSO, user and password are CU Anschutz credentials

CLICK HERE

Academic Calendars
Academic calendars are found on this website.

CLICK HERE

Zen Desk Tickets
IT support via submitting a ticket.

CLICK HERE

Electives Website
Information about electives.

CLICK HERE

Policies and Procedures
Resource with SOM policies and procedures (2020-2021AY).

CLICK HERE

Add/Drop Request Form
Request form to submit add/drop requests after 12/8/2021.

CLICK HERE