



Dear CU Faculty,

We are excited to announce a call for Course Proposals for Plains (1st year) Electives in the new Trek medical student curriculum.

- ❖ The Class of 2023 will be the last class to complete the Legacy curriculum.
 - ◆ **All existing electives will terminate with the end of the Legacy curriculum.**
- ❖ The Class of 2024/hybrid class (currently completing MS1 year) will complete the Essentials core after Winter Semester of 2021 and will start Core Clerkships in January 2022. **They will not have spring electives in their MS2 year. Traditional MS2 Legacy electives will end in December of 2021. Traditional year-long Legacy MS2 electives will need to be adjusted to finish by December 2021.**
- ❖ The Class of 2025/first Trek class (students start in July 2021) will have one year of preclerkship activities (the “Plains”), before starting Core Clerkships in September 2022. Preclerkship, or Plains, electives in the Trek curriculum will have to be transformed/built to fit within the structure of the new curriculum.
- ❖ Please submit Plains Course Proposals by **June 1, 2021, 5pm MST**. Accepted courses will be managed with the new SOM Learning Ecosystem platform, called North Star. Additional curriculum information for accepted courses will be required/collected prior to finalizing the elective course build in North Star (e.g., Course goals, learning events, and associated learning objectives, etc.). Course directors and coordinators will be expected to complete a brief North Star training.

What will preclerkship, or Plains, electives look like in the Trek curriculum?

In Trek, students will complete one preclerkship year, before moving on to their core clerkship LIC experience. For the purposes of electives, the Plains year is divided into three, 12-week trimesters in which students can complete one elective per trimester (see **Figure 1 below**). Following the completion of their first Trek curriculum unit and first set of tests, students who are in good standing will have the opportunity to complete one elective per trimester.

The Elective trimester dates for the first year of Trek are:

- ❖ Trimester 1: 9/20/2021 – 12/17/2021
- ❖ Trimester 2: 1/3/2022 – 4/8/2022
- ❖ Trimester 3: 4/18/2022 – 7/15/2022

The following are guidelines for Plains electives in the Trek:

Current clinical electives will be replaced with ongoing student interest group activities and early career exploration as a part of Trek Foothills. Current service electives may be integrated into the H&S Service- learning curriculum or provided as non-elective volunteer opportunities, and new Alpine electives will be offered for MS3 and MS4 student leaders of these experiences.

Electives will be offered starting after COMPASS 1 for students in good standing. Max elective time per week is 2 hours total (including both in-class and out-of-class, or prep, time). Course proposals may indicate up to two 1-hour slots per week, in which they would hold their elective (see course proposal form for available slots). Electives will not occur during COMPASS weeks (see **Figure 1 below**).



Approval Criteria for Trek Electives:

- ❖ Support the Pillars (Medical Science, Clinical Science, and/or Health & Society) of the TREK curriculum
- ❖ Be available (but with limited commitments) to students after the first unit (6 weeks) of Plains, if they are in good standing and progressing well academically.
- ❖ Could be designed as longitudinal experiences or sequence of electives, with increasing opportunities for students to develop leadership and advocacy roles, explore careers and participate in scholarship.
- ❖ Complement, but not duplicate, core experiences planned for the LIC and later phases of the curriculum.
- ❖ Review and input will be provided by the Trails Directors.

Please click [this LINK](#) or scan the QR code below to access the Trek Plains Elective Course Proposal portal and additional instructions.



Thank you for your commitment to our students and your flexibility during this exciting time of curriculum reform.

Remember the deadline for course proposals is **June 1, 2021 @ 5pm MST**.

Please let us know if you have questions,

Jena, David, Chad & the Trek Leadership Team

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Figure 1



Class of 2025 - Trek			
Date	Curric Wk	Curriculum Unit	Elective Trimester
7/19/21		7/23 Start Orientation	No Electives (Elective Fair: week of 8/16/2021, Electives Lottery: 8/26/2021)
7/26/21	1	Orientation/First Course	
8/2/21	2	General Principles	
8/9/21	3	General Principles	
8/16/21	4	General Principles	
8/23/21	5	General Principles	
8/30/21	6	General Principles	Elective Trimester 1
9/6/21	7	COMPASS 1	
9/13/21	8	Heme	
9/20/21	9	Heme	
9/27/21	10	Heme	
10/4/21	11	GI	
10/11/21	12	GI	Elective Trimester 1
10/18/21	13	GI	
10/25/21	14	GI	
11/1/21	15	COMPASS 2	
11/8/21	16	CVP	
11/15/21	17	CVP	
11/22/21	18	CVP	Elective Trimester 1
11/25-11/26		Thanksgiving	
11/29/21	19	CVP	
12/6/21	20	CVP	
12/13/21	21	CVP	
12/20/21	22	Winter Break	Elective Trimester 2
12/27/21	23	Winter Break	
1/3/22	24	RU	
1/10/22	25	RU	
1/17/22	26	RU	
1/24/22	27	RU	
1/31/22	28	COMPASS 3	Elective Trimester 2
2/7/22	29	Neuro	
2/14/22	30	Neuro	
2/21/22	31	Neuro	
2/28/22	32	Neuro	
3/7/22	33	Neuro	
3/14/22	34	Skin & MSK	Elective Trimester 3
3/21/22	35	Skin & MSK	
3/28/22	36	Skin & MSK	
4/4/22	37	Skin & MSK	
4/11/22	38	Spring Break	
4/18/22	39	Psych	
4/25/22	40	Psych	Elective Trimester 3
5/2/22	41	Psych	
5/9/22	42	COMPASS 4	
5/16/22	43	Endo & Metabolism	
5/23/22	44	Endo & Metabolism	
5/30/22	45	Endo & Metabolism	
6/6/22	46	Endo & Metabolism	Elective Trimester 3
6/13/22	47	Repro & Lifecycles	
6/20/22	48	Repro & Lifecycles	
6/27/22	49	Repro & Lifecycles	
7/4/22	50	Repro & Lifecycles	
7/11/22	51	Repro & Lifecycles	
7/18/22	52	COMPASS 5	