Basecamps, Preparation for ongoing Career Ascent

As CUSOM Medical students progress throughout the Trek Curriculum, they will also be required to participate in basecamps. These basecamps will serve as pauses at key transition periods to deliver intensive workshop material to all students to reinforce and develop skills necessary for the next phase in their clinical career. There are three established periods for these basecamps in the Trek Curriculum that fall before each phase. This is an intentional way to facilitate the delivery of specific content and skills that will be instrumental for the students in that specific phase of their medical education.

The basecamps compliment the longitudinal clinical curriculum. By cultivating continuous self-advancement and growth mindset, students will solidify previously learned knowledge and skills, as well as develop and advance relevant knowledge skills required for their next stage in training. In the Pre-Longitudinal Integrated Clerkship basecamp, students will practice and develop skills necessary for success during clerkship such as giving a complete oral presentation, writing notes, and LIC team
building skills as well as orient to their clinical environment. The Pre-Acting Internship basecamp will allow students to explore specialty specific skills necessary for success during the Acting Internship. In the Pre-Residency basecamp, students will, through specialty-specific application focused learning, develop advance skills related to clinical management, communication and efficiency to prepare for a successful transition to internship.

These specific points in the curriculum allow students to reconnect with their peers while learning valuable skills that are essential to becoming strong doctors in the future. The deliberate decision to deliver the content in this way was made based upon student feedback to have protected time to learn and develop critical skills for clinical success as they advance their practice.