Policy Title | Exposure to Infectious and Environmental Hazards

Policy Intent

The University of Colorado School of Medicine seeks to prevent exposure of medical students to infectious and environmental hazards through education and provides prophylaxis therapy if exposed.

Policy Definitions

[NONE.]

Policy

Students receive education and training regarding the methods of prevention of exposure to infectious and environmental hazards. Instruction will include the use of adequate barrier protection (gloves, safety glasses, mask, gown, etc.), sharps precautions, and hand washing/hygiene, as well as other relevant health care worker standards put forth by the Occupational Safety and Health Administration (OSHA).

Post-exposure, students are instructed to seek medical care immediately and to report the incident to their immediate supervisor and the Office of Student Affairs. Specific procedures for care and treatment after exposure is fully described in the Implementation Section below.

Information Related to Policy Implementation

Related Policy

Related resources include the following:

- Office of Student Life: http://www.ucdenver.edu/academics/colleges/medicalschool/education/studentaffairs/emergencies/Pages/Emergencies.aspx
- 2. University Risk Management (URM), under "Workers' Compensation," go to "Incident Procedure." https://www.cu.edu/risk/incident-procedure
- 3. Office of Student Insurance, Anschutz Medical Campus Student Health: http://www.ucdenver.edu/life/services/student-health/needlesticks/Pages/default.aspx
- 4. Office of Student Insurance Incident Procedure for Students Document: http://www.ucdenver.edu/life/services/student-health/needlesticks/Documents/Incident%20proceduresstudents%20web.pdf

Implementation Guidelines

Education and Training: Annually, all medical students are required to complete online modules entitled *Hazardous Materials* and *Bloodborne Pathogens*. The *Hazardous Materials* module includes: identification of workplace hazardous, use of personal protective equipment and response to a hazardous exposure. The *Bloodborne Pathogens* module provides instruction about: risks of bloodborne pathogens to healthcare workers, safeguards against bloodborne pathogen exposure, and how to manage exposures. Students must complete these modules annually. Students are not able to begin or continue clinical activities until satisfactory completion of the modules. Students have ongoing access to course material through Phase 4.

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<u>Care and Treatment after Exposure</u>: Students exposed to a blood-borne or airborne pathogen or other infectious or environmental hazard should seek care immediately after the exposure.

At all clinical sites (*exceptions noted in table below*), if you experience a needle stick, sharps injury, blood/other body fluid exposure or any other hazardous exposure, immediately follow these steps:

- 1. Wash needlesticks/cuts with soap and water.
- 2. Flush splashes to the nose, mouth, or skin with water
- 3. Irrigate eyes with clean water, saline, or sterile irrigants
- 4. Report the incident to your supervisor
- 5. Go to the nearest Emergency Room

If you are **off-campus or at a site where you cannot access information**, the Infectious Disease Clinic can always be reached at 720-848-0191.

For the sites listed in the table below, <u>during business hours</u>, contact the following units in the site where the incident occurred. If the incident <u>occurs after hours</u>, visit the Emergency Department on site.

| Site | Unit | Building Location & Phone # | Hours |
|---------------------------|--|---------------------------------|------------|
| Anschutz Medical | Infectious Disease Clinic at the Anschutz | 7 th Floor, AOP | 8:00 AM to |
| Campus and University of | Outpatient Pavilion – 7 th Floor | 303-724-4922 | 4:00 PM |
| Colorado Hospital (UCH) | 1637 Aurora Court, Aurora, CO | | M-F |
| Denver Health Medical | Center for Occupational Safety and Health | 4 th flr, Pavilion H | 7:00 AM to |
| Center (DHMC) | 605 Bannock Street, 4 th Floor | 303-436-7155 | 3:30 PM |
| | (corner of 6 th Ave & Bannock St) | | M-F |
| | Denver, CO 80204 | | |
| Children's Hospital | Occupational Health Services – B260 | B260 | 7:00 AM to |
| Colorado (CHC) | 13123 East 16 th Avenue, Aurora, CO | 720-777-6577 | 4:30 PM |
| | | | M-F |
| Veteran's Affairs Medical | Occupational Health | 303-399-8020 | 8:00 AM to |
| Center (VAMC): | Main Hospital – 2 nd Floor | ext. 2168 or | 4:00 PM |
| | 1055 Clermont St., Denver, CO 80220 | ext. 2330 | M-F |
| Memorial Hospital | Occupational Health, Printers Park | Suite 315 | 7:30 AM to |
| (Colorado Springs) | Medical Plaza, 175 S. Union Blvd., # 315, | 719-365-6840 or | 5:00 PM |
| | Colorado Springs, CO | 719-365-5560 | M-F |

For <u>non-emergent</u> on the job injuries and to <u>follow up on exposure</u>, choose a provider from the list of CU Designated Medical Providers located here: http://www.cu.edu/risk/dmp

Reporting Procedures:

Report the exposure/injury immediately to your supervisor.

<u>Submission of Medical Claim</u>: File any worker's compensation Needlestick or Body Fluid Exposure Report form <u>within 4 days</u> of exposure/injury. Failure to file a claim within the specified timeframe may result in penalties to you, including financial responsibility for treatment. There are two reporting options:

1. Report the incident on the University Risk Management (URM) website, https://www.cu.edu/risk/forms/needlestick-or-body-fluid-exposure-report-form

Or

2. If you have completed a report at the hospital or clinic where the incident occurred, you can fax or email their incident report to 303-860-5680 or urm@cu.edu in lieu of completing the CU online form.

The University Risk Management unit is responsible for payment of services related to an on-the-job injury or exposure. Please request that all billings from any emergency care or medical providers be sent directly to URM for review. If you receive any bills directly from a provider, DO NOT DISREGARD THEM, forward to URM directly by email, mail or fax. Bills from authorized medical providers should be sent to University Risk Management 1800 Grant Street, Suite 700, Denver CO 80203, 303-860-5682 or 888-812-9601, Fax #: 303-860-5680, Email: workcomp@cu.edu .

| Policy Title | | Exposure to Infectious and Environmental Hazards | | |
|--|---|---|--|--|
| Policy Summary | | Specifies required education and provision of care upon exposure to | | |
| | | infectious or environmental hazards. | | |
| Policy Scope | | All students enrolled in the Medical Degree Program, at the University | | |
| | | of Colorado School of Medicine. | | |
| Effective Date | | Ongoing. | | |
| Target Review Period | | 1 year | | |
| Primary Governance Cmte | | Clinical Requirements Committee | | |
| Unit or People Involved in | | Chair, Clinical Requirements Committee, a subcommittee of the | | |
| Implementing the Policy | | Faculty Senate | | |
| CUSOM Website Location | | TBD | | |
| Authorization/Change History of Policy | | | | |
| 2/17/2017 | Updated imp | Jpdated implementation section to clarify students should seek immediate | | |
| | treatment upon exposure, and when possible use site, established procedures as | | | |
| | specified in t | pecified in table. | | |
| 11/22/2016 | Reformatted into Policy Template. Implementation Guidelines were updated and | | | |
| | reviewed by | riewed by University Risk Management and the Chair of the Clinical Requirements | | |
| | Committee. | | | |
| 2/11/2009 | Clinical Requirement Committee approves Exposure Policy for the M.D. Program of | | | |
| | the University of Colorado School of Medicine. | | | |

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