

Track Options at University of Colorado School of Medicine

Track	Global Health	LEADS (Leadership, Education, Advocacy, Development, Scholarship)	Research	Rural	Urban Underserved
Overall Goal	To equip future physicians with the knowledge and skills necessary to succeed as health care providers and researchers in the global health arena.	LEADS is an interprofessional Track. The track's longitudinal curriculum seeks to develop transformational leaders who have the knowledge and skills to achieve health equity, to promote social justice, and to improve the well-being of the communities we serve.	To provide students with an in-depth exposure to research and to position students to have successful careers that include research.	The ultimate goal of the Rural Track is to increase the number of University of Colorado School of Medicine graduates who eventually enter and remain in practice in rural Colorado	The Urban Underserved Track is an interprofessional track (MD, PA and nursing students). Urban Underserved Track students will learn how to develop community partnerships and work with community-based organizations to improve the health of local urban underserved populations.
Why Should You Apply?	If you are passionate about global health and plan to practice medicine and/or do research in an international setting, then this track is for you! Through didactic and experiential learning, you will gain a better understanding of the issues facing developing communities and the ways they can work to be part of the solution.	Students should apply who are interested in the LEADS mission: "We seek to improve health and achieve health equity through advocacy which: --Engages health professions learners, health professionals, and community in addressing the factors that impact health --Promotes service for community, WITH community --Develops leadership skills in health professions learners, health professionals, and community to improve their collective efficacy	Students should apply if they are committed to remain engaged with a mentor in research and research activities throughout the 4 years of medical school. The Research Track prepares students to be academically successful in research by emphasizing the following outcomes: <ul style="list-style-type: none"> • Writing abstracts and presentation of research at national meetings • Submission of a first-authored manuscript to a peer-reviewed journal. 	In rural medicine, you will be truly needed and appreciated. You can have a rich, varied, rewarding professional and personal lifestyle. From the plains to the mountains, our state offers a wealth of incredibly varied opportunities. The Rural Track can help you prepare by providing extra knowledge, skills and attitudes with a group of supportive, like-minded students and faculty.	If you are passionate about working with ethnically and racially diverse populations, and serving the uninsured and those with limited access to health care in urban areas, then Urban Underserved Track (CU-UNITE) is for you. Students completing the Urban Underserved Track (CU-UNITE) will have a thorough understanding of healthcare disparities and inequities, the multifaceted role of the healthcare provider in urban communities, and knowledge about health issues of specific populations of patients in urban areas.

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Track Distinguishing Features	<p>The Global Health Track's focus is to provide interested students with the knowledge and skills needed to practice medicine and perform research in international settings. Only Global Health Track students are allowed to do their mentored scholarly activity (MSA) abroad.</p>	<ol style="list-style-type: none"> 1. LEADS delivers a unique curriculum combining leadership development, health policy, politics, healthcare finance, community engagement, messaging, social justice, and advocacy. 2. LEADS uses an experiential curriculum, involving students in the experience of the underserved to help equip them for advocacy. 3. LEADS delivers up-to-date, topical information on healthcare reform 4. LEADS faculty are all leaders in training, educational settings, clinical settings, and community settings. 	<p>The Research Track prepares students to be successful researchers in their future careers.</p> <p>The curriculum includes 8 weeks of research and seminars done the summer after Phase I, 2-3 elective months of research during Phase IV, and travel to two meetings to present research (once in Phase II, and the second one usually done in Phase IV).</p> <p>Successful completion of the Research Track requirements fulfills the MSA requirement.</p>	<ol style="list-style-type: none"> 1. Faculty with a strong commitment to rural medicine 2. Nearly half of Rural Track graduates practice in rural towns and >50% practice primary care. 3. Engaging curriculum including lectures, hands-on workshops, rural preceptorship (summer after Phase I), mentorship for MSA project if done on a rural topic, and opportunity (during Phase III) for a 12 week rural longitudinal clerkship experience 4. The Track continually works on forming links with rural Colorado communities that are recruiting for new physicians and our "pipeline" of physicians-in-training. 	<ol style="list-style-type: none"> 1. Students are assigned an urban underserved preceptor for their Foundations of Doctoring preceptor 2. Curriculum includes seminar series, hands-on workshops, group community service projects, some core clinical rotations at urban underserved sites, and mentorship by faculty. 3. Students participating in the Urban Underserved Track receive priority for selected urban underserved electives including those affiliated with Stout Street, the medical student-run clinic for the homeless, or Sheridan, a nurse practitioner student-run school-based health center.
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