

Greetings from the CU School of Medicine Rural Track!

December 2015

2015 in Review

The CU School of Medicine Rural Track was founded in 2005 with the goal of increasing the number of CU graduates who eventually enter and remain in practice in rural Colorado. Today, we are still committed to rural Colorado's workforce needs and continue to provide mentorship, broadened skills, and rural life experiences that support and encourage interest in rural practice.

2015 was another busy year for the Rural Track! We said farewell to the graduating class and hello to a new group of students. This year's graduates matched in a variety of specialties, with 30 percent entering family medicine programs! Our first-year class includes 22 medical and four physician assistant students. Over one-third grew up in rural Colorado and several hope to return to their hometown after residency.



Rural Track students volunteering at the AHEC health screening booth during the 2015 National Western Stock Show

Once again, we hosted the annual week-long Interdisciplinary Rural Immersion experience for 13 incoming and current medical, physician assistant, nursing, and pharmacy students. These students got to see firsthand what professional, community, family, and personal life is like in a rural area. We are thankful for the help of our friends in Craig, CO who made the week possible and look forward to exploring another region of the state in June 2016.

Our students and graduates often tell us how much they enjoy being a part of the Rural Track—the social aspect that comes with having a peer group with similar interests; the hands-on clinical workshops that add to what is being taught in the classroom; and the opportunity to make lifelong connections with rural preceptors who train our students on clinical rotations and give lectures on campus.



Second-year student, Claudia Temmer, with her preceptor, Dr. Durmon, and his wife in Lake City, CO

In the summer of 2015, 16 rising second-year MD students spent 3 to 8 weeks with a rural preceptor and 11 third-year MD students spent 12 weeks in rural Colorado communities on an integrated, longitudinal clerkship. These experiences are offered exclusively to Rural Track students and would not be possible without the support of our volunteer preceptors and funders that keep this program going strong.

As we map out our plans for the future, we hope to secure long-term funding, begin succession planning, and find new ways to engage our students and graduates. Whatever you can do to help us reach our goals and ensure this program continues to train the next generation of rural Colorado healthcare providers, **we appreciate your support!**



Current Rural Track Students

Dr. Mark Deutchman assists Rural Track students during a rural dermoscopy workshop



Second-year MD student, Carolyn Foster, and her peers during a childbirth workshop



Second-year MD student, Diego Camacho, with his preceptor, Dr. Pimentel, during his summer preceptorship in Burlington, CO

BY THE NUMBER\$...

\$55 - the cost of one suture kit for a student to practice his/her hands-on skills

\$100 - the cost of supplies for the sterile technique workshop

\$500 - the cost for one student to participate in Rural Immersion Week

\$1,000 - the cost to host a monthly Rural Grand Rounds lunch lecture

\$2,000 - the cost for one student to participate in the 4-week summer preceptorship

\$517,000 - the annual cost of operating the Rural Track

(\$70,000 is provided in-kind and the SOM covers \$100,000/year)

Second-year MD student, Queenie Kisang, practicing her surgical skills in Lamar, CO during the summer



Students who participated in the Interdisciplinary Rural Immersion Week in Craig, CO at the local power plant

Rural Track Graduates

BY THE NUMBERS...

50% of RT graduates matched in primary care specialties

40% matched in Family Medicine

Of Rural Track graduates in practice,

60% are practicing in Colorado

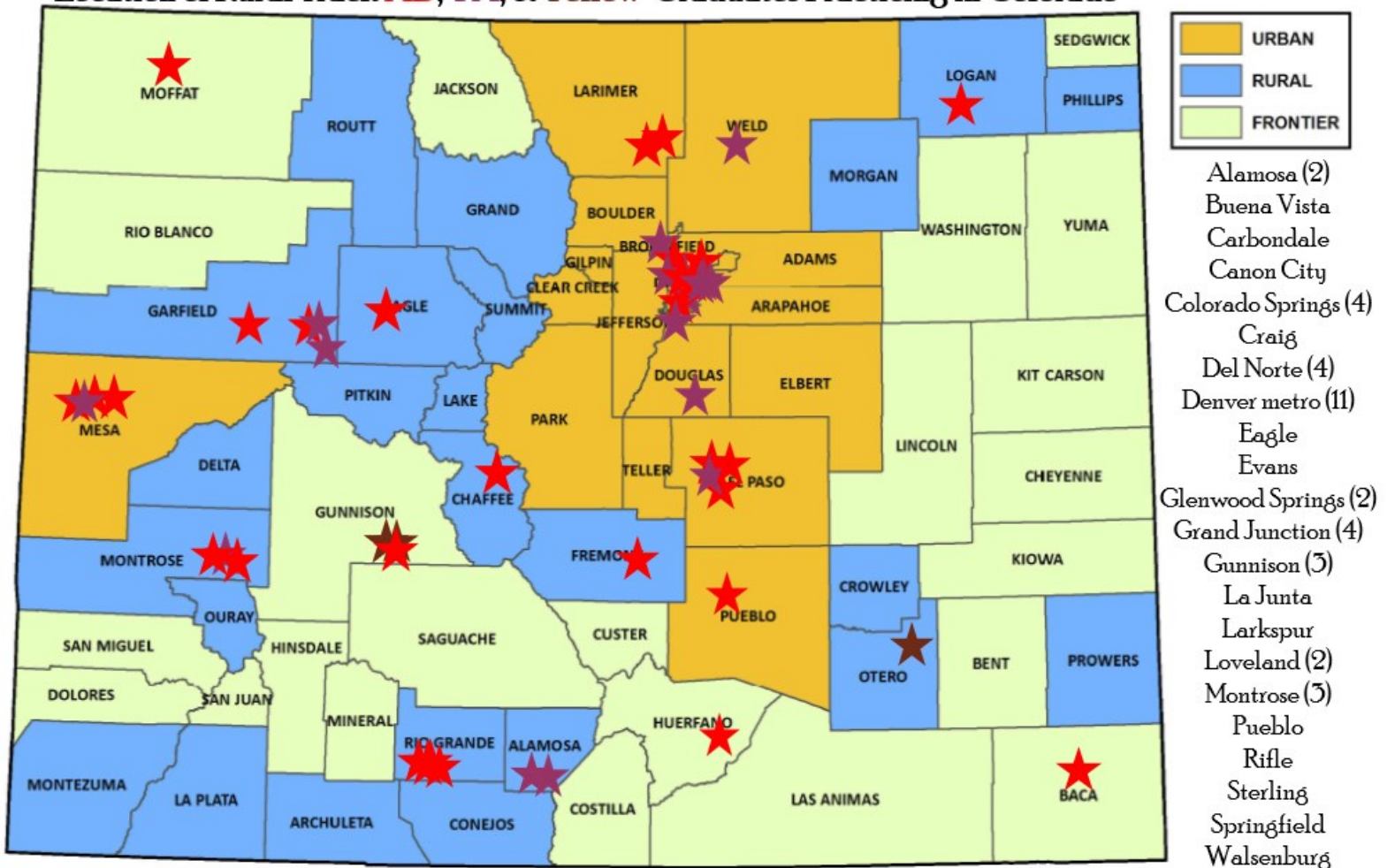
50% are practicing in rural communities

30% are practicing in rural Colorado



Rural Track graduates, Kelsey Walker ('11) and Ely Walker ('11), practicing in Del Norte, CO after completing fellowships

Location of Rural Track MD, PA, & Fellow Graduates Practicing in Colorado



Stay Connected!

UPCOMING WORKSHOPS

January 27, 2016

1-3pm Vasectomy Lab (II)

March 2, 2016

3-5pm Cryo and Electrosurgery Workshop (IV)

April 20, 2016

3-5pm Airway Management Workshop (III)

April 27, 2016

1-3pm Childbirth Skills Workshop (I)

May 4, 2016

3-5pm Chest Tube Workshop (III)

May 18, 2016

1-3pm Suture Lab Refresher (I)



Dr. Mark Deutchman with the Rural Track Class of 2015 graduates

HOW YOU CAN HELP

- Contribute to the Rural Track **operations/endowment** or **scholarship** fund.
- Precept students during their summer preceptorship or third-year clerkships.
- Help facilitate a workshop or share your expertise as a guest lecturer.
- Spread the word to your family, friends, colleagues, and community members about the Rural Track!



First-year students, John Koopman, Samantha Humann, Cam Niswander, and Kristen Stahl show off their handmade Rural Track belt buckles

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