2023-2024 Golden Stethoscope Nomination

Nominated for:

Name of Nominee Dr. Robert “Greg” Sturgeon

I am writing to nominate Dr. Sturgeon for the "Fostering Curiosity" award. Dr. Sturgeon has been an outstanding preceptor, demonstrating exceptional mentorship, medical expertise, and a friendly, approachable demeanor with our patients. While he excels in many areas, I believe his ability to foster curiosity truly sets him apart.

As a hospitalist, Dr. Sturgeon works with patients who have already been admitted. Despite this, he has developed a routine before each patient encounter where we discuss the patient's chief concern outside their room. He encourages me to think through my approach, including which questions to ask and which physical exam skills are pertinent. After the visit, he asks for my thoughts on the case and challenges me to consider the patient's psychosocial aspects in addition to the medical ones. This practice has helped me build a mental framework that encompasses both medical and holistic patient care.

Whenever we encounter an interesting case, Dr. Sturgeon provides the name of a related medical or clinical concept and encourages me to research it further. Each time, I find myself amazed by the new information I uncover, and he is always ready to answer any follow-up questions I have.

Dr. Sturgeon's knowledge is vast and continually updated through current research and publications. Every shift, he shares relevant articles and interesting facts with me. One memorable instance was when he discussed a theory linking genes associated with Williams Syndrome to the friendliness of dogs. Intrigued, I went home that night to read the abstract and later shared the fascinating information with my friends.

Dr. Sturgeon is not only a great mentor but also my role model in fostering curiosity. His approach to medicine and patient care is something I aspire to emulate in my own career.

Written by: Tylor Thai