

2023-2024 Golden Stethoscope Nomination

Nominated for: Outstanding DOCS Preceptor

Name of Nominee Cody Brevik, M.D.

As a first-year medical student, brand new to the medical profession and relatively unsure of my clinical abilities, I was very nervous going into my first precepting shift last semester. To make matters worse, it was arguably the most nerve-wracking part of the hospital: the Emergency Department. However, within 10 minutes of working with Dr. Brevik that anxiety quickly faded to curiosity and engagement. From my very first preceptor shift to my final one this June, Dr. Brevik has gone out of his way to make this experience as meaningful and educational as possible. From an educational standpoint, Dr. Brevik consistently took the time to explain the medical science behind complex pathophysiology that patients were presenting with. I am very grateful for the time he took drawing the biliary tree out for me before I had GI anatomy and the night he talked through EKG basics with me (every preceptor shift after that he gave me at least one EKG to practice on!). He helped expand my knowledge outside of medical science as well. He also took the time to explain healthcare systems to me and walk through the social determinants of health and how it was affecting many of our patients. I also felt I had the opportunity to practice my clinical communication and physical exam skills, knowing that I would receive constructive feedback and encouragement that would allow me to grow as a student doctor. I know that I am going into LIC year with much higher confidence and knowledge base because of the educational opportunities I received in the Emergency Department under the mentorship of Dr. Brevik.

Written by: Parker Juels, MS1 CUSOM