2023-2024 Golden Stethoscope Nomination

Nominated for: Outstanding DOCS Preceptor

Name of Nominee Dr. Sophia Ambruso

Dr. Ambruso embodies everything that is great about medicine. She is personable, committed, curious, and a true leader, and embodies these traits everyday in the hospital, both through her interactions with patients and her team. While everyone's preceptor experience is unique, I can undoubtedly say that mine was more than I could have asked for at the start. Dr. Ambruso was willing to invest the extra time to ensure my experience was the best it could be, and did so through both professionalism and a true passion for medicine.

With a commitment to my clinical knowledge, she was always willing to sit down with me and explain the pathophysiology of a patient's disease, but did so with the utmost elegance and clarity each time. Each time she grabbed a piece of paper to draw the nephron for me to learn yet again, I knew whatever she had to teach me was going to be both interesting and informative. However, I also appreciated that not every discussion was solely about only her specialty, but instead she strove to find aspects of patients or care that were most aligned with my own interests, which led to a more impactful experience for myself.

Beyond the clinical space, she was always open and willing to share her own experiences with me to better guide my medical school journey. She was willing to put in the extra time to get to know me as a person, and was genuinely curious about my own background and aspirations. There was never a moment when I felt as "only a medical student" when working with Dr. Ambruso; instead, she always treated me as an equal on the team and emphasized this throughout our time together. I will be forever grateful that I had this experience so early on in my medical career.

Every day I worked with Dr. Ambruso was another day of learning, seeing things I had never seen before, and simply having fun. Working with someone who is not only passionate about medicine, but receives as much enjoyment sharing this passion with others is irreplaceable. While I am only at the beginning of my medical school journey, and understand there is so much yet to come, this experience with Dr. Ambruso will always be something special that I can look back on many years down the line. While the kidney may not be at the forefront of my future specialty, the lessons I learned from Dr. Ambruso with regard to compassion for patients, intellectual hunger, and overall passion for medicine will stick with me forever. Thank you for a tremendous experience!

Written by: Cameron Arnet

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