2022-2023 Golden Stethoscope Nomination

Nominated for: Outstanding DOCS Preceptor

Name of Nominee Dr. Lauren Anderson

I cannot nominate Dr. Anderson for any of the other awards because she embodies all of them so perfectly, I'd never be able to decide which one best fits. From the very beginning Dr. Anderson created a welcoming mentoring environment in which I immediately felt comfortable. There was never any judgement towards my limited knowledge and never anything but a genuine desire to make sure I received the most well-rounded education during my preceptorship hours. The most common phrase Dr. Anderson spoke during our time together was "What questions do you have?", followed by unwavering patience answering all the questions I peppered her with. These questions not only provided ample time to develop my own clinical reasoning, but they also provided the space to foster my own curiosity towards specific queries.

While working with patients, Dr. Anderson naturally practiced all the DOCS skills we have been taught this year with an ease indicative of someone who has always had the utmost respect for the patients' wishes and priorities. She provided excellent patient care by not only having a deep understanding of the medical sciences but the empathy to tailor her care to each patient's needs. Ensuring that everyone felt heard and cared for, we left every room only when the patients had exhausted all their questions, understood all the next steps, and expressed all their concerns.

While working with other team members, everyone seemed to gravitate towards Dr. Anderson for guidance on anything from clinical questions to complicated patient situations. She somehow had time for education at every turn despite heavy patient loads.

Dr. Anderson embodies many of the qualities I hope to one day practice as an attending physician and educator. She inspires a deep respect for the work of a physician while prioritizing the needs of the patient above all else. She has maintained the foundational medical knowledge to provide better informed care while practicing empathy and patience with all those around her. Fortunately for students like myself, she not only uses this knowledge and practice for her patients but passes along these lessons to many future doctors, ensuring these morals will be carried on. I cannot thank Dr. Anderson enough for the opportunity to learn from her and for her inspiration to become a better physician.

Written by: Jamie Smith