

2022-2023 Golden Stethoscope Nomination

Nominated for: Outstanding Role Model

Name of Nominee Dr. Tyler Anstett

It is with great pleasure that I write this letter to nominate Dr. Tyler Anstett as Outstanding Role Model. Dr. Anstett consistently personifies clinical excellence. He demonstrates the skills and knowledge needed to be an exemplary physician and has patiently overseen my professional development in the clinical setting. But perhaps more importantly, Dr. Anstett has shown me how who you are as a person can strengthen your practice of medicine. Dr. Anstett's compassion, kindness, and high regard for his patients, colleagues, and students is evident in his professional actions. As his student, I am honored to witness and learn from Dr. Anstett's gift for medicine and for this reason, I am nominating him as Outstanding Role Model.

Dr. Anstett is a wonderful preceptor. During my first year he has contributed to developing my fund of knowledge through skillful questioning and supportive feedback, listening and evaluating my clinical decision-making and holding me to high standards for my oral presentations. He actively included me in patient exams, diagnosis, communication, and team care planning. He connected me with resources to facilitate improvement in difficult areas, including spending a whole morning working with me on EKG interpretation when I found it challenging. When I struggled, he was non-judgmental and open, and constructively helped me address my concerns and weaknesses. He connected me with colleagues in specialties I was interested in exploring as possible careers. He inspired me with his dedication to quality patient care and the improvement of the medical system. But Dr. Anstett is more than just my preceptor and his influence goes far beyond my clinical education. He is a role model who showed me that the art of medicine is based on relationships and that health and healing occur when we actively care about our patients as people.

Dr. Anstett's humility allows him to engage genuinely with his patients, their families, and team members. During our hospital visits he sought to make connections with patients and their families and consistently asked what he could do for them. Responses from patients were sometimes a significant request regarding their diagnosis and treatment, and other times something as simple as moving a tray, ordering a drink, or helping locate the TV remote. He sets patients and their families at ease with his communication of information in an approachable way. He is extremely patient and has a kind and open affect. Notably, he respects and acknowledges all members of the hospital team, greeting other physicians or custodial staff with the same respect and regard for their roles in exemplary patient care. On multiple occasions he did tasks to ease the load of others and to increase patient comfort, like changing bed linens and assisting with room cleaning.

Dr. Anstett inspired me to become a doctor who bases their practice in human connection. He recognized my strengths and supported me in addressing my weaknesses as a future physician. He is a role model as he embodies the power of kindness, empathy, and humanity in both medical education and patient care. Thank you for your consideration of my nomination.

Written by: Emma Greenberg