



Fort Collins Branch Newsletter

October 2023

FCB Class Updates

Class of 2027: These students completed the Hematologic and Lymphatic Systems course on Sept. 29. They began the Gastrointestinal System course on Oct. 2, and this course runs through Oct. 27. They'll have Traverse Week 2 from Oct. 30-Nov. 3.

Class of 2026: This group of students began clinical clerkships on Sept. 18.

Class of 2025: This group of students will have Advanced Sciences Courses through Nov. 24. They are preparing for the electives and AI lottery and are working with their COMPASS guides and specialty advisors.

CUSOM@CSU Apparel Catalog

The CUSOM@CSU Apparel catalog through Imprints Fort Collins is open for orders of select items. Items using this approved CUSOM@CSU logo are available through the link below; the logo displayed here cannot



School of Medicine
UNIVERSITY OF COLORADO



COLORADO STATE
UNIVERSITY

be altered due to licensing issues. When you submit your inquiry using the catalog, Imprints Fort Collins will then contact you with a final price quote including shipping cost to your address and estimated ship date. If you approve of the quote, they will provide you with an online link to the payment portal for prepayment. Normally, order completion and ship date are 10-15 business days after confirmation of each order. View the CUSOM @ CSU catalog: <https://www.companycasuals.com/CUMedCSU/start.jsp>. For items from CU Anschutz: <https://cuanschutz.spirit.bncollege.com/>.

FCB Family Event

Students from all classes: you and your family members/spouse/partner are invited to see the branch, socialize, connect and get special family swag on **Thursday, October 12 from 5:30-7 p.m.** at the Fort Collins Branch. Light refreshments will be provided. This event is organized by the FCB Medical Student Association (MSA).

Highlighted Events:

CU Anschutz Events

Access the schedule for AMC events, including Grand Rounds, Lectures, Seminars, Workshops, & OSL events, at <https://calendar.cuanschutz.edu/calendar/upcoming/>.

Graduate Student Council

The GSC meets the first Tuesday of every month at 6 p.m. in the Lory Student Center ASCSU Senate Chamber 204. They will meet Tues., Oct. 3. For more information about the GSC or to get involved, visit <https://gsc.colostate.edu/>.

Cans Around the Oval

CANS around The Oval is a four-decades-long CSU tradition that raises awareness about food insecurity and collects donations for the Food Bank for Larimer County. It runs through Oct. 18. For details: <https://foodbanklarimer.org/cans-around-the-oval/> or <https://lsc.colostate.edu/slice/community-engagement/cans-around-the-oval/>.

CSU Fall Address and Campus Picnic

On Wed., Oct. 4 from 11-1 p.m., the CSU community is invited to gather at the Oval for the Fall Address and University Picnic. The event will be combined with the investiture ceremony for CSU President Amy Parsons. It will include a performance by the CSU Marching Band, a processional and traditional passing of leadership to Parsons. Following the address, a free picnic will be held on the Oval for the entire CSU community. For more information, visit <https://source.colostate.edu/csu-announces-details-for-oct-4-fall-address-investiture-of-president-amy-parsons/>.

DEIJ Resources

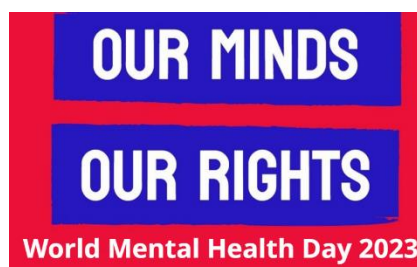
Marcela Henao-Tamayo, M.D., Ph.D., Director of Diversity, Equity and Inclusion for CUSOM @ CSU invites you to consider the following news and resources.

World Mental Health Day is Tuesday, October 10. The World Health Organization's theme for the day is "Mental Health is a universal human right." For details, visit

<https://www.who.int/campaigns/world-mental-health-day/2023>.

Options for recognizing the day can be found in this article by *The Goodnewspaper*, [28 Activities To Celebrate World Mental Health Day \(2023\) \(goodgoodgood.co\)](#). Additional information can be found in

this second article by *The Goodnewspaper*, "Stories about people and organizations making a difference for mental health – and fighting stigma around mental health." <https://www.goodgoodgood.co/impact/mental-health>.



National Coming Out Day (LGBTQ+) is Wednesday, October 11. Resources can be found on the LGBTQ+ Good News page of *The Goodnewspaper*, <https://www.goodgoodgood.co/impact/lgbtq>.

Campus Recreation Programs

The start of the fall semester marks the ramping up of campus rec programs.

Check out:

Intramurals (many with registration beginning in October) <https://csurec.colostate.edu/intramural-sports/>

Group Classes: <https://csurec.colostate.edu/fitness-classes/>

Outdoor Program and Outdoor Resource Room: <https://csurec.colostate.edu/outdoor-programs/>

Inclusive Rec: <https://csurec.colostate.edu/inclusivity/>

For additional information about Campus Rec, visit <https://csurec.colostate.edu/>.



Mental Health and Well-Being Resources @CSU & AMC

YOU@CSU – The purpose of YOU@CSU portal is to connect students with campus resources and other online educational tools to increase student success. Students can find personalized tips and tools for everything from your mental and physical health, to friendships and finding balance.

<https://you.colostate.edu/>

SilverCloud Health– Self-guided online programs based on Cognitive Behavioral Therapy to help you enhance well-being, manage anxiety and depression, improve your sleep, boost your body image, and more.

<https://health.colostate.edu/silvercloud/>

Mindfulness Apps: Unwinding Anxiety, Insight Timer, Headspace, StopBreatheThink, Smiling Mind, The Shine App, Liberate Meditation, and Calm are apps that offer many ways to practice and learn about mindfulness

to enhance well-being.

Nod app – Strengthen your connections –A free app that offers ideas for strengthening social ties, using evidence-based practices. It is designed to help mitigate feelings of loneliness and provide tools for students to practice creating connections, especially in this virtual time. <https://health.colostate.edu/nod/>

CSU Health Network, Crisis Coverage: Crisis intervention services are available by stopping by Counseling Services on the 3rd floor of the CSU Health and Medical Building or by calling 970-491-6053 during business hours. They can provide an immediate assessment of the situation and, when necessary, facilitate a mental health hospitalization. After-Hours Crisis Intervention is available on evenings, weekends, and holidays by calling the CSU Health Network On-Call Counselor at 970-491-6053.

CU Student & Resident Mental Health: CU’s Student and Resident Mental Health services are available to students anywhere in the state of Colorado. Virtual and in-person visits are available. To schedule an appointment, call 303-724-4716 and leave a message for a return call or email SMHservice@ucdenver.edu. For more information and additional resources, please visit <https://medschool.cuanschutz.edu/psychiatry/programs/student-resident-mental-health> or [amc-student-resource-guide.pdf \(cuanschutz.edu\)](https://medschool.cuanschutz.edu/psychiatry/programs/student-resident-mental-health).

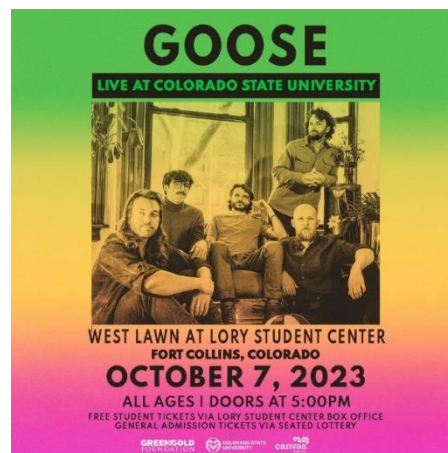
One Health Day 2023

Join the CSU One Health Institute for their annual celebration of One Health Day on Friday, Nov. 3 from 4-7 p.m. at Canvas Stadium Club. One Health Day is an annual event that bring together experts, researchers, students, and professionals from various fields to discuss and explore the intersection of human, animal and environmental health. This year’s theme “Connecting air, land, and water,” highlights the critical role of collaboration in addressing the complex challenges that span local, regional, and international landscapes. Please RSVP at [One Health Day 2023 \(office.com\)](https://onehealthday2023.office.com). The event contact is Leah Baechle (leah.baechle@colostate.edu).



Live at Colorado State

The American indie-groove band Goose will perform at CSU on Sat., Oct. 7, the day after headlining two sold-out shows at Red Rocks Amphitheatre. The all-ages show on the West Lawn of the Lory Student Center, offered in partnership with AEG Presents, will begin at 6:30 p.m. with doors opening at 5 p.m. Student tickets are first-come, first-served. GA and VIP tickets are available for purchase through a lottery. For details and ticket information, visit <https://visit.colostate.edu/concerts/>



CSU Lectures, Seminars, and Educational Events

Thurs., Oct. 5 @ 4-5 p.m. – **Ballot Forum presented by the Strayer Center for Public Service Leadership** at Avogadro’s Number (605 S. Mason). Join this discussion on democratic reform efforts, centered on the local ballot measures here in Fort Collins. Register at [Ballot Forum \(office.com\)](https://www.colostate.edu/strayer-center-for-public-service-leadership/ballot-forum/).

Thurs., Oct. 5 @ 10-11 a.m. – **Navigating Public Access to Research: Understanding the Impact of the Nelson Memo on Researchers.** Online Event organized by CSU Libraries. For details or to register, visit <https://colostate.libcal.com/event/11205292>.

Fri., Oct. 6 @ 11a.m.-2 p.m. – **Biosafety and Biosecurity Fair** at Lory Student Center Grad Ballroom C and D. Join the CSU research community to explore biosafety and biosecurity. For more information visit <https://www.research.colostate.edu/orcc/ibc/biosafety-stewardship-initiative/>.

Thurs., Oct. 19 @ 4:30-5:30 p.m. – **NARCAN Training at the CSU Health Network** Multipurpose Room 3403A. In addition to the trainings, the CSU Health Network also has free Narcan and Fentanyl Testing Strips available by request. To register for more information on CSU Health Network class offerings, visit <https://health.colostate.edu/workshops/>.



Fri., Oct. 6 and Sat., Oct. 7 – **Colorado Drone Air Show.** CSU’s first Colorado Drone Air Show is Oct. 6-7. Free events include a free light show on Oct. 6 at 9:30 p.m. above CSU’s Intramural Fields. Community Day, which is also free, is Oct. 7 from 10 a.m. – 5 p.m. at Christman Airfield (3985 Laporte Avenue, Fort Collins). The day’s events feature drone racing, demonstrations, food trucks, drone technology vendors and educational booths, along with opportunities to learn

from CSU researchers utilizing unpowered aerial vehicles. For details, visit <https://coloradodroneshow.colostate.edu/>

Symposium on the Impact of Climate on Respiratory Health and Immunity

The Kauvar Symposium on the Impact of Climate on Respiratory Health and Immunity, organized by National Jewish Health, is Friday, Oct. 27 as a live and streamed event. The live event is at the Molly Blank Conference Center at National Jewish Health. The featured speaker is Chris Carlsten, MD, MPH, Professor of Medicine; Head of UBC, Vancouver Respiratory Medicine; Director of the Air Pollution Exposure Laboratory; Legacy for Airway Health.

Register
Here:



The Symposium for Inclusive Excellence

This Symposium, which runs Oct. 23-27 and is organized and facilitated by the Office of Inclusive Excellence (OIE) at CSU, builds community “where diverse people, perspectives, and ideas are affirmed and celebrated.” This year, program partners include CSU Pueblo, CSU Global, CSU Spur, Poudre School District, the City of Fort Collins, and local community organizations.

Highlighted events include:

Opening Night Film and Reception, “Breaking the News”

Keynote Speakers, Adrienne Maree Brown and Oiyana Poon

Transgender Policy Panel with Montana State Representative Zoey Zephyr and Activist and Journalist Erin Reed.

For details or to register, visit <https://inclusiveexcellence.colostate.edu/symposium/>.

Tour de Corgi

Head down to Civic Center Park and Old Town on Sat., Oct. 7 for this Corgi meet-up and parade of corgis. The costume contest begins at 10 a.m. and the parade begins at noon at Civic Center Park. The public is welcome to visit Civic Center Park and the dog-related vendor booths. Proceeds of the event benefit 4 Paws Pet Pantry, Colorado Corgis and Friends Rescue, Wyoming Dachshund and Corgi Rescue, and Bandits K9Care. For more information, visit <https://tourdecorgi.org/event-info/>.



Colorado Leaf Viewing

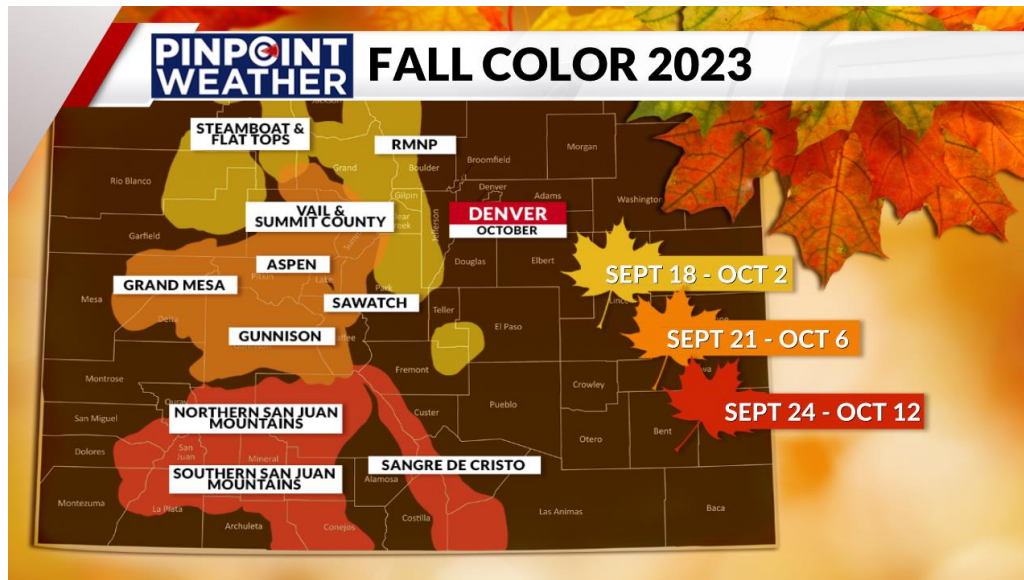
Fall Drives:

<https://www.9news.com/article/weather/fall-colors/best-fall-drives/73-4b927033-1a1d-4cbc-a220-3d606bbfa490>

Colorado Fall Colors Resources:

<https://www.cpr.org/2023/09/08/leaf-peeping-season-where-to-find-fall-colors-in-colorado/>

<https://kdvr.com/denver-guide/fall/colors/map-colorado-forecast-2023-peak-colors/>



Map by Fox31 KDRV (see article above)

Translational Talks

Save the date for the upcoming Translational Talks at the Translational Medicine Institute. The focus of the Translational Talks is to highlight efforts in support of human and veterinary clinical research. "Translational research is the engine that turns the knowledge created by biomedical scientists, social scientists, engineers, physicians, veterinarians, and innovators into important solutions for human and veterinary patients. CSU has a team dedicated to supporting human and veterinary clinical researchers who are building tools to aid the translation of knowledge into solutions."

Upcoming Translational Talks:

Thursday, October 26

Thursday, November 30

Thursday, December 14



Translational Talks begin at 4 p.m. in the Translational Medicine Institute Grand Events Hall (TMI 330) at 2350 Gillette Drive. After the Talk, attendees are invited to attend a networking reception at 5 p.m. Contact Dr. Heather Pidcoke at h.pidcoke@colostate.edu with questions or visit <https://calendar.colostate.edu/vpr/>.

HOMECOMING AND FAMILY WEEKEND

CSU Homecoming & Family Weekend

Save the date for CSU's Homecoming and Family Weekend, October 12-14.

Some of the scheduled events include:

Thur., Oct. 12 – **Distinguished Alumni Awards**, 5-9 p.m. at Lory Student Center.

Fri., Oct. 13 – **Festival on the Oval**, 3-6 p.m., The Oval. Enjoy live music, children's activities, food trucks, and a beer garden, opportunities to see campus, and booths featuring local vendors and businesses.

Fri., Oct. 13 – **Friday Night Lights**, 6-8:30 p.m., West of the Lagoon. Join in these homecoming traditions to include the pep rally, bonfire, fireworks, and the lighting of the A. Gather on the lawn just west of the Lory Student Center.

Sat., Oct. 14 – **B/AACC (Black/African American Cultural Center) Homecoming Tailgate**, time and tailgate area TBA. This tailgate is for alumni, current students, staff, families and community members for a chance for everyone to come together to eat, dance and enjoy fellowship before the homecoming game.

Sat., Oct. 14 – **Ram Walk Tailgate**, Time TBA. This tailgate will open to the public four hours before kickoff, with live music, TVs showing national games, as well as food, beer, and wine for purchase. To purchase a BBQ meal package, visit <https://advancing.colostate.edu/2023HOMECOMINGTAILGATEBBQ>.

Sat., Oct. 14 – **CSU Homecoming 5K**, 8-10 a.m., The Oval. All ages and abilities are welcome. In addition to the in-person 5K on the CSU campus, virtual races from around the globe are welcome to join. For details or to register, visit <https://www.chhs.colostate.edu/hes/outreach-and-engagement/homecoming-5k-race/>.

Sat., Oct. 14 – **CSU Rams Football vs. Boise State**, Time TBA, Canvas Stadium. Cheer on the Rams to a homecoming victory.

For homecoming details, visit <https://homecoming.colostate.edu/>.



Ram Town and Ram Walk

When attending CSU football games, plan for time at Ram Town, the central hub for tailgating and pre-game activities located on the corner of Meridian Ave. and Hughes Way, Ram Town is the main tailgating location for all reserved tailgates as well as the Ram Walk Tailgate. Ram Town will include inflatables and other game day entertainment to include live local bands, as well as front row access to the Ram Walk as the team begins their march towards Canvas Stadium. For more information and band line-up, visit <https://csurams.com/sports/2022/8/11/ram-town>.

Mentorship Opportunities for Medical School Students/Faculty

PriMES, a national mentorship program for underrepresented undergraduate premed students, is currently seeking medical students or resident physicians as Mentors for 2023-2024. The program, supported by Weill Cornell Medicine, aims to help URiM premed Mentees overcome barriers and challenges to applying and matriculating into medical school by pairing them with Mentors. PriMES mission is to increase diversity in medical school education. For more information about the program or to apply to become a mentor, visit <https://www.primesmentorship.org/apply>



Campus Activities



CSU Home Athletics

Sat., Oct. 7, **Volleyball vs. San Jose State**, 1 p.m., Moby Arena

Thur., Oct. 12, **Soccer vs. Colorado College**, 6 p.m., Fort Collins

Fri., Oct. 13-14, **Women's Swim vs. Air Force and New Mexico**, Time TBD, Fort Collins

Sat., Oct. 14, **Rams Football vs. Boise State**, Time TBA, Canvas Stadium

Sun., Oct. 15, **Soccer vs. Air Force**, 1 p.m., Fort Collins

Thurs., Oct. 19, **Volleyball vs. Fresno State**, 7 p.m., Moby Arena

Sun., Oct. 22, **Soccer vs. San Diego State**, 1 p.m., Fort Collins

Thurs., Oct. 26, **Volleyball vs. Utah State**, 7 p.m., Moby Arena

Fri., Oct. 27, **Women's Swim vs. Denver**, Fort Collins

Sat., Oct. 28, **Volleyball vs. Boise State**, Noon, Moby Arena

Sat., Oct. 28, **Rams Football vs. Air Force**, 5 p.m., Canvas Stadium

Tues., Oct. 31, **Volleyball vs. Wyoming**, 7 p.m., Moby Arena

Mon., Nov. 6, **Men's Basketball vs. Louisiana Tech**, 8 p.m., Moby Arena

For details, ticket information, and a complete schedule of events, visit <https://csurams.com/>



CU Home Athletics

Thurs., Oct. 5, **Soccer vs. Stanford**, 7 p.m., Boulder

Fri., Oct. 6, **Volleyball vs. Oregon**, 7 p.m., Boulder

Sun., Oct. 8, **Volleyball vs. Oregon State**, Noon, Boulder

Sun., Oct. 8, **Soccer vs. California**, 2 p.m., Boulder

Fri., Oct. 15, **CU Buffs Football vs. Stanford**, 8 p.m., Boulder

Fri., Oct. 20, **Volleyball vs. Arizona**, 7 p.m., Boulder

Sun., Oct. 22, **Volleyball vs. Arizona State**, Noon, Boulder

Thur., Oct. 26, **Soccer vs. Arizona**, 7 p.m., Boulder

Sun., Oct. 29, **Soccer vs. Arizona State**, Noon, Boulder

Sun., Oct. 29, **Volleyball vs. UCLA**, 2 p.m., Boulder

Sat., Nov. 4, **CU Buffs Football vs. Oregon State**, Time TBD, Boulder

For details, ticket information and a complete schedule of events, please visit <https://cubuffs.com/>

Music, Theatre & Art at CSU

Thurs., Oct. 5 – **Wind Symphony Concert: Adventures** @ 7:30 p.m., Griffin Concert Hall, University Center for the Arts (UCA)

Tues., Oct. 10 – **Symphonic Band Concert “French Impressions”** @7:30 p.m., Griffin Concert Hall, UCA

Wed., Oct. 11 – **Guest Artist Concert: Ariana Wyatt (Soprano)** @ 6 p.m., Organ Recital Hall, UCA

Thurs., Oct. 12 – **University Symphony Orchestra Concert #1** @ 7:30 p.m., Griffin Concert Hall, UCA

Sat., Oct. 14 – **Guest Artist Concert: Stephen Lancaster (Baritone)** @6 p.m., Organ Recital Hall, UCA

Mon., Oct. 16 – **Virtuoso Series Concert: Kathryn Harms (Harp)** @ 7:30 p.m., Organ Recital Hall, UCA

Wed., Oct. 18 – **Fall Choral Showcase** @ 7:30 p.m., Griffin Concert Hall, UCA

Fri., Oct. 20 – **Opera Scenes** @ 7:30 p.m., Studio Theatre, UCA

Sun., Oct. 22 – **Opera Scenes** @ 2 p.m., Studio Theatre, UCA

Sun., Oct. 22 – **Concert Orchestra Concert** @ 4 p.m., Organ Recital Hall, UCA

Tues., Oct. 31 – **Halloween Organ Extravaganza** @ 8 p.m., Organ Recital Hall, UCA

Oct. 5-8 – **Silent Sky by Lauren Gunderson**, a play directed by Debbie Swann. Studio Theater, UCA.

<https://theatre.colostate.edu/events/silent-sky-by-lauren-gunderson-2-2023-10-08/>

Nov. 3-5 and Nov. 9-12 – **The 25th Annual Putnam County Spelling Bee**, University Theatre, UCA

Wed., Oct. 4, “**On the Brink**” **Reading Series**. This series is aimed at amplifying marginalized voices and exposing students to a diverse array of BIPOC, queer, and women artists from around the nation and world. Join directors Saffron Henke, Javier Hurtado, and special guests for three productions. Other dates for the series are Feb. 7 and March 6. All events are at 7:30 p.m. at the University Center for the Arts.

<https://theatre.colostate.edu/events/>.

Thurs., Oct. 5 @ 4:30-7 p.m. – **SilSila by Sama Alshaibi Art Opening**. The Center for Fine Art Photography, the Center for Environmental Justice, and the Hatton Gallery are excited to present SilSila as a part of the Environmental Justice thru the Arts Exhibition series. This exhibit runs through Dec. 22.

<https://art.colostate.edu/events/silsila-by-sama-alshaibi/>

Wed., Oct. 18 – **Music in the Museum Concert Series** @ Noon at the Griffin Foundation Gallery at the Gregory Allicar Museum of Art. This free music program features faculty and students from the music, art and art history departments at CSU. Space is limited, so reservations are recommended. For details, visit

<https://artmuseum.colostate.edu/programs/music-in-the-museum-concert-series/>.

For more information, visit <https://theatre.colostate.edu/> or <https://music.colostate.edu/events/>.

In the News

“**AI Research: CSU researchers examine the future of artificial intelligence**”, a special report produced by Colorado State University Marketing and Communications <https://source.colostate.edu/ai-research/>

“**AI: The good, the bad and the future**” by Jayme DeLoss

<https://source.colostate.edu/ai-the-good-the-bad-and-the-future/>

“Partners in Advancing Colorado” by Tiana Kennedy

<https://source.colostate.edu/partners-in-advancing-colorado/>

“CSU first in Sustainable Campus curriculum rankings, top 4 overall among doctoral institutions” by Mark

Gokavi <https://source.colostate.edu/csu-first-in-sustainable-campus-curriculum-rankings-top-4-overall-among-doctoral-institutions/>

“University Counsel Advises CU Community on Impact of Supreme Court Decisions”

<https://news.cuanschutz.edu/news-stories/university-counsel-advises-cu-community-on-impact-of-supreme-court-decision>

“It Will Save Lives’: Students ‘Keep the Party Safe’ with Fentanyl Overdose Awareness Effort” by Chris Casey and Ryan Wuller

<https://news.cuanschutz.edu/news-stories/it-will-save-lives-students-keep-the-party-safe-with-fentanyl-overdose-awareness-effort>

“How Reliable Is Technology at Tracking Health and Fitness” by Laura Kelley

<https://news.cuanschutz.edu/news-stories/how-reliable-is-technology-at-tracking-health-and-fitness>

Faculty/Employee Professional Portrait Opportunity

CUSOM@CSU faculty and employees who need to have a professional photo taken can take advantage of this portrait opportunity for CVMBS employees on **Wed., Oct. 11 from 8:30-9:30 a.m.** at 2537 Research Blvd, Suite 100 in the Vail Conference Room. No advanced scheduling is required. Photos are on a first come, first served basis. Each photo takes approximately 1-2 minutes, so people needing portraits are free to wait as the sessions should move quickly. With questions, reach out to Kelsey Bustos at Kelsey.Bustos@colostate.edu.

CUSOM – Fort Collins Branch

Email: cvmbs_som@colostate.edu

Admin phone: 970-492-4204

151 West Lake Street, Fourth Floor

Fort Collins, Colorado 80524

Administrative Office Hours:

Monday – Friday, 8 a.m. – 4:30 p.m.

