



Fort Collins Branch Newsletter

July 2023

FCB Class Updates

Class of 2027: The Fort Collins Branch is preparing to welcome this class later this month. These students will have FCB Orientation on **Thursday, July 20**, from 1-5 p.m., followed by a **Welcome Reception for all students, faculty, staff, and preceptors that evening from 5-6:30 p.m. Please join us!** The Class of 2027 will have AMC orientation on Friday, July 21. First course will be July 24-28; they'll be at FCB on Monday, July 24; Wednesday, July 26, and Thursday, July 27; and AMC on Tuesday, July 25. Their white coat ceremony is Friday, July 28 at 9 a.m. at AMC.

	<u>Undergraduate School</u>	<u>State of Residence</u>
Alexander, David	Wesleyan University	Illinois
Anderson, Hannah	Dartmouth	Montana
Brown, Katelyn	Colorado State University	Colorado
Culver, Katie	Westminster College	Montana
Kalani, Amir	University of Colorado-Boulder	Colorado
Leigh, Allison	Quinnipiac University	Colorado
Malik, Iyana	University of South Alabama	Mississippi
Oliver, Derious	Indiana Univ.-Bloomington	Indiana
Rewerts, Lucy	Louisiana State University	Colorado
Thomas, Caroline	Colorado State University	Colorado
Ton, William	University of Colorado-Boulder	Colorado
Vangelisti, Zachary	University of Denver	Colorado

Class of 2026: This group of students began the Reproductive Systems and Life Cycle Course on June 12 and will have their end of course on July 14. They have their COMPASS 5 week from July 17-23.

Class of 2025: This group of students is preparing for their transition to the Advanced Science Courses, which will begin in August. They have their CCSE Exam on July 14 and are completing their final 1:1s of the LIC year this month.

Highlighted Events:

CSU Important Dates

You'll start to see more activity on the CSU campus as the undergraduate population begins to return in August. CSU Fall 2023 Orientation is Aug. 17-18, and fall term classes begin on Aug. 21.

New Belgium's Tour de Fat

Start planning your costume for this community bike ride from downtown to New Belgium Brewing. The event is Aug. 26. For details, visit <https://www.newbelgium.com/events/tour-de-fat/>.

Yoga in the CSU Gardens

Join this yoga session at the CSU Annual Flower Trial Gardens on Thur., July 20 at 5:30 p.m. Donation suggested to benefit the Gregory Allicar Museum of Art. Registration is required. Please visit <https://artmuseum.colostate.edu/events/yoga-in-the-gardens-5/>.

Still Point Reflection Space in Medical Center

The Still Point Reflection Space is a nourishing, inclusive environment for CSU faculty, staff and students from all backgrounds and cultures. This is a space that can be used to prioritize your well-being and self-care. It's a place to relax, pray, meditate, and reflect. Located on the first floor of the CSU Health and Medical Center, the Still Point Reflection Space is open during CSU Health Network business hours. For details, guidelines for use, and sign up, visit

<https://health.colostate.edu/still-point-reflection-space/>.



Movie Night at Canvas Stadium

Movie Night at Canvas Stadium is back! Bring the entire family to see *Disney's Encanto* on the big screen on July 22. Gates open at 6 p.m. The movie begins at 7 p.m. Attendees are encouraged to bring blankets/towels to sit on; folding chairs are not permitted. GA chairback seating will be available. The clear bag policy will be in place for this event. Pre-register here: [csura.ms/3qArGkT](https://csurams.com/news/2023/6/6/general-movie-night-at-canvas-stadium-returns-july-22). For details, please visit

<https://csurams.com/news/2023/6/6/general-movie-night-at-canvas-stadium-returns-july-22>.

CSU Day at the Rockies game

Join the CSU community to see the Colorado Rockies vs. the Oakland Athletics at Coors Field for a CSU-themed day on Sunday, July 30 at 1:10 p.m. Special ticket packages are available, to include a CSU Rams-themed Rockies hat, a discounted seat, and photo opportunities with Spirit CAM and CSU cheerleaders. Wear your best Rams gear to the game. For details and ticket options visit <https://source.colostate.edu/pack-the-park-csu-friends-welcome-to-attend-july-30-rams-at-the-rockies/> or

<https://www.mlb.com/rockies/tickets/specials/themes/colorado-state-university>.





Translational Talks

The final Summer Translational Talks Research Celebration will be **July 27**. Translational Talks has hosted the first ever Summer Translational Talks Research Celebration events inviting undergraduate and graduate student researchers to share their work. Six researchers will be featured at each of the summer's Translational Talks, and the winning poster or talk of each session will receive a Translational Talks Achievement Award of \$500.

Translational Talks begin at 4 p.m. in the Translational Medicine Institute Grand Events Hall (TMI 330) at 2350 Gillette Drive. After the Talk, attendees are invited to attend a networking reception at 5 p.m. Contact Dr. Heather Pidcock at h.pidcock@colostate.edu with questions or visit <https://calendar.colostate.edu/vpr/>.

Save the Date: Fight the Stigma Music Festival

Mark your calendars for this event on Saturday, September 9 at The Lyric Cinema in Fort Collins for this event benefiting local harm reduction non-profits and fighting stigmas surrounding addiction and mental

health. Fight the Stigma brings together more than 30 Northern Colorado musicians and artists who will perform in a dual-stage format to spotlight the need to challenge the stigma associated with addiction and mental health conditions. This is an all-ages, donation-based event. Mental health resources and harm reduction supplies will be offered on-site at the event. For more information about the event and "Fight the Stigma" or to donate, please visit <https://www.blastnscrap.org/fight-the-stigma-music-festival>.



Lagoon Concert Series at CSU

This summer concert series under the trees at The Lagoon on Colorado State University's main campus has begun. The series will include seven nights of free music on Wednesdays from 6:30-8:30 p.m. through July 26. Bring a picnic or grab something from a food truck. For details, visit <https://lagoonseries.com/>.



CSU Lectures and Seminars

Tues., July 18 – **Twilight Garden Series: Gardening for the Birds and Bees @The Gardens on Spring Creek.**

Are you a hobby gardener? Learn about Garden Insects, Meet the Honey Bees, and Creating Backyard Habitats at this event that runs from 6-8 p.m. at The Gardens on Spring Creek. For details on tickets, visit [Gardens on Spring Creek Ticketing \(ticketapp.org\)](https://www.ticketapp.org).

Thurs., July 27 – **Social Ties and the Lived Experience: Health Aging Speaker Series.** Karen Fingerma, who directs the Texas Aging and Longevity Consortium and is Director for the UT Austin Center on Aging and Population Sciences, will discuss how social interactions affect the health and emotional well-being of older adults. Guests may attend in-person at the Center for Healthy Aging (151 W. Lake) or virtually via Zoom.

RSVPs are required at <https://zoom.us/meeting/register/tJ0ucu2urDovGNUTqnSbht-D5Mzf10M2RBAs#/registration>. Direct questions to the event contact at: hannah.halusker@colostate.edu.

Starting Thurs., July 13 – **Healthy YOU Program.** Healthy YOU is an eight-week healthy lifestyle class that includes nutrition, mindful eating, and exercise. Developed, updated and led by master's-level Registered Dietitian Nutritionists, Healthy YOU's research-based methods along with peer support make this popular program an effective platform for long-term success. This program begins Thurs., July 13 and meets every Thursday from 12-1 p.m. for eight weeks at 151 W. Lake Street, Suite 1400. For details or to register, visit <https://fshn-colostate.nbsstore.net/healthy-you-program-2>.

NoCo Pride Events and Guide

NoCo Pride Festival will be Sat., July 15 from 10 a.m. to 4 p.m. in Civic Center Park in Fort Collins. For a full list of events, visit the NoCo Safe Space Pride Guide at <https://nocosafespace.com/pride-guide/>.

Rainbow Swim at FC City Park Pool. All are welcome at this LGBTQIA+ pool night every Monday through Labor Day from 6-8 p.m. Gender-friendly changing rooms available. This event is free to attend. For more information, visit [NoCoSafeSpace – Holding Safe Spaces for Diverse Communities](#).



For information from the CSU Pride Resource Center, please visit <https://prideresourcecenter.colostate.edu/>.



FoCo Food Truck Rally

The FoCo Food Truck Rally events for the summer season will be at City Park every Tuesday through September 19 from 5:30 p.m. to dusk, featuring food trucks and free live music. Visit <http://www.focofoodtruckrally.com/> for further event information and music lineup (presented by The Mishawaka Amphitheatre).

Bohemian Nights Thursday Night Live

Bohemian Nights Thursday Night Live is a series of FREE summer concerts in Old Town Fort Collins every Thursday through September 7. The concerts are from 7-9 p.m. in Old Town Square. For details and the concert lineup, please visit <https://bohemiannights.org/thursday-night-live/lineup/>.

In the News

Q&A: CSU professor looks at the history of Juneteenth and how to celebrate it throughout the year by Stacy Nick

<https://libarts.source.colostate.edu/qa-csu-professor-looks-at-the-history-of-juneteenth-and-how-to-celebrate-it-throughout-the-year/>

“CSU’s One Health Institute names international health threats expert as new director” by Teya Kvasnicka

<https://source.colostate.edu/csus-one-health-institute-names-international-health-threats-expert-as-new-director/>

“CSU shares information on Drug and Alcohol Abuse Prevention Program” by CSU MarComm Staff

<https://source.colostate.edu/csu-shares-information-on-drug-and-alcohol-abuse-prevention-program/>

“U.S. News Ranks Children’s Hospital Colorado Among the Best in the U.S.” by School of Medicine

<https://news.cuanschutz.edu/medicine/u.s.-news-ranks-childrens-hospital-colorado-2023>

“Creative Art Helps Adolescents and Young Adults with Advanced Cancer Express Hope” by Rachel Sauer

<https://news.cuanschutz.edu/medicine/creative-art-helps-adolescents>

“Study Finds Maternal Diet May Have Long-Lasting Effects for Offspring” by Rachel Sauer

<https://news.cuanschutz.edu/medicine/maternal-diet-long-lasting-effects>

“Study Shows Commonly used Diabetes Drug Reduces Risk of Long COVID” by David Kelley

<https://news.cuanschutz.edu/news-stories/study-shows-commonly-used-diabetes-drug-reduces-risk-of-long-covid>

“Fireworks and PTSD: Keeping the Warzone Out of the Fourth” by Debra Melani

<https://news.cuanschutz.edu/news-stories/fireworks-and-ptsd-keeping-the-warzone-out-of-the-fourth>

CUSOM@CSU Faculty Spotlight



Mary Ann De Groote, MD
CUSOM at CSU Liaison
Infectious Disease Consultant, Western Infectious Disease Consultants and Boulder Community Health
Consultant Medical Affairs, Crestone Pharma, Inc.

Dr. Mary Ann De Groote was born on a U.S. Air Force Base in Germany but grew up in Iowa. After Medical School at the University of Iowa, she moved to Colorado for Internship in 1988 and has been here ever since. She completed not only her internship, but residency, Chief Residency, and ID Fellowship at the University of Colorado. She has always loved animals and has had a long-standing interest in Infectious Diseases. One of her first jobs as a teenager was cleaning dog and cat kennels at a local veterinarian’s office, and when they offered her a chance to come out of the slop and help search for hookworm eggs in the fecal flotation test, she was “hooked” on ID. She initially thought that a career as a DVM was the right path, but ultimately veered toward human medicine. She has had a rewarding career as a longtime practicing Infectious Disease physician in the local Denver/Boulder area. She loves microbiology and the challenging and interesting cases. An ID doctor needs to know and understand all of medicine and keep up on the ever-changing medical knowledge base to be effective. Mary Ann has appointments at CU Anschutz and CSU and has really enjoyed being part of the new branch campus and helping it mature into a wonderful place to learn and grow the next generation of physicians. Outside of work, she enjoys biking, hiking, and spending time with her husband and two crazed rescue Labrador retriever mixes (like many Coloradoans)! It is a joy to be part of this amazing program.

CUSOM – Fort Collins Branch

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