



COLORADO STATE UNIVERSITY

## Fort Collins Branch Newsletter December 2022

## **FCB Class Updates**

**Class of 2026:** This group of students began the Pulmonary and Cardiovascular Systems Course on Nov. 7, and this course will run through Dec. 16. They will have winter break from Dec. 19-Dec. 30 and begin the Renal and Urinary Systems Course on Jan. 2, 2023.

**Class of 2025:** These students are continuing their Clinical Clerkship rotations.

**Class of 2024 (Hybrid):** This group of students began Advanced Science Courses in early November, and these courses run through Dec. 23.

#### **Rams Against Hunger**

Rams Against Hunger offers a variety of services that support students, faculty and staff experiencing food insecurity. "Recent data tells (us) that 3 in 10 students at CSU have experienced food insecurity."



Rams against Hunger operates from the Office of Student Leadership, Involvement and Community Engagement (SLiCE). Services include a food pantry, pocket pantries and in-person assistance with navigating federal aid eligibility. Additional resources are available through the Food Bank for Larimer County. For details, please visit

<u>https://lsc.colostate.edu/slice/community-engagement/rams-against-hunger/</u> Or to donate to the program, please visit https://advancing.colostate.edu/RAMSAGAINSTHUNGER

#### **Fort Collins Events:**

#### **Old Town Skate Rink**

The rink is now open on weekends and select other weekdays and holidays. Admission and skate rentals are free. No reservations needed. For details and the rink schedule, visit https://downtownfortcollins. com/event/skate-rink/.

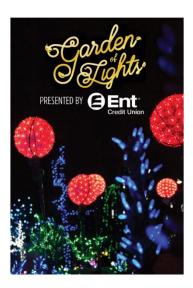
Winter Farmer's Market On select Saturdays throughout the winter months, over 90 local producers will have food and handmade goods available for purchase. The market runs from 10 a.m. -2 p.m. at Foothills Mall. For details and complete schedule, visit https://focomarket.org/.

Snow Shoeing and Cross-Country Skiing For a list of area snow shoeing and cross-country skiing areas and trails and equipment rental info, please visit https://www.visitftcollins.co m/things-to-do/winteractivities/?locale=en-US.

## **Garden of Lights**

The Garden of Lights at the Gardens on Spring Creek, one of Northern Colorado's favorite holiday traditions, runs Friday, Dec. 9 through Saturday, Dec. 24. The event features a half-mile loop filled with glowing grapevines, towering flowerbeds, dancing color blossoms, and other imaginative displays made of hundreds of thousands of glittering lights. Refreshments will be available for purchase, and the event will also feature visits by Santa and festive live entertainment on select nights.

For details and to purchase tickets, please visit https://www.fcgov.com/gardens/garden-of-lights



## **Colorado's Hot Springs**

Did you know that Colorado has more than 25 hot springs? Check out this comprehensive list for a soak this winter. <u>https://www.colorado.com/articles/colorado-hot-springs-quick-guide</u>

## **Festive December Events**

**Colorado Youth Outdoors Winter Wonderland, Fort Collins** (drive-through light display), <u>https://www.coloradoyo.org/winter-wonderland-2020/</u>

**Lights of December Parade, Boulder**, Saturday, Dec. 3 at 6 p.m. <u>https://boulderdowntown.com/light-up-the-holidays/events/lights-of-december-parade</u>

Parade of Lights, Denver, Saturday, Dec. 3 at 6 p.m. <u>https://www.winterindenver.com/parade</u> Denver Christkindlmarket, <u>https://www.denver.org/event/denver-christkindlmarket/92204/</u> Denver Holiday Lights and Sights Tour, <u>https://www.denverfreewalkingtours.com/holidaylightstour</u> Denver Zoo Lights, <u>https://denverzoo.org/events/zoolights/</u>



#### Alianza NORCO Fundraiser

Alianza NORCO is a local non-profit whose mission is to "strengthen and empower our immigrant community and their families through key services, civic education, leadership development and community organization." You're invited to their Fiesta Fundraiser on December 4 from 5-8 p.m. at the Agave Room at the Rio Grande

Restaurant in Downtown Fort Collins. Your ticket includes Mexican tapas, a beverage, and a salsa lesson, followed by salsa dancing and silent auction. For details and to purchase a ticket, please visit <a href="https://alianzanorco.org/en/pagina-de-inicio/fiesta-fundraiser/">https://alianzanorco.org/en/pagina-de-inicio/fiesta-fundraiser/</a>.

## Graduate Student Council (GSC) Events

Wellness Wednesdays: Dec. 7: Donut Underestimate Us: GSC Does Finals, 9-11 p.m., LSC Room 308 For details, visit <u>https://gsc.colostate.edu/</u>.

What are Wellness Wednesdays? GSC is committed to the health and well-being of graduate students at Colorado State University. Our Wellness Wednesday programming series focuses on ten Dimensions of Wellness (e.g., emotional, creative, financial, physical). Each month (on a Wednesday) of the academic year presents a new opportunity for you to build community and find a sense of belonging among your peers by engaging in a wellness-focused dialogue or activity.

**GSC meetings** are the first Tuesday of every month at 6 p.m. (MST). The meetings this fall will be hybrid, in the ASCSU Senate Chambers (LSC 204) and on Zoom. For details, please visit <u>https://gsc.colostate.edu/join-the-next-gsc-meeting/</u>.

#### Coming Soon...CUSOM @ CSU Embroidered Merch

Keep an eye out for information about the opportunity to order CUSOM @ CSU embroidered sweatshirts, vests and jackets (pending marketing approval of the branding).

## **Translational Talks**

"Translational research is the engine that turns the knowledge created by biomedical scientists, social scientists, engineers, physicians, veterinarians, and innovators into the important solutions for human and veterinary patients."



Save the date for the following Translational Talks presented

by the Office of the Vice President for Research and the Translational Medicine Institute: **Thursday, December 8** – Christopher Snow will speak on "Precision nanostructured biomaterials for the therapeutic delivery and in vivo imaging." Jungjae Lee will speak on "A self-illuminating nanoprobe for chemiluminescence imaging of head and neck cancer."

Thursday, January 12 – Topic TBD Thursday, January 26 – Topic TBD Thursday, February 23 – Topic TBD

Translational Talks begin at 4 p.m. in the Translational Medicine Institute Grand Events Hall (TMI 330) at 2350 Gillette Drive. After the Talk, attendees are invited to attend a networking reception at 5 p.m. Contact Dr. Heather Pidcoke at <u>h.pidcoke@colostate.edu</u> with questions.

## Scholarship Opportunity for NoCo Students

The Northern Colorado Medical Society is proud to present their annual NCMS Legacy Scholarship, awarded to benefit medical students who graduated from a Larimer County high school or a Weld County high school.

Two scholarships of \$5,000 will be awarded (one to a Larimer County student and one to a Weld County student). Submissions are due Dec. 31, 2022. For details on the criteria and application process, visit



<u>http://www.nocomedsoc.org/about-northern-colorado-medical-society/ncms-legacy-scholarship/</u>, or contact NCMS Executive Director, Crystal Goodman @ <u>crystal@nocomedsoc.org</u>.

## **Campus Activities**



**CSU Home Athletics** 

Sat., Dec. 3, Women's Basketball vs. Western Michigan, Noon, Moby Arena Sat., Dec. 3, Men's Basketball vs. Northern Colorado, 2:30 p.m., Moby Arena Tues., Dec. 6, Women's Basketball vs. Denver, 6:30 p.m., Moby Arena

Sat., Dec. 10, Women's Basketball vs. San Francisco, 1 p.m., Moby Arena
Sun., Dec. 11, Men's Basketball vs. Peru State, 2 p.m., Moby Arena
Mon., Dec. 19, Women's Basketball vs. Regis, 6:30 p.m., Moby Arena
Thur., Dec. 29, Women's Basketball vs. Fresno State, 6:30 p.m., Moby Arena
Sat., Dec. 31, Men's Basketball vs. San Jose State, 2 p.m., Moby Arena
Sat., Jan. 7, Women's Basketball vs. New Mexico, 12 p.m., Moby Arena
Sat., Jan. 7, Men's Basketball vs. Fresno State, 2:30 p.m., Moby Arena
Fues., Jan. 10, Men's Basketball vs. Air Force, 7 p.m., Moby Arena
For details, ticket information, and a complete schedule of events, visit <a href="https://csurams.com/">https://csurams.com/</a>



#### **CU Home Athletics**

Thur., Dec. 1, **Men's Basketball vs. Arizona State**, 6:30 pm., Boulder Wed., Dec. 7, **Women's Basketball vs. Southern Utah**, 6 p.m., Boulder Thur., Dec. 8, **Men's Basketball vs. Colorado State**, 7 p.m., Boulder Thur., Dec. 15, **Men's Basketball vs. North Alabama**, 6:30 p.m., Boulder

Fri., Dec. 16, Women's Basketball vs. Alcorn State, 6 p.m., Boulder

Sun., Dec. 18, Men's Basketball vs. Northern Colorado, 3 p.m., Boulder

Wed., Dec. 21, Men's Basketball vs. Southern Utah, 5 p.m., Boulder

Thur., Jan. 5, Men's Basketball vs. Oregon, 7 p.m., Boulder

Fri., Jan. 6, Women's Basketball vs. Utah, 7 p.m., Boulder

Sat., Jan. 7, Men's Basketball vs. Oregon State, 7:30 p.m., Boulder

For details, ticket information, and a complete schedule of events, visit https://cubuffs.com/calendar



## Music and the Arts at CSU

<u>Sun., Dec. 4, Concert Orchestra Concert: Mozart Musicale</u>, 3:30 p.m., Griffin Concert Hall, UCA

Thur., Dec. 8, Symphonic Band Concert: Celestial, 7:30 p.m., Griffin Concert Hall, UCA

Thur., Dec. 8, Performance Concentration Monologue Festival, 7 p.m., University Theater, UCA

Fri., Dec. 9, Wind Symphony Concert: Codex Gigas, 7:30 p.m., Griffin Concert Hall, UCA

Fri., Dec. 9 and Sat., Dec. 10, Fall Dance Capstone Concerts, 7:30 p.m. or 2

p.m. (Saturday matinee), Dance Theater, UCA

Sat., Dec. 10, All Choral Holiday Concert, 7:30 p.m., Griffin Concert Hall, UCA

For details, please visit <u>https://music.colostate.edu/events/</u>. For ticket information, please visit <u>https://csuartstickets.universitytickets.com/</u>

# Your Chance to Nominate Faculty

Would you like to recognize a CUSOM at CSU educator who has demonstrated teaching excellence?

To nominate someone for a CUSOM at CSU Teaching Excellence Award, please submit this short form: <u>https://forms.gle/1nauecUoWoJVAvfp9</u>.

Please contact Ellen Aster (astere@colostate.edu) for questions or more information.

## 24<sup>th</sup> Annual CVMBS Research Day: Calling all Student Researchers

The 24<sup>th</sup> Annual CVMBS Research Day will be held on Saturday, Jan. 28, 2023, at the Lory Student Center. The annual symposium showcases cutting-edge student research and innovative research approaches. All members of the CVMBS community are encouraged to participate in this free event. Students conducting either translational, clinical or basic science studies from all CVMBS departments are encouraged to participate. Research abstracts are due via online submission. The final deadline for submission is by midnight on Dec. 2. For details or to connect to the submission portal, please visit https://vetmedbiosci.colostate.edu/research/research-day/.

#### In the News

"CSU biochemists, cancer biologists find key vulnerability in rare brain tumors" by Anne Manning https://natsci.source.colostate.edu/csu-biochemists-cancer-biologists-find-key-vulnerability-in-rare-braintumors/ "Scientists awarded \$3M to study climate science, community resilience" by Emily Wilmsen https://engr.source.colostate.edu/scientists-awarded-3m-to-study-climate-science-community-resilience/

"CSUPD, UCHealth and Health Network co-responder program off to a positive start" by Dell Rae Claravola https://source.colostate.edu/csupd-uchealth-and-health-network-co-responder-program-off-to-a-positivestart/

"Clinical trial for pediatric bone cancer underscores 'One Cure' philosophy at CSU" by Ann Manning https://cvmbs.source.colostate.edu/clinical-trial-for-pediatric-bone-cancer-underscores-one-curephilosophy-at-csu/

**"CSU faculty part of NIH-funded state partnership to support health research"** by Gretchen Gerding <u>https://chhs.source.colostate.edu/csu-faculty-part-of-nih-funded-state-partnership-to-support-health-research/</u>

"CU Anschutz Faculty Drive Innovation in Confronting Nation's Mental Health Crisis" by Carie Behounek https://news.cuanschutz.edu/news-stories/cu-anschutz-faculty-drive-innovation-in-confronting-nationsmental-health-crisis

"Program Working with Hispanic and Latino Community Partners to Lessen Impact of Childhood Obesity" by Rachel Sauer

https://news.cuanschutz.edu/medicine/program-working-with-hispanic-and-latino-community-partners-tolessen-impact-of-childhood-obesity

## **CUSOM Fort Collins Branch Faculty Spotlight**



#### Eytan Shtull-Leber, MD, MSCR Clinical Content Director of Plains Year, Fort Collins Branch Clinical: Emergency Physicians of the Rockies

Dr. Shtull-Leber grew up in Ann Arbor, MI, where he also attended the University of Michigan for college, medical school, and for a master's degree in clinical research. He moved to Phoenix with his wife where he completed a residency in emergency medicine at Maricopa Medical Center and a fellowship in medical education through the University of Arizona - Phoenix. During his training, Tani has also worked to become a Fellow of the Academy of Wilderness Medicine. Dr. Shtull-Leber joined the CUSOM faculty in 2022 as the Clinical Content Director for the Plains year at the Fort Collins branch campus. His primary teaching interests include teaching clinical reasoning using case-based small-group discussions. In his spare time, he enjoys hiking, skiing, traveling, and spending time with his wife, son, and dog.

## **CUSOM – Fort Collins Branch**

Email: <u>cvmbs\_som@colostate.edu</u> Admin phone: 970-492-4204 151 West Lake Street, Fourth Floor Fort Collins, Colorado 80524 Administrative Office Hours: Monday – Friday, 8 a.m. – 4:30 p.m. Upcoming Office Closures: December 26 – January 2 (Winter Holiday/Admin Offices Closed)

