



## Fort Collins Branch Newsletter

September 2023

### FCB Class Updates

**Class of 2027:** These students completed Foundational Principles on Sept. 1. They have their first Traverse Week Sep. 4-8. They begin the Hematologic and Lymphatic Systems course on Sept. 11, and this course runs through Sept. 9. They'll then begin the Gastrointestinal Systems course on Oct. 2.

**Class of 2026:** This group of students will have Pre-Clerkship Basecamp from Sept. 4-8 and Sept. 11-15. They'll begin clinical clerkships Sept. 18.

**Class of 2025:** This group of students began Advanced Science Courses on Aug. 21 and these courses run through Nov. 24.

### CUSOM@CSU Apparel Catalog

The CUSOM@CSU Apparel catalog through Imprints Fort Collins is now open for orders of select items. The logo (with the CUSOM logo stacked on top of the CSU logo) will be placed on the items in the link below. When you submit your inquiry using the catalog, Imprints Fort Collins will then contact you with a final price quote including shipping cost to your address, along with an estimated ship date. If you approve of the quote, they will provide you with an online link to the payment processing portal for prepayment. Normally, order completion and ship date are 10-15 business days after confirmation of each order. View the catalog at:  
<https://www.companycasuals.com/CUMedCSU/start.jsp>

### Northern CO Medical Society Welcomes Med Students

Join the Northern Colorado Medical Society (NCMS) leadership and University of Colorado School of Medicine @ Colorado State University faculty for an evening of networking, conversation and greater connection to the NoCo community on **Thurs., Sept. 7 from 6-8 p.m. at New Belgium Brewing** (500 N. Linden). NCMS supports over 800 physician members in Northern Colorado and is pleased to welcome and support students. To register, visit [2023 NCMS Medical Student Welcome Event \(constantcontact.com\)](https://www.nocomedsoc.org/). For more info about NCMS, visit <https://www.nocomedsoc.org/>.

### Highlighted Events:

#### CU Anschutz Events

Access the schedule for AMC events, including Grand Rounds, Lectures, Seminars, Workshops, & OSL events, at <https://calendar.cuanschutz.edu/calendar/upcoming/>.

#### FoCo Open Streets

Mark your calendar for Sun., Sept. 24 for the City of Fort Collins' Open Streets biking/walking/family event in which a 1-2 mile car-free route will be available to participants. Open Streets aims to show participants some car-free, healthy alternatives to driving.  
<https://www.fcgov.com/openstreets/>

#### FCB Office Days for Dean Scott (aka Dean Scotty)

Dr. Maurice Scott, Assistant Dean of Student Affairs, will be in-person at the FCB on the following days and will be available to connect with students: Sept. 15, Oct. 18, Nov. 14, and Dec. 13. To make an appointment or confirm office hours, email him @ [maurice.scott@cuanschutz.edu](mailto:maurice.scott@cuanschutz.edu).

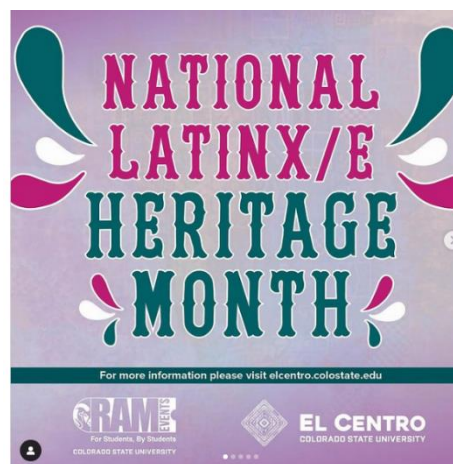
## CSU Lectures and Seminars

Wed., Sept 6 @ 1-3 p.m., Lory Student Center, Long's Peak Room – **One Health Institute Affiliate Fall Kick-Off**. You're invited to this event for One Health conversation, networking, and a chance to meet the new director of the One Health Institute, Dr. Tracey Goldstein. The event contact is Teya Kvasnicka, [teya.kvasnicka@colostate.edu](mailto:teya.kvasnicka@colostate.edu). [One Health Institute Affiliate Fall Kick-Off, Wednesday, September 6, 2023, 1 - 3pm - Vice President for Research | University Events Calendar | Colorado State University \(colostate.edu\)](#)

Fri., Sept. 8 @ 9-10:30 a.m., **Warner College of Natural Resources, Horsetooth Rock Room – Climate Change and One Health Pilot Data Presentations**. All are welcome to join this event to hear impactful data revelations derived from five diverse Climate Change and One Health projects. For details or to register, please visit [Climate Change & One Health Data Presentations | Sept. 8, 2023 \(office.com\)](#).

## CSU and National Latinx/e Heritage Month

The CSU organization El Centro will be celebrating National Latinx Heritage Month in September and October with several activities and events for the CSU community. "National Latinx Heritage Month has become synonymous with celebrating and educating others about the Latinx/e, Afro-Latinx/e, Chicanx/e and Hispanic communities' rich traditions while embracing diversity, multiculturalism, transnationalism, and intersectionality of (these) identities." The launch of the month's events will be Wed., Sept. 13 from 4-6 p.m. in the Lory Student Center Sutherland Community Garden. There will be outdoor games, music, dancing and lots of orgullo (pride). Visit <https://elcentro.colostate.edu/latinx-heritage-month/2023-latinx-heritage-month/> for the full list of the month's events and details.



In addition, Marcela Henao-Tamayo, M.D., Ph.D., Director of Diversity, Equity and Inclusion for CUSOM @ CSU invites you explore the following resources about the National Hispanic American Heritage Month, which runs from Sept. 15 – Oct. 15. <https://www.hispanicheritagemoth.gov>



## Hops for Hunger

Hops for Hunger is a craft beer festival benefiting Weld County Food Bank. The event is in Windsor at Boardwalk Park on Friday, Sept. 15 from 5:30-9 p.m. Attendees enjoy a wide selection of local craft beers along with food and live music. Proceeds from this event benefit the Windsor community through the event's non-profit partners, Mobile Food Pantry and Backpack Programs. For details or ticket information, visit <https://weldfoodbank.org/hops/>.

# HOME COMING AND FAMILY WEEKEND

## CSU Homecoming & Family Weekend

Save the date for CSU's Homecoming and Family Weekend, October 12-14.

Some of the scheduled events include:

Thur., Oct. 12 – **Distinguished Alumni Awards**, 5-9 p.m. at Lory Student Center.

Fri., Oct. 13 – **Festival on the Oval**, 3-6 p.m., The Oval. Enjoy live music, children's activities, food trucks, and a beer garden, opportunities to see campus, and booths featuring local vendors and businesses.

Fri., Oct. 13 – **Friday Night Lights**, 6-8:30 p.m., West of the Lagoon. Join in these homecoming traditions to include the pep rally, bonfire, fireworks, and the lighting of the A. Gather on the lawn just west of the Lory Student Center.

Sat., Oct. 14 – **B/AACC (Black/African American Cultural Center) Homecoming Tailgate**, time and tailgate area TBA. This tailgate is for alumni, current students, staff, families and community members for a chance for everyone to come together to eat, dance and enjoy fellowship before the homecoming game.

Sat., Oct. 14 – **Ram Walk Tailgate**, Time TBA. This tailgate will open to the public four hours before kickoff, with live music, TVs showing national games, as well as food, beer, and wine for purchase. To purchase a BBQ meal package, visit <https://advancing.colostate.edu/2023HOME COMINGTAILGATEBBQ>.

Sat., Oct. 14 – **CSU Homecoming 5K**, 8-10 a.m., The Oval. All ages and abilities are welcome. In addition to the in-person 5K on the CSU campus, virtual races from around the globe are welcome to join. For details or to register, visit <https://www.chhs.colostate.edu/hes/outreach-and-engagement/homecoming-5k-race/>.

Sat., Oct. 14 – **CSU Rams Football vs. Boise State**, Time TBA, Canvas Stadium. Cheer on the Rams to a homecoming victory.

For homecoming details, visit <https://homecoming.colostate.edu/>.



## Ram Town and Ram Walk

When attending CSU football games, plan for time at Ram Town, the central hub for tailgating and pre-game activities located on the corner of Meridian Ave. and Hughes Way, Ram Town is the main tailgating location for all reserved tailgates as well as the Ram Walk Tailgate. Ram Town will include inflatables and other game day entertainment to include live local bands, as well as front row access to the Ram Walk as the team begins their march towards Canvas Stadium. For more information and band line-up, visit <https://csurams.com/sports/2022/8/11/ram-town>.

## Mentorship Opportunities for Medical School Students/Faculty

PriMES, a national mentorship program for underrepresented undergraduate premed students, is currently seeking medical students or resident physicians as Mentors for 2023-2024. The program, supported by Weill Cornell Medicine, aims to help URiM premed Mentees overcome barriers and challenges to applying and matriculating into medical school by pairing them with Mentors. PriMES mission is to increase diversity in medical school education. For more information about the program or to apply to become a mentor, visit <https://www.primesmentorship.org/apply>



## Health Equity Champion Fall Cohort Sign Up

The Colorado Academy of Family Physicians (CAFP) is seeking physicians and medical students for participation in the Health Equity Champion Fall Cohort, which starts Sept. 11. The program is free for medical students. The program gives participants the opportunity to “join a cohort of peers in a three-month journey to deepen (their) equity knowledge and skills.” Each week, participants will receive educational content like articles, webinars, podcasts, videos, and self-reflections to advance their understanding of health equity as an individual, clinician, student and community member. For more information or to sign up, visit <https://www.coloradoafp.org/cafp-health-equity-program/>.

## Rope for Hope Fundraiser

The House of Neighborly Service of Loveland is hosting their Rope for Hope fundraiser on Sat., Sept. 23, from 9 a.m. to 2 p.m. at the Foundry Plaza in Downtown Loveland. Participants in this fundraiser will have the opportunity to rappel down the side of the parking garage in Loveland, and funds raised will benefit the House of Neighborly Service. Adventure experience company, Over the Edge, is a partner in this rappelling event and fundraiser. The House of Neighborly Service in Loveland and Berthoud “assists and advocates for people challenged by the effects of poverty or situational crisis.” They assist community members with the basic necessities of food, clothing, utility assistance, resources for families, etc., and help to stabilize and strengthen the at-risk families, children, youth, seniors of the Loveland and Berthoud communities. <https://www.honservice.org/fundraising/page.html>



## Yoga in the Gardens

The next session of Yoga in the Annual Trial Gardens at CSU is Thurs., Sept. 21 from 5:30-6:30 p.m. This free, hour-long class is held outside in the CSU Annual Flower Trial Gardens, across the street and just north from the CSU Health and Medical Center. A suggested donation of \$10 benefits the Gregory Allcar Museum of Art. Registration is required at <https://artmuseum.colostate.edu/events/yoga-in-the-gardens-7/>.

## Yoga Hike @ Bobcat Ridge

This outdoor yoga class offered by Sun Breath Yoga is Saturday, Sept. 30 from 10a.m.-1 p.m. at Bobcat Ridge. Combine hiking and your yoga practice on this 4.3 mile easy-moderate hike, allowing participants to connect to nature as they building strength, improve balance and experience nature. Sun Breath Yoga also offers SUP (Stand Up Paddleboard) Yoga at Boyd Lake during the summer. For more information or to sign up, visit <https://www.sunbreathyoga.com/yoga-hike>.

## Campus Activities



### CSU Home Athletics

Sat., Sept. 2, **Rams Football vs. Washington State**, 5 p.m., Canvas Stadium

Thurs., Sept. 7, **Volleyball vs. Bowling Green**, 7 p.m., Moby Arena

Fri., Sept. 8, **Volleyball vs. Baylor**, 6 p.m., Moby Arena

Sat., Sept 9, **Volleyball vs. Pacific**, 1:30 p.m., Moby Arena

Thurs., Sept. 14, **Soccer vs. Utah Tech**, 7 p.m., Fort Collins

Fri., Sept. 15, **Volleyball vs. Colorado**, 7 p.m., Moby Arena

Sat., Sept. 16, **CSU Football vs. CU Football**, 8 p.m., Boulder

Thurs., Sept. 21, **Soccer vs. Nevada**, 7 p.m., Fort Collins

Sun., Sept. 24, **Soccer vs. UNLV**, 1 p.m., Fort Collins

Thurs., Sept. 28, **Volleyball vs. San Diego State**, 7 p.m., Moby Arena

Fri., Sept. 29-Sun., Oct. 1, **Women's Tennis, Jon Messick Invitational**, All Day, CSU Tennis Complex

Sat., Sept. 30, **Volleyball vs. UNLV**, Noon, Moby Arena

Sat., Sept. 30, **CSU Football vs. Utah Tech**, 5 p.m., Canvas Stadium

Sat., Oct. 7, **Volleyball vs. San Jose State**, 1 p.m., Moby Arena

For details, ticket information, and a complete schedule of events, visit <https://csurams.com/>



### CU Home Athletics

Fri., Sept. 1, **Cross Country Time Trials**, All Day, Boulder

Fri., Sept. 1, **Volleyball (Colorado Classic) vs. Xavier**, 7 p.m., Boulder

Sat., Sept. 2, **Volleyball (Colorado Classic) vs. Charlotte**, 6 p.m. Boulder

Sun., Sept. 3, **Soccer vs. Purdue**, noon, Boulder

Sat., Sept. 9, **Buff's Football vs. Nebraska**, 10 a.m., Boulder

Sun., Sept. 10, **Soccer vs. Colgate**, Noon, Boulder

Thurs., Sept. 14, **Volleyball vs. CSU**, 7 p.m., Boulder

Sat., Sept. 16, **CU Football vs. CSU**, 8 p.m., Boulder

Sun., Sept. 17, **Volleyball vs. Denver**, 2 p.m., Boulder  
Thurs., Sept. 21, **Volleyball vs. Utah**, 7 p.m., Boulder  
Fri., Sept. 22, **Soccer vs. UCLA**, 7 p.m., Boulder  
Sun., Sept. 24, **Volleyball vs. Stanford**, Noon, Boulder  
Sat., Sept. 30, **CU Football vs. USC**, Time TBD, Boulder  
Thurs., Oct. 5, **Soccer vs. Stanford**, 7 p.m., Boulder  
Fri., Oct. 6, **Volleyball vs. Oregon**, 7 p.m., Boulder

For details, ticket information and a complete schedule of events, please visit <https://cubuffs.com/>

## Music and Theatre at CSU

Wed., Sept. 13 – **Guest Artist Concert: Nicholas May (Saxophone)** @ 7:30 p.m., Organ Recital Hall, University Center for the Arts.

Thurs., Sept. 14 – **Virtuoso Series Concert: Wesley Ferreira, clarinet, and Bryan Wallick, piano** @ 7:30 p.m., Organ Recital Hall, University Center for the Arts.

Fri., Sept. 15 – **Guest Artist Concert: Sarah Howes (soprano), Mikalia Bradbury (mezzo-soprano), and Mary Trotter (piano)** @ 7:30 p.m., Organ Recital Hall (UCA).

Thurs., Sept. 28 – **Jazz Ensembles Concert: Jazz Classics** @ 7:30 p.m., Griffin Concert Hall, UCA

Thurs., Oct. 5 – **Wind Symphony Concert: Adventures** @ 7:30 p.m., Griffin Concert Hall, UCA.

Sept. 29-30, Oct. 5-8 – **Silent Sky by Lauren Gunderson**, a play directed by Debbie Swann. Studio Theater, UCA. <https://theatre.colostate.edu/events/silent-sky-by-lauren-gunderson-2-2023-10-08/>

For more information, visit <https://theatre.colostate.edu/> or <https://music.colostate.edu/events/>.

## In the News

**“LED photochemical process will improve vaccines, promote more effective immune response, CSU researcher says”** by Mark Gokavi

<https://source.colostate.edu/led-photochemical-process-will-improve-vaccines-promote-more-effective-immune-response-csu-researcher-says/>

**“Tuberculosis on the rise for the first time in decades after COVID-19 interrupted public health interventions and increased inequality”** by Carlos Franco-Paredes

<https://source.colostate.edu/tuberculosis-on-the-rise-for-first-time-in-decades-after-covid-19-interrupted-public-health-interventions-and-increased-inequality/>

**“CSU, partners land \$8.75M for center on vector-borne diseases like West Nile virus”** by Jeff Dodge

<https://cvmb.ssource.colostate.edu/csu-partners-land-8-75m-for-center-on-vector-borne-diseases-like-west-nile-virus/>

**“Aftermath of Maui Wildfires May Have a Heavy Mental Health Toll”** by Laura Kelley

<https://news.cuanschutz.edu/news-stories/aftermath-of-maui-wildfires-may-have-a-heavy-mental-health-toll>

“New Donation Rules Begin Taking Effect in U.S. Blood Banks” by Kara Mason

<https://news.cuanschutz.edu/medicine/new-donation-rules-begin-taking-effect-in-u.s.-blood-banks>

“Why Does the U.S. Preventative Services Task Force Recommend That All Adults Get Screened for Anxiety Disorders?” by Greg Glasgow

<https://news.cuanschutz.edu/medicine/u.s.-preventive-services-task-force-recommendation-anxiety-disorders>

## CUSOM@CSU Faculty Spotlight



### Ashley Barash, DO

Longitudinal Integrated Clerkship Assistant Director  
Clinical: Emergency Physicians of the Rockies

Dr. Ashley Barash is an emergency medicine physician practicing in northern Colorado, although originally from Concord, Massachusetts. Dr. Barash received her undergraduate degree from Georgetown University, and her medical degree from Nova Southeastern University College of Osteopathic Medicine. She completed her residency in Emergency Medicine in Gainesville, Florida. Dr. Barash has a background in and passion for both public health and medical education. She has a particular interest in helping students supplement their foundational classroom knowledge with practical clinical decision-making tools to promote success in the clinical setting.

## Faculty/Employee Professional Portrait Opportunity

CUSOM@CSU faculty and employees who need to have a professional photo taken can take advantage of this portrait opportunity for CVMBs employees on **Tuesday, Sept. 12 from 3:30-4:30 p.m.** at 2537 Research Blvd, Suite 100 in the Vail Conference Room. No advanced scheduling is required. Photos are on a first come, first served basis. Each photo takes approximately 1-2 minutes, so people needing portraits are free to wait as the sessions should move quickly. With questions, reach out to Kelsey Bustos at [Kelsey.Bustos@colostate.edu](mailto:Kelsey.Bustos@colostate.edu).

## CUSOM – Fort Collins Branch

Email: [cvmb\\_som@colostate.edu](mailto:cvmb_som@colostate.edu)

Admin phone: 970-492-4204

151 West Lake Street, Fourth Floor

Fort Collins, Colorado 80524

Administrative Office Hours:

Monday – Friday, 8 a.m. – 4:30 p.m.

**Observed Holidays:** Labor Day on Monday, Sept. 4.

University Offices Closed

