



Fort Collins Branch Newsletter

February 2025

FCB Class Updates

Class of 2028: These students will have Traverse 3 from Feb. 3-7. They will begin the Nervous Systems course from Feb. 10 through March 14.

Class of 2027: These students are continuing their clinical clerkships. They will be on campus every Wednesday for didactics.

Class of 2026: This group of students is now in the Alpine Phase, including Acting Internships and other electives.

Class of 2025: This class is currently in the Alpine phase, including Acting Internships and other electives, for the rest of their curriculum. Match Day for these students is Friday, March 21.

One Health and Zoonoses Conference

Save the date for the 50th Annual One Health and Zoonoses Conference on Thurs., April 10 from 8:30 a.m. – 4:30 p.m. at the Hydro Building, CSU SPUR Campus (4777 National Western Dr., Denver). A virtual Zoom option is available. A social hour will immediately follow the program.

Sessions include: One health approaches in public health, vector borne diseases, one health and the environment, and updates on zoonotic diseases. A full agenda will be available closer to the event. There will be a registration fee to cover conference costs. Those interested in attending should fill out this survey: [One Health and Zoonoses Conference Interest Survey](#) A registration link will be sent out closer to the conference. This event is sponsored by the Colorado Department of Public Health and Environment, CSU’s One Health Institute, and the Rocky Mountain and High Plains Vectorborne Disease Training and Evaluation Center.



Highlighted Events:

CU Anschutz Events

Access the schedule for AMC events, including Grand Rounds, Lectures, Seminars, Workshops, & OSL events, at <https://calendar.cuanschutz.edu/calendar/upcoming/>.

Dean Visits

Dr. Maurice Scott, Assistant Dean of Student Affairs, will be in-person at the FCB on the following days and will be available to meet with students: Feb. 19 and March 5. To make an appointment or to confirm office hours, students can email him at maurice.scott@cuanschutz.edu.

Winter Bike to Work (or Wherever) Day 2025

The Fort Collins Winter Bike to Work or Wherever Day is Friday, Feb. 14 from 7 a.m. to 9:30 a.m. for morning stations and from 3:30-5:30 p.m. for afternoon stations. For details, visit [Bike to Work Day - City of Fort Collins](#).

FCB Winter Formal

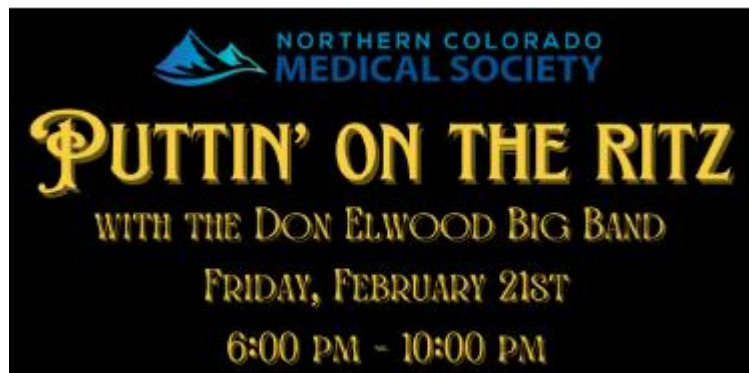
The Fort Collins Branch Winter Formal (an MSA-organized event) was Friday, Jan. 24 at the Lory Student Center Longs Peak Room and Lounge. Students, if you have any group photos from formal, please send them to Kara and/or Valerie.



NoCo Medical Society Annual Meeting and Celebration

The Northern Colorado Medical Society invites you to their annual meeting on Friday, Feb. 21 from 6-10 p.m. at the Embassy Suites Loveland Hotel and Conference Center (4705 Clydesdale Parkway, Loveland). The theme of the evening is "Puttin' on the Ritz," and the event will include dinner, awards ceremony

honoring Physician of the Year and two outstanding medical students who will receive the Legacy Scholarship, keynote speaker (TBD), and music by The Don Elwood Big Band. For details and to register, visit [NCMS Annual Meeting "Puttin' on the Ritz" | Northern Colorado Medical Society](#).



FoCo and Denver Restaurant Weeks

Great Plates of Fort Collins will run from March 1-14. It not only is a celebration of Fort Collins' dining community but it is also a fundraiser for the Food Bank for Larimer County. Over 45 restaurants are participating and will offer menu specials priced at \$25, \$35, \$45, or \$15 and under. The restaurant guide for Great Plates will be available Feb. 14. For details, visit [Great Plates of Downtown™ | Dine | Downtown Fort Collins, CO](https://www.greatplatesofdowntown.com/).



Denver Restaurant Week by Visit Denver runs from March 7-16. Get the opportunity to try a variety of Denver's dining establishments from casual to fine dining. The event will offer four price points for multi-course meals at restaurants throughout the city (\$25, \$35, \$45, and \$55). For details, please visit <https://denverrestaurantweek.com/>.

February in "Love"land

Loveland Lights runs through Feb. 16 from 5-9 p.m. nightly at the Chapungu Sculpture Park (5995 Sky Pond Drive). Walk through this free, Valentine-themed light display set to some popular love songs alongside illuminated African stone sculptures. Loveland Lights LIVE will be on Sat., Feb. 8 with special programming including dueling pianos, beer, wine and more! <https://visitloveland.com/loveland-lights/>

The **Loveland Sweetheart Festival** is Fri., Feb. 14 from 5-9 p.m. and Sat., Feb. 15 from 10 a.m. to 8 p.m. in downtown Loveland. This event features free fun in the Sweetheart City, including a day full



of LIVE ice sculpting, fire and art demonstrations, musical and dance performances on the community stage, and the Sweetheart Classic 4-Mile Race (at 9:30 a.m. on Feb. 15). An enhanced experience available at cost (\$30/person) is the Rooftop Valentine Experience which includes live music and a chocolate and wine pairing on the roof of downtown's Desk Chair Workspace. For details, visit <https://visitloveland.com/sweetheartfestival/>.

On Friday, Feb. 14, Loveland will host their **Annual Valentine's Day Group Wedding and Vow Renewal Ceremony** at Sweet Heart Winery (5500 W US34, Loveland) at 4 p.m. For details and tickets, visit <https://www.valentinesdayinloveland.com/>.

Science on Tap FoCo

Raise a glass, learn something new, and enjoy an evening of science at Science on Tap at the Wolverine Farm Public House (316 Willow Street, Fort Collins) on **Tuesday, Feb. 25** from 6:30- 8 p.m. Visit Science on Tap FoCo's Facebook page for event information [Science on Tap FoCo | Facebook](https://www.facebook.com/scienceontapfoco/) or here <https://www.wolverinefarm.org/event/science-on-tap-35/>.



Black History Month – “Brilliance Through Resistance”

The CSU Black/African American Cultural Center (B/AACC) is inviting the campus community to **Black History Month Kick-off on Monday, Feb. 3 from 2-5 p.m. in the Sunshine Lounge** at the Lory Student Center Theater. Learn about the activities and programs that will be going on throughout the month, Black Student Organizations, as well as about this year’s theme, “**Blacklight: Brilliance Through Resistance.**”

Other events include:

Mon., Feb. 3 – **Real Talk.** BHM kick off with Black Definition and tabling to get info out to the community about the events for the month. This will be at the Happiness Lounge at the Lory Student Center (near Starbucks behind the piano).

Wed., Feb. 12 – **Fashion Show.** Come experience the annual BHM fashion show in partnership with Ram Events. The show will feature student designers and a vendor market. The event will be in Lory Student Center Ballrooms C and D.

Thurs., Feb. 13 – **Meals in Motion.** Organized by Alpha Kappa Alpha, this service event will include assembling meals from donated goods, supporting local families and individuals in need.

Mon., Feb. 17 – **Palentines: Treat Yo Self.** This is a self-care event by the BIPOC Alliance and United Women of Color at Dandelions and Rust (119 W. Oak).

Mon., Feb. 24 – **ACT Film Showing** of an inspiring collection of short films that celebrate Black brilliance. This event will be in the Behavioral Science Building.

Thur., Feb. 27 – **Brilliance Through Resistance: Youth and Young Adult Essay/Art Contest.**

For full details, visit <https://baacc.colostate.edu/mec-category/black-history-month/>.



Colorado Medical Society Well-Being Resource

The Colorado Medical Society (CMS) with the Colorado Physician Health Program offers this program, Doc2Doc Wellbeing Consulting, for any Colorado physician or medical student. The program includes three free, one-hour, confidential, peer well-being consultation sessions. Physicians or medical students can call the 24/7 line, **(720) 810-9131**, which is answered by a Masters-Level Licensed Clinician, to discuss any concern including burnout, stress or situational issues. If more support is necessary, your peer wellbeing consultant will assist you in finding additional help. For details, visit <https://www.cms.org/doc2doc>.



Medical Resources for FCB Students

CU SOM @ CSU Students have access to all services at the CSU Health Network. Students can utilize the CSU Health Network to schedule primary care, immunizations, mental health services, and more using their personal insurance.

- CSU Health Network (medical appointments, immunizations, lab, etc.) appointments can be scheduled here: <https://health.colostate.edu/make-an-appointment/>
- CSU Health Network Counseling Services are deeply committed to creating a welcoming, supportive space in which you can truly be seen and valued in your entirety. For those whose experiences of marginalization and oppression add extra layers to your distress, you and all your identities are welcome here.
 - Go to <https://health.colostate.edu/mhwb-resources/>- Make A Counseling Appointment. Video will explain how to enter Counseling Services. Initial assessment has to be completed during drop-in hours. CSU Counseling Services offer both in-person and online counseling resources.
 - Students can also call 970-491-6053 to speak to a crisis counselor.
 - SilverCloud Health provides self-guided online programs based on Cognitive Behavioral Therapy.

Don't forget! CU Student Health & Mental Health resources are still available:

- Student & Resident Mental Health Center: Students can call 303-724-4716 to make an appointment.
- Telus – free, confidential, 24/7 access to mental health counseling and wellness resources for CU Anschutz students. Students can talk, text, or video chat using the Telus app.

Campus Activities



CSU Home Athletics

Tues., Feb. 4, **Women's Basketball vs. New Mexico**, 8:30 p.m., Moby Arena

Sat., Feb. 8, **Men's Basketball vs. San Diego State**, 8 p.m., Moby Arena

Wed., Feb. 12, **Women's Basketball vs. Utah State**, 11 a.m., Moby Arena

Fri., Feb. 14, **Women's Tennis vs. BYU**, 3 p.m., Fort Collins Country Club

Sat., Feb. 15, **Men's Basketball vs. Wyoming**, 2 p.m., Moby Arena

Tues., Feb. 18, **Men's Basketball vs. Nevada**, 7 p.m., Moby Arena

Wed., Feb. 19, **Women's Basketball vs. Fresno State**, 6:30 p.m., Moby Arena

Sat., Feb. 22, **Women's Basketball vs. UNLV**, 1 p.m., Moby Arena

Wed., Feb. 26, **Women's Tennis vs. Iowa State**, Time TBA, Fort Collins Country Club

Fri., Feb. 28, **Softball vs. Texas A&M – Corpus Christi**, Noon and 3 p.m., Fort Collins

Sat., March 1, **Softball vs. Tennessee State**, Noon and 3 p.m., Fort Collis

Sat., March 1, **Men's Basketball vs. Utah State**, 2 p.m., Moby Arena

Sat, March 1, **Women's Basketball vs. Wyoming**, 5 p.m., Moby Arena

Tues., March 4, **Men's Basketball vs. San Jose State**, 7 p.m., Moby Arena

Fri., March 7, **Softball vs. Weber State**, Noon and 3 p.m., Fort Collins

Sat., March 8, **Softball vs. Weber State**, 11 a.m. and 2 p.m., Fort Collins

For more information, visit <https://csurams.com/>.



CU Home Athletics

Sun., Feb. 2, **Women's Basketball vs. Texas Tech**, 2 p.m., CU Events Center

Wed., Feb. 5, **Women's Basketball vs. Arizona**, 7 p.m., CU Events Center

Sat., Feb. 8, **Men's Basketball vs. Houston**, 2 p.m., CU Events Center

Sat., Feb. 15, **Men's Basketball vs. UCF**, 1 p.m., CU Events Center

Sat., Feb. 15, **Women's Basketball vs. Houston**, 6 p.m., CU Events Center

Wed., Feb. 19, **Women's Basketball vs. Baylor**, 7 p.m., CU Events Center

Sat., Feb. 22, **Men's Basketball vs. Baylor**, 2 p.m., CU Events Center

Mon., Feb. 24, **Men's Basketball vs. Kansas**, 9 p.m. CU Events Center

Wed., Feb. 26, **Women's Basketball vs. Arizona State**, 7 p.m., CU Events Center

Fri., Feb. 28, **Lacrosse vs. Army**, 6 p.m. Boulder

Fri., Feb. 28, **Tennis vs. Iowa State**, 6 p.m., Boulder

Sun., March 2, **Tennis vs. Kansas**, 2 p.m., Boulder

Sat., March 8, **Lacrosse vs. Michigan**, 1 p.m., Boulder

Sat., March 8, **Men's Basketball vs. TCU**, 2 p.m., CU Events Center

For more information or to purchase tickets, visit <https://cubuffs.com/>.

Music & Theatre at CSU

Mon., Feb. 10 @ 7:30 p.m. – **Virtuoso Series Concert: Meredith Blecha-Wells, Cello, and Sun Min Kim, Piano**, Organ Recital Hall, UCA

Wed., Feb. 19 @ 7:30 p.m. – **Virtuoso Series Concert: Wesley Ferreira, Clarinet, and Jooyeon Chang, Piano**, Organ Recital Hall, UCA

Fri., Feb. 21 @ 7:30 p.m. – **Wind Symphony Concert: Spain Concert Tour 2025**, Griffin Concert Hall, UCA

Mon, Feb. 24 @ 7:30 p.m. – **Virtuoso Series Concert: Peter Sommer, Saxophone, and Juhyun Lee, Piano**, Organ Recital Hall, UCA

Tues., Feb. 25 @ 7:30 p.m. – **Virtuoso Series Concert: The Mendelssohn Trio**, Organ Recital Hall, UCA

Thur., Feb. 27 @ 7:30 p.m. – **University Symphony Orchestra Concert: Stirrings, Airs, and Virtuositities**, Griffin Concert Hall, UCA

Sun., March 2 @ 4 p.m. – **Concert Orchestra Concert: Postcards from the British Isles**, Organ Recital Hall

Mon., March 3 @ 7:30 p.m. – **Virtuoso Series Concert: John Lindsey, Tenor**, Organ Recital Hall, UCA

For more information and tickets, visit <https://theatre.colostate.edu/> or <https://music.colostate.edu/events/>.

In the News

[First Graduates of CU's Diploma in Climate Medicine Tackle Global Challenges with a Unique Education](#) by Mara Kalinoski, CU Anschutz

[New Research Leads to Updated Guidelines on Preventing Strokes](#) by Mark Harden, CU Anschutz

[New Study Uncovers Key Mechanism Behind Learning and Memory](#) by Kelsea Pieters, CU Anschutz

[Largest Study Ever Done on Cannabis and Brain Function Finds Impact on Working Memory](#) by Julia Milzer, CU Anschutz

[Research Center Takes Lead in Bringing Women Under the Microscope](#) by Chris Casey, CU Anschutz

[CSU experts investigate wildfire smoke: Research highlights from the 2024 RMWS Symposium](#) by Kellen Bakovich, CSU Source

[Cheers to 10 years of Science on Tap](#) by Mark Zabel, Ph.D., CSU Source

“Fostering Rural Connections: CSU, events, people, and programs strengthening ties to Colorado communities” by CSU Marketing and Communications
<https://source.colostate.edu/fostering-rural-connections/>

[Food delivery robots rolling onto Colorado State University’s Main Campus](#) by Joe Giordano, CSU Source

Housing for Students Completing Denver Metro Area Electives & Acting Internships

FCB students have several options for housing while doing electives and active internships in the Denver Metro Area. Here are the options offered by the Colorado Area Health Education Center (application process and information below).

Housing Application COAHEC (Colorado Area Health Education Center)

Option #1 – COAHEC Arranged Housing

AHEC regional housing coordinator will provide housing as close to the rotation as possible. Majority of arranged housing occurs in host homes. Host homes are completely vetted and inspected.



Host homes provide: 24/7 access to the home; private bedroom with lock; private or shared bathroom; kitchen access; available parking; non-smoking environment; working smoke and carbon dioxide detectors; and a fire escape plan.

How to apply:

Step 1: Complete the following form **60 days** ahead of your rotation. The FCB Admin Team will submit the request to AHEC and provide confirmation of the rotation.

<https://app.smartsheet.com/b/form/fb02b143056a408c925976ecb681927a>

Step 2: You will receive the information directly from AHEC about your housing request. Follow the personalized link to request or decline the housing.

Option #2 – COAHEC Student Found Housing

The student is responsible for securing housing and payment for their housing during their rotation and must submit for reimbursement at the end of their rotation. Note, students must request student-found housing before the start of their rotation. Lodging with your immediate family (parents and siblings) is not eligible for reimbursement.

How to apply:

Step 1: Complete the following form **60 days** ahead of your rotation. The FCB Admin Team will submit the request to AHEC and provide confirmation of the rotation.

<https://app.smartsheet.com/b/form/fb02b143056a408c925976ecb681927a>

Step 2: You will receive the information directly from AHEC about your housing request.

For more information visit:

[Clinical Training | Colorado AHEC Program Office \(cuanschutz.edu\)](#)

[PowerPoint Presentation \(cuanschutz.edu\)](#)

*Does not apply to out of state rotations.



Faculty Spotlight

Marta Rowh, MD, PhD

Clinical: Northern Colorado Emergency Physicians

Dr. Rowh grew up in Cincinnati, Ohio and finished her undergraduate degree from Wellesley College in Biochemistry and Chinese Studies. She fell in love with bench research and basic immunology during thesis work on HIV vaccine design at Harvard. She then joined the CDC as an Emerging Infectious Disease (EID) fellow and was deployed to Singapore during the SARS outbreak of 2003. Dr. Rowh trained at the Perelman School of Medicine at the University of Pennsylvania, earning a medical degree and a doctorate in immunology. Dr. Rowh completed her residency at Temple University Hospital in north Philadelphia and is a board-certified emergency physician. Dr. Rowh teaches for the same reason she entered medicine – to improve health inequities in the United States and internationally. She is the director of the Advanced

Sciences Curriculum (ASC) during the 3rd year and teaches Global Health and Underserved Populations (GHUP). To attain optimal health for people, animals and our environment, Dr. Rowh is the co-director of the One Health Trail and will be the director of an elective in Applied Epidemiology and Public Health. She has lived and worked on five continents, earning a Master of Public Health from the University of Edinburgh. She teaches Health Systems, Policy and Management at the Colorado School of Public Health at CSU. At home, Dr. Rowh attempts to raise three productive and opinionated members of society, wrangles two rescue mutts, and has spent way too many nights staying up late in conversation with her husband.

CUSOM – Fort Collins Branch

Email: cvmbs_som@colostate.edu

Admin phone: 970-492-4204

151 West Lake Street, Fourth Floor

Fort Collins, Colorado 80524

Administrative Office Hours:

Monday – Friday, 8 a.m. – 4:30 p.m.

CUSOM@CSU Offices will be closed Monday, Feb. 17 for the Presidents Day holiday.

