

ABSTRACT

“Locking” of the digits is a relatively common patient complaint in hand surgery. Typically, this phenomenon arises from either tendon triggering at the A1 pulley or subluxation of tendons around the metacarpal head. While trigger digit and sagittal band injury comprise the majority of diagnoses, clinicians must remain aware of rarer entities that alter underlying osseous anatomy and predispose to “locking.” Here, we present a case of metacarpal neck osteochondroma causing subluxation of the index metacarpophalangeal (MP) joint radial collateral ligament.