Increasing Statewide Access to Expert, Interdisciplinary Training on the Impacts of the Opioid Crisis: Project SCOPE (Supporting Children of the Opioid Epidemic)
Lorraine F. Kubicek, PhD, IMH-E, Melissa Argenti, MS, OTR/L, Renee Charlifue-Smith, MA, CCC-SLP
JFK Partners, Department of Pediatrics, University of Colorado School of Medicine,
Abigail Angulo, MD, MPH, Department of Pediatrics, Children's Hospital Colorado, & Anne Auld, Director of Education, Illuminate Colorado

Background

- Throughout the United States, opioid addiction and overdose are having devastating consequences for children, families, and communities (CDHS, 2019).
- There is a tremendous need to identify, screen, monitor, and provide interdisciplinary care and support for the vulnerable children and families affected by the opioid crisis.
- Project SCOPE (Supporting Children of the Opioid Epidemic) is a national training initiative to build interdisciplinary provider capacity and confidence in applying evidence-based practices to support children and families impacted by opioid use, trauma, or related exposure (HHS-2019-ACL-AOD-DDTI-0351).

Methods

- Trainings use the ECHO® Model, an “all teach-all learn” tele-mentoring model that includes case-based learning led by expert teams through video-conferencing.
- Primary goal is to reduce health disparities in traditionally underserved communities by closing gaps in access and delivery of training and services.
- 8 weekly, 1.5-hour sessions appropriate for an interdisciplinary audience including Introduction to the Opioid Crisis/Social Determinants of Health and Impact of Trauma on Child Development.
- Attendees complete a short evaluation survey after each session.
- The multidisciplinary group of attendees were from thirty-three different Colorado zip codes mostly along the I25 corridor.

Post Session Evaluation Results

Combined “agree” and “strongly agree” Responses to Selected Questions on Post-Session Surveys across 8 Sessions (attendance ranged from 28 to 48 participants)

- Overall, I am satisfied with today’s session. Range = 92 to 100%
- The training was useful. Range = 92 to 100%
- The training was relevant. Range = 96 to 100%
- All learning objectives were met. Range = 96 to 100%
- The case presentation was useful. Range = 92 to 100%
- The case presentation was relevant. Range = 96 to 100%
- Today’s session has contributed to my understanding of strategies to support children impacted by the opioid crisis. Range = 95 to 100%
- Attending today’s session has helped me feel connected to other professionals. Range = 82 to 96%
- Approximately 75% of attendees reported they had experience working with a child who was exposed to opioids and 16% reported they did not know.
- Approximately 51% of attendees had previous training on the opioid crisis and its impact on children.

Summary

- Attendees were very satisfied with these trainings.
- The SCOPE trainings helped attendees feel connected to other professionals.
- While approximately 75% of participants worked with a child who was exposed to opioids, before attending these sessions, only about 50% had training on the topic of the opioid crisis and its impact on children.
- Following the ECHO tele-mentoring model, data indicate that Project SCOPE is meeting its goal of reducing health disparities—especially in remote and underserved areas—by expanding access to training for caregivers and a multidisciplinary group of professionals in various geographic regions in Colorado.