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### [First-generation medical students and The Match ®](#)

High school was a tough time for **William Mundo**, now a fourth-year student at the University of Colorado School of Medicine in Aurora. His beloved dad, who was living in the United States without legal authorization, went back to Mexico to care for his own father, and Mundo worried terribly that he'd never return.

*AAMC, March 17, 2022*



### [Colorado medical students collecting supplies for Ukraine](#)

Medical students in Colorado Springs are collecting supplies to donate to those in need in Ukraine. "We have everything from basic Ibuprofen to Neosporins to basic intubation kits, catheters," said **Bre Stafford**, a third-year medical student at the University of Colorado Anschutz Medical Campus. Stafford and other medical students started collecting these supplies in early March.

*KRDO (Colorado Springs), March 22, 2022*

### [Colorado Medical Student dedicates time gathering life-saving supplies for Ukraine](#)

In between her classes and studies to become an anesthesiologist, **Bre Stafford** is dedicating her time to help those suffering through the humanitarian crisis in Ukraine. "I think it's important not to just help people that are in your backyard, but to help the people that you can that are in crisis," said Stafford. The third-year medical student at Colorado University is currently studying at Memorial North Hospital in Colorado Springs.

*KOAA (Pueblo), March 22, 2022*

### [Colorado Springs med student collects supplies in support of Ukraine](#)

The main floor of **Bre Stafford's** home in northeast Colorado Springs is strewn with boxes, filled with her belongings, as she's preparing to

move to a different residence. The basement of the house, which she shares with three roommates, is packed with boxes and packages of an entirely different sort. Stafford, a third-year medical student at the University of Colorado Anschutz Medical Campus, has been on a mission over the past few weeks, collecting an array of medical supplies for a humanitarian shipment to Ukraine.

*Gazette (Colorado Springs), March 22, 2022*



### [End Of An Era: Last Weekend For Mobile Vaccinations At Aurora Shopping Center](#)

“Right now, certainly I feel okay,” said **Michelle Barron**, Senior Medical Director of Infection Prevention and Control for UCHHealth [and professor of medicine at CU School of Medicine]. She says the newest variant doesn’t seem to be very severe.

*CBS4, March 19, 2022*

### [‘Stealth Omicron’: Why Colorado health officials are not worried about widespread cases](#)

**Michelle Barron** of UCHHealth [and CU School of Medicine] said there’s no guarantee future COVID variants will continue to step-down in severity but this particular one shouldn’t cause panic.

*9News, March 18, 2022*



### [Colorado has the second-lowest Hispanic vaccination rate in the country. Meet the woman trying to change that.](#)

“The signal is we have a disparity,” said **Lisa DeCamp**, an associate professor of pediatrics at the University of Colorado School of Medicine who is also a faculty member at the Colorado School of Public Health’s Latino Research and Policy Center. “Maybe it’s a little narrower than we’re seeing. But the disparity still exists.”

*Colorado Sun, March 22, 2022*



### [Coloradans with health conditions navigate “in-between land” as world seems to move on from pandemic](#)

**Josh Solomon**, a pulmonologist at National Jewish Health [and associate professor of medicine at CU School of Medicine] who treats patients with diseases that scar their lungs, including Pierre-Louis, said people with those conditions are about 60% more likely to die of COVID-19 than healthy people if it gets into their lungs.



**James Burton**, [professor of medicine at CU School of Medicine] who works with patients before and after their liver transplants at UHealth, said only about a quarter of patients who have had an organ transplant develop COVID-19 antibodies after two vaccine doses, though some have after receiving a third or fourth shot.



Photo cutline: Pulmonologist and critical care doctor Joshua Solomon speaks to medical student **Candace Cephers** before they meet with a patient at National Jewish Health on Nov. 19, 2020.

*Denver Post, March 18, 2022*



### [Does Neonatal Hypoglycemia Affect Kids' Academic Results Later On?](#)

In addition, since nearly half of the children without exposure to hypoglycemia demonstrated low educational achievement, which was more than twice of what the investigators expected, more research should focus on “defining an optimal management strategy,” said **Paul Rozance**, of the University of Colorado in Aurora.

*MedPage Today, March 22, 2022*



### [Rare Seizure Disorder Gets Its First Drug Approval](#)

“There has been a great unmet medical need for treatments that address seizures associated with CDKL5 deficiency disorder given their prominent role and profound impact on patients,” said **Scott Demarest**, of Children’s Hospital Colorado [and CU School of Medicine], principal investigator for the Marigold trial, in a statement.

*MedPage Today, March 21, 2022*



### [Voice of the Consumer: Fighting colorectal cancer, one of the U.S.' biggest killers](#)

I talked with **Andrea Dwyer** with the University of Colorado Cancer Center about the signs and symptoms and why it’s so important to get screened. “Currently, cancer in Colorado is the leading cause of death. Right now, colorectal cancer is the second-leading cause of cancer death,” Dwyer said.

*Gazette (Colorado Springs), March 21, 2022*



### [For transgender Coloradans living outside Denver, gender-affirming care comes with added barriers](#)

The length of time a patient spends on hormones is up to them, but most binary transgender people use hormones their entire life, said **Liz Kvach**, a medical doctor at Denver Health [and associate professor of family medicine at CU School of Medicine] who specializes in LGBTQ services.

*Rocky Mountain PBS, March 17, 2022*



### [What to Say to Patients Who Ask: 'Does Black Tea Cure Diabetes?'](#)

**Daniel Bessesen**, chief of endocrinology at the University of Colorado Anschutz Medical Campus, says people believe some of these stories because the substances in question come from natural sources. However, he emphasizes: "Black tea does not cure diabetes."

*Medscape, March 17, 2022*



### [Diet Drinks May Help With Weight Loss and Cardiometabolic Control](#)

Commenting on the findings for TCTMD, **Andrew Freeman**, (National Jewish Health) [associate professor of clinical practice of medicine at CU School of Medicine], noted that while there is no doubt that sugary drinks are bad for health, a recent French population-based study found no difference in risk of developing CV disease between people drinking diet or sugary drinks.

*TCTMD, March 17, 2022*

### [Doing This Just Once a Week Halves Your Heart Disease Risk, New Study Says](#)

Health experts point out that the results are not surprising given the benefits weight training can provide to the body. "We know that people who lift weights, when they make more muscle, even at rest they burn more calories, which is always a good thing," **Andrew Freeman**, a cardiologist at National Jewish Health [and associate professor of clinical practice of medicine at CU School of Medicine], told Healthline.

*Best Life, March 17, 2022*



### [Neuromuscular training following concussion reduces further injury risk – study](#)

University of Colorado School of Medicine researcher **David Howell**, an assistant professor of orthopedics at the University of Colorado School of Medicine, understands the relationship between concussions and subsequent injury in athletes — namely, that after suffering a concussion, athletes at all levels are more likely to sustain another injury within the next year.

*Horsetalk NZ, March 22, 2022*



### [Pediatric expert Dr. Simon talks child sleep tips and research around sleep apps](#)

Pediatric expert **Stacey Simon**, with Children’s Hospital Colorado [and CU School of Medicine], joined Keni Mac to discuss child sleep tips and recent research around sleep apps.

*Fox21 (Colorado Springs), March 21, 2022*



### [State approves University of Northern Colorado plan for osteopathic medical school](#)

A bill signed Thursday by Gov. Jared Polis cleared the way for the University of Northern Colorado to develop a not-for-profit college of osteopathic medicine at the Greeley campus....The passage of the bill was necessary because of a longstanding state statute granting the University of Colorado the right to be the only public medical school in the state.

*Greeley Tribune, March 17, 2022*

### [Polis: Full steam ahead on new University of Northern Colorado medical school](#)

Brian Davidson of Banner Medical Group, which has five hospitals and numerous physician clinics in Northern Colorado and the Eastern Plains, said the system’s physicians are excited to teach students, particularly in their third and four years....Banner will provide some of the clinical sites for those students, but said their system cannot do it alone and is looking for partners in private medical practices and other health systems.

*Denver Gazette, March 17, 2022*