### Pancreatic Cancer Survivor Shares a Message of Hope

Laura Foote is now three years out from her pancreatic cancer diagnosis, thanks to a surgery performed by Richard Schulick, director of the University of Colorado Cancer Center and chair of the Department of Surgery. In honor of Pancreatic Cancer Awareness Month, which is marked each November, she shares her story.

*Cancer Health, Nov. 15, 2022*

### Five women scientists in Colorado named among best in the world

No. 125 Philippa Marrack (National Jewish Health and University of Colorado Anschutz Medical Campus) is a researcher who focuses on T cells, which spot infections in the body, and her studies are trying to determine how they learn to react this way.

*Axios Denver, Nov. 14, 2022*

### Denver to review warming center policy after criticism over outdated guidelines

“There’s not a whole lot of evidence for that 10 degrees cut-off and we know that bad things can start happening to the body even in moderately, low temperatures, 40 degrees and below,” said Joshua Barocas, associate professor of medicine and infectious diseases physician at the University of Colorado School of Medicine.

*CBS Colorado, Nov. 17, 2022*
**Experts Explain the ‘Perfect Storm’ of Rampant RSV and Flu**

“Yes, RSV is causing many more hospitalizations and earlier than any previously recorded season in the US,” according to figures from the Centers for Disease Control and Prevention (CDC) on RSV hospitalizations, said Kevin Messacar, an associate professor at the University of Colorado School of Medicine and a pediatric infectious disease specialist at Children’s Hospital Colorado in Aurora.

*Medscape, Nov. 15, 2022*

**Fall Viruses are Hitting with a Vengeance. Tips for a Healthier Holiday Season**

“We are officially in respiratory viral season. That includes everything you can think of from the common cold to more severe illnesses, and it has begun with a vengeance,” said Michelle Barron, senior medical director of infection prevention and control for UCHealth [professor of medicine at CU School of Medicine] and one of the top infectious disease experts in Colorado.

*Loveland Magazine, Nov. 13, 2022*

**Hospitals have few beds as RSV surges**

Kevin Carney with Children’s Hospital Colorado [and associate professor of pediatrics at CU School of Medicine] had a similar forecast. “We are hoping to reach a peak soon,” he said. “Obviously it still puts us in a tight bind from a hospital capacity standpoint. We are preparing for weeks to months of capacity challenges in inpatient units and emergency room departments. RSV will start going down in the near future, but the flu is right behind it.”

*9News, Nov. 10, 2022*

**RSV is Swamping Local Pediatric Hospitals Ahead of the Year’s Biggest Travel Week**

Unprecedented numbers of children are being hospitalized in Colorado with respiratory syncytial virus, or RSV. *5280* spoke with Children’s Hospital Colorado’s associate chief medical officer Kevin Carney [associate professor of pediatrics at CU School of Medicine] about the severity and seriousness of the illness and its pressures on local medical facilities—and what we can expect going into the holiday season.

*5280, Nov. 16, 2022*

**‘Triple-demic’ of RSV, COVID-19 and flu hitting hard in Colorado**
Kevin Carney, associate chief medical officer and pediatric emergency medicine physician for Children's Hospital Colorado, said the daily number of patients seeking emergency care at the hospital has been 30 percent higher, on average, than the busiest days of previous respiratory seasons.

*Colorado Springs Indy, Nov. 10, 2022*

**(Opinion) Suchitra Rao & Kevin Carney: Help protect Colorado kids from RSV hospitalization**

Column by Suchitra Rao, pediatric infectious disease expert and hospitalist at Children’s Hospital Colorado, and Kevin Carney, a pediatric emergency medicine physician and the Associate Chief Medical Officer at Children’s Hospital Colorado. They are associate professors of pediatrics at CU School of Medicine.

*Greeley Tribune, Nov. 16, 2022*

**Colorado begins Ebola monitoring for people traveling from certain African countries**

“Mortality is high,” said Michelle Barron, senior medical director of infection prevention and control for UCHealth [and professor of medicine at CU School of Medicine]. “Somewhere between 40 and 50% of people who get it die. So, this is not insignificant.”

*CBS Colorado, Nov. 16, 2022*

**How Bladder Cancer Differs in Women and Younger Adults**

“We know that women are more likely than men to be diagnosed with advanced disease, but whether their cancer is biologically more active, or missed for a longer period of time, we don’t know,” says Janet Kukreja, an associate professor and bladder cancer specialist at the University of Colorado Cancer Center.

*Time, Nov. 15, 2022*
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<th>Title</th>
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<td>Could you have diabetes? Your dental health may be an indicator.</td>
<td>“The rate of diabetes or incidence of diabetes is increasing annually by about 2 million people per year in the United States,” according to Mike McDermott, director of the Endocrinology and Diabetes Practice at University of Colorado Hospital [and professor of medicine at CU School of Medicine]. “It’s huge and we’re increasing at a rapid rate.”</td>
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<td>Broomfield Leader, Nov. 15, 2022</td>
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<td>More studies needed to compare weight loss with morning vs. evening physical activity</td>
<td>During a symposium on the timing of physical activity at ObesityWeek 2022, Seth Creasy, assistant professor of medicine in the division of endocrinology, metabolism and diabetes at the University of Colorado Anschutz Medical Campus, discussed the results of a trial in which 33 adults completed four exercise sessions per week for 15 weeks, with one group exercising exclusively in the morning and the other group exercising only during the evening.</td>
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<td>Healio, Nov. 11, 2022</td>
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<td>Weight Loss Pills, Past and Present: How They Work, Safety, and More</td>
<td>All of the medications approved in the last decade have a good track record of safety so far, says Adam Gilden, an associate professor and obesity researcher at the University of Colorado School of Medicine.</td>
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<td>Everyday Health, Nov. 16, 2022</td>
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<td>New study may give insight into the neurologic dysfunction of some long-COVID patients</td>
<td>“After the acute phase of SARS-CoV-2 infection, as many as 76% of patients experience persistent neurologic symptoms not attributable to another diagnosis, including headache, difficulty concentrating, vision changes, disequilibrium, and fatigue,” Andrew L. Callen, of the Department of Radiology at the University of Colorado School of Medicine, and co-authors explained. “The cause of these symptoms is not yet fully understood, but results of preliminary studies suggest that endothelial and circulatory dysfunction have a role.”</td>
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<td>Health Imaging, Nov. 10, 2022</td>
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Mystery solved? How shingles can increase stroke risk

The study’s corresponding author is assistant professor Andrew Bubak at the Anschutz Medical Campus of the University of Colorado. "We now have to start thinking about infectious diseases a bit differently — once infection has resolved, disease is not over. Persistent exosomes may continue to trigger pathologies thought to be unrelated to, and distant from, the site of the original infection," Bubak told MNT.

*Medical News Today, Nov. 5, 2022*

Epicutaneous Immunotherapy Promising in Young Peanut-Allergic Children

Study author Matthew Greenhawt, professor of pediatrics-allergy/immunology at the University of Colorado School of Medicine in Aurora, Colorado, told *Medscape Medical News* that this was the first study to show that this desensitization could be accomplished over 1 year with the use of daily, non-oral, epicutaneous exposure of approximately 1/1000th of a single peanut kernel.

*Medscape, Nov. 15, 2022*

Celiac Disease Linked to Higher Risk for Rheumatoid Arthritis, Juvenile Idiopathic Arthritis

“Particularly in pediatrics, we are trained to screen patients with JIA for celiac disease, but this study points to the possible bidirectional association and the importance of maintaining a clinical suspicion for JIA and RA among established celiac disease patients,” Marisa Stahl, assistant professor of pediatrics and associate program director of the pediatric gastroenterology, hepatology, and nutrition fellowship training program at the University of Colorado School of Medicine, told *Medscape Medical News*.

*Medscape, Nov. 17, 2022*

Experts advise making Veterans Day one of action to help those struggling

“Family and friends can be a great catalyst to get veterans connected to professional services when needed,” said Ian Stanley with the University of Colorado Anschutz Medical Campus.

*Fox4 (Cape Coral, Fla.), Nov. 11, 2022*
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<th><strong>CU Anschutz launches new program aimed at involving older adults in clinical trials</strong></th>
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<td><strong>Kathryn Nearing</strong> [assistant professor of medicine at CU School of Medicine] helped create the program and says there is a need for more participation from older adults in clinical trials to help create more research and awareness. “Older adults are one population of the group that’s under-represented in research.” Nearing said. “What that means is the research we conduct may not be as beneficial or as useful for those populations.”</td>
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<td>9News, Nov. 15, 2022</td>
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<th><strong>Rapids announce new jersey sponsor</strong></th>
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<td>“UCHealth provides expert medical care and advanced treatment options, but our ultimate goal is to keep our communities healthy and out of the hospital,” said <strong>Abigail Lara</strong>, UCHealth’s medical director of health equity and associate professor of medicine at the University of Colorado School of Medicine.</td>
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<td>9News, Nov. 14, 2022</td>
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