Colorado health officials warn of “early and intense” respiratory virus season in children

“It’s truly like nothing we’ve ever seen before at Children’s Hospital Colorado,” said Kevin Carney, a pediatric emergency physician and Children’s associate chief medical officer [and associate professor of pediatrics at CU School of Medicine].

*Colorado Sun, Nov. 9, 2022*

Pediatric hospitals say RSV surge ‘like nothing we’ve seen before’

Children’s Hospital Associate Chief Medical Officer, Kevin Carney, said their emergency department has a daily average of patients 30% higher right now than compared to the busiest days of previous respiratory seasons. “It’s truly like nothing we’ve ever seen before at Children’s Hospital Colorado,” he said.

*9News, Nov. 9, 2022*

‘Unprecedented’ amount of kids are hospitalized with RSV in Colorado

“It’s nothing like we’ve seen before,” said Kevin Carney, associate chief medical officer with Children’s Hospital Colorado. Carney described packed emergency departments, families facing long waits and providers working hard to keep up.

*CPR News, Nov. 9, 2022*
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<td>How an ‘Immunity Gap’ May Be Fueling the Recent Spike in Respiratory Illnesses</td>
<td>An immunity gap can develop when your immune system essentially gets a break from being exposed to a mix of common pathogens—bacteria, viruses, and other microorganisms that can cause illness—in your environment, Aimee Bernard, an assistant professor in the department of immunology and microbiology at the University of Colorado Anschutz Medical Campus, tells SELF.</td>
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<td>The last two winters in Colorado saw COVID surges. Are there signs of a 3rd big wave in a row?</td>
<td>Michelle Barron, an infectious disease expert at UCHealth [and professor of medicine at CU School of Medicine] said the increases come as other respiratory bugs, like flu and RSV (respiratory syncytial virus), are spreading widely. “Respiratory viral season has begun, and it’s begun with a vengeance,” she said, noting cases generally trend upward as the weather cools and people spend more time together indoors. “It’s what we see with the changing seasons, right?” “It really is striking how much RSV there is in the community,” said Suchitra Rao, an infectious disease specialist at Children’s Hospital Colorado [and associate professor of pediatrics at CU School of Medicine] in an interview on Colorado Matters.</td>
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<td>Firearm Safety Podcast, “Let’s Talk About Your Guns” Launched by USU Center for the Study of Traumatic Stress</td>
<td>The first episode focuses on dementia, and how to navigate aging, gun ownership, and safety with expert advice from emergency room physician and firearm safety researcher Emmy Betz from the University of Colorado School of Medicine. This episode will provide practical advice for having tough conversations with loved ones, and ideas on how to plan ahead.</td>
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| ![Image](https://via.placeholder.com/150) | **Aggression Aimed at Caregivers in Parkinson’s Linked to Patients' Grief**  
“This is an issue that we think is very much underrecognized,” Zachary Macchi, who led the study, said in a press release, adding that “this is a factor likely driving caregiver burden for some people.”  
*Parkinson’s News Today, Nov. 9, 2022* |
| ![Image](https://via.placeholder.com/150) | **Can Physical Therapy Fix A Torn Rotator Cuff?**  
Eric McCarty, orthopedic sports medicine specialist and chief of Sports Medicine and Shoulder Surgery with the Department of Orthopedics at the University of Colorado School of Medicine, tells UCHealth that for some patients, physical therapy is enough to effectively manage their injury.  
*MSN, Nov. 8, 2022* |
| ![Image](https://via.placeholder.com/150) | **Study finds which blood thinner is least likely to cause internal bleeding**  
The study’s corresponding author is assistant professor Andrew Bubak at the Anschutz Medical Campus of the University of Colorado [Anschutz Medical Campus]. “We now have to start thinking about infectious diseases a bit differently — once infection has resolved, disease is not over. Persistent exosomes may continue to trigger pathologies thought to be unrelated to, and distant from, the site of the original infection,” Bubak told *MNT*.  
*Medical News Today, Nov. 4, 2022* |
| ![Image](https://via.placeholder.com/150) | **Definitive Answer on Steroids for Infant Heart Surgery Falls Short**  
“Wow,” said Larry Allen, of the University of Colorado in Aurora, in discussing the results at an AHA press conference. “Such borderline results in medicine are common and can be challenging to implement. But I would suggest that the use of steroids based on the based on this study seems reasonable.”  
*MedPage Today, Nov. 7, 2022* |
**Higher Plant-Based Protein Intake Tied With Higher Cognitive Function in CKD**

Cognitive function tends to worsen as kidney function declines, Jessica Kendrick, of the University of Colorado [Anschutz Medical Campus] and colleagues explained.

*Renal & Urology News, Nov. 3, 2022*

**Thomas Flaig, MD, on Novel Combination Therapy for Advanced Urothelial Cancer**

In the following interview, co-author Thomas Flaig, vice chancellor for research for the University of Colorado Denver and the Anschutz Medical Campus in Aurora, discussed details of the study and the drug combination.

*MedPage Today, Nov. 7, 2022*

**Here’s Why the Time Change Might Make You Feel Crappy All Week**

In general, your body functions at its best when you stick to a consistent schedule, and any change to your circadian rhythm can throw things off and cause somewhat of a ripple effect. “Whether you’re springing forward or backward an hour, that change ends up being significant,” Kyle Baird, associate medical director at the University of Colorado Department of Psychiatry, tells SELF.

*Self, Nov. 7, 2022*

**Opinion: LGBTQ citizens are being told they don’t matter**

Column by Carey Candrian, an associate professor in the Division of General Internal Medicine at the University of Colorado School of Medicine: “The fear of rejection and mistreatment is valid: according to the American Heart Association, 56% of LGBTQ adults in 2021 experienced discrimination from a healthcare professional. Seventy percent of trans or gender non-conforming adults did so.”

*Colorado Sun, Nov. 4, 2022*