Study finds about a third of physicians have been mistreated, leading to burnout

“In order to care for our population, we need providers that love their job,” Cleveland Piggott, a family physician and assistant professor of family medicine at the University of Colorado School of Medicine, said.

“I’ve certainly experienced situations in which patients ask me, am I old enough, they’ve made comments about my skin color. I often experience situations in which I wonder if that would have gone the same way had I looked a little bit different,” Swetha Iruku, a family medicine fellow at the CU School of Medicine, said.

A new study conducted by Lotte Dyrbye in collaboration with the American Medical Association focused on physician mistreatment surveyed 6,500 physicians from different backgrounds and found that 30 percent experienced discrimination or mistreatment from a patient or their family members. “The doctors who had had these experiences of being mistreated, they were much more likely to be burnt out,” Lotte Dyrbye, senior associate dean of faculty and chief well-being officer at the CU School of Medicine, said. She authored the study.

Channel 7, June 10, 2022
**Colorado women are mad as hell. And the looming Roe v. Wade decision is making it worse.**

“There’s been this ongoing period of so much uncertainty and fear and stress for so many people and, in particular, women and, in particular, women of reproductive age,” said Sarah Nagle-Yang, a reproductive psychiatrist with Women’s Behavioral Health and Wellness on the University of Colorado’s Anschutz Medical Campus.

*Denver Post, June 9, 2022*

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**Colorado blood shortage: Here’s where you can donate**

“Whether it’s a baby in the neonatal ICU, a trauma patient with an unknown blood type, or a patient receiving a stem cell transplant, we rely on O-negative red cell units being readily available to provide safe blood transfusions for our patients,” said Mary Berg, professor of clinical practice in pathology [at CU School of Medicine] and medical director for transfusion services at UCHealth University of Colorado Hospital.

*9News, June 14, 2022*

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**CU Anschutz study aims to help doctors prescribe exercise**

Exercise is good for all parts of a person’s body, but doctors don’t know how cells in the body actually respond. Wendy Kohrt, a Distinguished Professor of Medicine at CU Anschutz, is hoping to help change that. “I’m just a firm believer that exercise is medicine,” Kohrt said. “And we have to understand how to utilize that better to help people manage their own health.”

*9News, June 14, 2022*

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**Doctors Transplant Kidneys to Children Without Need for Immune-Suppressing Drugs**

Eliza Blanchette, a pediatric nephrologist at Children’s Hospital Colorado [and assistant professor of pediatrics], pointed to another benefit of negating the need for anti-rejection drugs: Over time, they can actually damage the kidney they are designed to protect.

*HealthDay, June 16, 2022*
What are the chances of falling sick with COVID more than once?

Michelle Barron, an infectious disease specialist with UCHealth [and professor of medicine at CU School of Medicine], wrote: “It is generally thought that you are unlikely to develop infection within 90 days after infection, but there are reports of individuals that had infection with omicron, that within two to 4 weeks, subsequently developed infection with BA.2 or some of the new variants.”

Connie Price with Denver Health, another infectious disease specialist [and professor of medicine at CU School of Medicine], said that in general, they are finding reinfection to be less severe. “Immunity does keep the virus a little more in control, likely not spreading as much virus,” said Price.

9News, June 15, 2022

“Long COVID” May Be Caused by High Levels of Virus-Specific T Cells

“The persistence of high numbers of virus-specific T cells in individuals with long COVID suggests that there may be hidden viral reservoirs that are maintaining and leading to long-term symptoms,” said Brent Palmer, the study’s senior author and an associate professor of allergy and clinical immunology at the University of Colorado School of Medicine.

Contagion Live, June 9, 2022

It’s harder for kids with food allergies to catch COVID

“Historically, those with asthma and allergic disease are susceptible for poor outcomes due to viral infections,” says Max Seibold, a pediatrician and genomics researcher at the National Jewish Health hospital [and associate professor of medicine at CU School of Medicine] who led the research. “There was a real fear there about whether this was a risk group.”

Popular Science, June 14, 2022
Relapse risk doubles in UC patients with histologic inflammation

“In this large, multicenter, real-world study including both academic and community practices using standard-of-care reports, histologic inflammation — despite endoscopic remission — independently conveyed a two-fold increased risk for subsequent relapse within a year,” Benjamin Click, assistant professor at the University of Colorado Crohn’s and Colitis Center and School of Medicine, told Healio.

Healio, June 9, 2022

Ultrasound-based AI classifier of thyroid nodules can help rule out cancer, avoid unnecessary biopsies

Thyroid nodules are very common. Fine needle aspiration biopsy is used to diagnose thyroid cancer. However, most biopsies produce benign (noncancerous) results and are potentially avoidable, according to study lead researcher Nikita Pozdeyev, of the University of Colorado Anschutz Medical Campus.

News-Medical, June 13, 2022

FDA Approves Fenfluramine for Lennox-Gastaut Syndrome Phase 3 Clinical Data Finds It Is Effective

“It’s really exciting to have a new medication for managing seizures in this population, because most patients with LGS don’t achieve seizure freedom,” said the lead author of the paper, Kelly Knupp, associate professor of pediatric neurology at the University of Colorado School of Medicine and associate research director of the Neuroscience Institute and director of the Dravet Program at the Children’s Hospital Colorado in Aurora.

Neurology Today, June 16, 2022

Best Children’s Hospitals 2022-2023 Honor Roll and Overview

The annual U.S. News Best Children's Hospitals rankings….Ten hospitals earned a place on the U.S. News Best Children's Hospitals Honor Roll by garnering points for being highly ranked in many specialties. 7. Children's Hospital Colorado, Aurora.

Regional Rankings

To help families identify high-quality pediatric centers close to home, U.S. News also ranked children’s hospitals in each state and in seven
multi-state regions. The No. 1 hospital in the Rocky Mountain region: Children’s Hospital Colorado, Aurora.

*U.S. News and World Report, June 14, 2022*

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<th>Denver Health names finalist to replace outgoing CEO</th>
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<td>A single finalist for the top executive role at Denver Health was revealed this week. That leading candidate is Donna Lynne, who currently serves as senior vice president and chief operating officer at Columbia University Irving Medical Center in New York, Denver Health’s Board of Directors announced Thursday.</td>
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*Denver Business Journal, June 10, 2022*

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<th>Opinion: We want to prevent suicide in the military – Congress won’t let us</th>
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<td>Emmy Betz, a professor of emergency medicine at the University of Colorado Medical School and the director of the Colorado University Firearm Injury Prevention Initiative, and co-authors: “We cannot solve complicated public health problems by refusing to talk about them. The lives of our servicemembers depend upon Congress creating the space for scientists to identify and test effective solutions. Until then, our ability to prevent military suicide will be unjustifiably obstructed.”</td>
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*The Hill, June 10, 2022*

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<th>Opinion: The reality is the state of children’s mental health is getting worse</th>
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<td>Column by Jena Hausmann, CEO and president of Children’s Hospital Colorado, and Ron-Li Liaw, chief of mental health for Children’s Hospital Colorado: “The U.S. Centers for Disease Control and Prevention recently released national data showing that in 2021, 37% of high school students reported they experienced poor mental health during the COVID-19 pandemic, and 44% reported they persistently felt sad or hopeless during the past year.”</td>
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*Colorado Sun, June 11, 2022*