



School of Medicine

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[Denver hospitals are seeing ICU beds fill up](#)

“We are definitely continuing to see an increase unfortunately in hospitalizations with this COVID surge, and we’re seeing higher numbers than we have seen in many, many, many, months,” said **Jean Kutner**, UHealth’s Chief Medical Officer [and professor of medicine at CU School of Medicine].



“I think that part of what we’re seeing is for about 18 to 20 months people were not getting their routine care, and so even if they don’t have COVID, they’re still ending up in the hospital, and that is with COVID putting an added strain on,” **Anuj Mehta** [critical care doctor at Denver Health and assistant professor of medicine at CU School of Medicine] said. “In terms of our intensive care unit, we’re seeing high censuses of much higher than they were pre-pandemic – not as bad as spring 2020 but not too far from that.”

9News, Sept. 15, 2021



[Parents of Young Children Desperately Seek Vaccine Trials](#)

Impatient parents who are seeking off-label adult shots for their children concern officials like **Sean O’Leary**, vice chairman of the committee on infectious diseases at the American Academy of Pediatrics. “It’s a bit of the Wild West out there,” said O’Leary, a professor of pediatrics at the University of Colorado Anschutz Medical Campus and Children’s Hospital Colorado.

The New York Times, Sept. 11, 2021



[9 Year Old Jumps At Chance To Participate In Pfizer Vaccine Trial For Children In Colorado](#)

“The primary goal of these vaccine trials is really to get the immune level. The secondary goal is to look at effectiveness,” said **Eric Simões**, [clinical professor of pediatrics at CU School of Medicine] leading the trial at Children’s Hospital Colorado. “We do blood draws at the times that are required. Those blood draws are the blood draws that are going to look at the antibody levels before and after they got the vaccine.”

CBS4, Sept. 14, 2021



[Data From Colorado Hospitals Part Of New Study That Shows Moderna Vaccine Is Slightly Better Against Delta Variant](#)

“Hospitalization is really the important measure because we really want to keep people from getting sick enough to have to be admitted to the hospital,” said **Thomas Campbell**, professor of medicine [at CU School of Medicine] and chief clinical research officer for UCHealth.

CBS4, Sept. 15, 2021



[Is it time for a COVID vaccine booster shot or not? Debate elevates](#)

“We continue to follow the science and see where the risk appears and who would potentially benefit most from these things,” said **Michelle Barron**, senior medical director of infection prevention at UCHealth [and professor of medicine at CU School of Medicine].

Fox31, Sept. 13, 2021

[Colorado logs more than 2,600 COVID-19 reinfections in 2021](#)

“Some of the people that get reinfected may have compromising conditions that affect their immune system,” said **Michelle Barron**, senior medical director of infection prevention at UCHealth [and professor of medicine at CU School of Medicine].

Fox31, Sept. 14, 2021



[Ethics behind who gets a booster shot first](#)

Anuj Mehta with Denver Health [and assistant professor of medicine at CU School of Medicine] worked with the state on Colorado's vaccine distribution plan. "Global pandemic ethics would suggest we should really try to get everyone in the world vaccinated," said Mehta.

9News, Sept. 10, 2021



[COVID antibody treatments help prevent hospitalization – but they don't replace vaccines, Colorado doctors say](#)

Adit Ginde, an emergency department physician at UHealth [and CU School of Medicine], described antibody treatments as one layer in overall protection against COVID-19. The vaccine reduces the probability that a person will be infected at all, or that a vaccinated person's "breakthrough" infection will be severe.

Denver Post, Sept. 10, 2021

[How monoclonal antibody treatment can protect high risk Covid patients](#)

Adit Ginde, who is researching monoclonal antibodies at the University of Colorado School of Medicine, says awareness is a major problem: "Patients and the general public haven't generally heard of this treatment."

NBC News, Aug. 31, 2021



[Physicians On COVID Crisis Standards In Idaho And Elsewhere: 'Enormous Amount Of Anger'](#)

"One of the things we insist on in our triage protocols is that the individual doctor at the bedside should not be the one making that decision, because that doctor may not know that there is a bed available in a hospital six doors away," said **Matthew Wynia**, founder of the [University of Colorado's Center for Bioethics and Humanities](#). "So there really needs to be a committee that has good situational awareness of where the beds are, across the city or across the whole state."

Boise State Public Radio, Sept. 15, 2021



[The Longevity Project, Part 3: Mental health impacts of pandemic are multifaceted](#)

Thida Thant, a psychiatrist at UCHealth University of Colorado Hospital [and assistant professor of psychiatry at CU School of Medicine], reported “skyrocketing” rates of people reporting anxiety, depression and sleep issues, as well as people starting new medications.

Steamboat Pilot & Today, Sept. 12, 2021



[The challenges of overcoming eating disorders during the pandemic](#)

“We’re seeing an increase in disordered eating behaviors during the pandemic,” **Jenna Glover**, Child Psychologist at Children’s Hospital Colorado [and associate professor of psychiatry at CU School of Medicine] said.

Fox21 (Colorado Springs), Sept. 13, 2021



[Are sleepovers safe? How to plan gatherings for kids as COVID-19 cases rise in Colorado](#)

Suchitra Rao, a pediatric infectious disease specialist at Children’s Hospital Colorado [and associate professor of pediatrics at CU School of Medicine], said parents should apply many of the same principles we’ve learned since the beginning of the pandemic. “Trying to maximize time outside, when you’re indoors try to stick to sort of smaller groups of people, and mask wearing.”

Channel 7, Sept. 14, 2021



[Researchers looking into connection between COVID-19 and Alzheimer's](#)

Huntington Potter is Professor of Neurology at CU Anschutz. He says new research shows a connection between COVID-19 and Alzheimer's disease.

9News, Sept. 7, 2021



[How to Balance Exercise as Denver's Air Quality Worsens](#)

But the research on air quality is limited, says respiratory specialist **Tod Olin** [associate professor of pediatrics at CU School of Medicine]. A pulmonologist and director of the Exercise Breathing Center at National Jewish Health, Olin also consults with the U.S. Olympic and Paralympic Committee to help develop air-quality protocols. "It's hard to measure the long-term effects [of exercising in polluted air]," says Olin.

5280, Sept. 8, 2021



[Why You Need More Sleep When You Feel Sick – and How Much](#)

"Any acute viral infection causes a release from the body of inflammatory mediators, which can make us very drowsy," says UCHHealth pulmonologist and sleep specialist **Neale R. Lange** [assistant professor of medicine at CU School of Medicine]. "It's an instruction set to our body to increase its temperature—which is why you'll often get a fever in the first few days of being sick—because a higher temperature helps defend against the virus or bacterium."

Well + Good, Sept. 14, 2021



[Best Advice on Menopause Symptoms, From Experts and Women Who've Been There](#)

The ones often said to ease hot flashes (black cohosh, red clover, evening primrose) have *not* been clinically proven to be effective, says **Nanette Santoro**, chair of obstetrics and gynecology at the University of Colorado School of Medicine.

Prevention, Sept. 13, 2021



[Complexity index predicts medication doses in kids with severe neurological impairment](#)

"The Medication Regimen Complexity Index (MRCI) is a validated tool that assesses medication regimen complexity in adult and geriatric populations with polypharmacy, and it has the potential to be extrapolated to the pediatric population," **James A. Feinstein**, of the Adult and Child Consortium for Health Outcomes Research and Delivery Science at the University of Colorado and Children's Hospital Colorado, and colleagues wrote in *JAMA Network Open*.

Healio, Sept. 10, 2021



[Dr Michael E. Weschler: How Eosinophilic Asthma Differs From Other Eosinophilic Conditions](#)

Michael E. Wechsler, a pulmonologist at National Jewish Health [and professor of medicine at CU School of Medicine], discusses the conditions that can develop as a result of abnormal eosinophilic activity.

AJMC, Sept. 12, 2021



[UCHealth's Mobile Stroke Unit part of national study](#)

“Each and every day, the stroke specialists, nurses and mobile stroke unit teams are focusing on providing the fastest and highest quality care possible for patients, and the mobile stroke treatment units are key to expediting such treatment,” said **William Jones**, an investigator in the trial, medical director of the tele stroke and mobile stroke treatment unit at UCHealth [and associate professor of neurology at CU School of Medicine].

Colorado Springs Gazette, Sept. 9, 2021



[Future 'Exceedingly Bright' for Kidney Stone Prevention](#)

Low-cost prevention methods, such as the smart water bottle, are important avenues of research, said **Rodrigo Donalisio da Silva**, a urologist with University of Colorado Medicine and Denver Health. “Increasing water consumption is one of the easiest and cheapest ways to decrease stone formation,” he told *Medscape Medical News*.

Medscape, Sept. 13, 2021



[Good Enough Really Is Good Enough](#)

Emily Hemendinger, a certified public health practitioner with the Department of Psychiatry at CU Anschutz, discusses perfectionism.

The Kathie J Show, Sept. 15, 2021



[Curiosity prevails: A conversation with Robert H. Eckel, MD](#)

For **Robert H. Eckel**, emeritus professor of medicine in the divisions of cardiology and endocrinology, diabetes and metabolism, emeritus professor of physiology and biophysics and Charles A. Boettcher II Chair in Atherosclerosis at the University of Colorado Anschutz Medical Campus, a desire to learn about the underlying mechanisms driving disease sparked an early interest in what would become groundbreaking research in the fields of lipid metabolism and cardiometabolic health.

Healio, Sept. 12, 2021



[Waiting to Testify at R. Kelly's Trial](#)

Steven Berkowitz, a professor at the University of Colorado and an expert on the trauma endured by victims of sexual assault, said that it is "not uncommon" in such cases for victims to be in limbo, unaware of whether they will be asked to testify.

The New Yorker, Sept. 9, 2021